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Leo He Receives Eagle Scout Award

Leads Effort To Spruce Up Blacks Creek Trail

By SCOTT JACKSON

One local Boy Scout led an effort to spruce up the Blacks Creek Trail for his Eagle Scout project, an effort that included the removal of trash and poison ivy and the installation of new erosion bars, signage and mulch.

Leo He, a member of Troop 42, completed the project in November and received his Eagle Scout award in April. A Beechwood Knoll resident, He was inspired to improve the trail located near Merrymount Parkway because it is a special place for him.

"I came up with the idea during October because that's when I was really trying to get my Eagle project done. But I definitely was thinking about something with my project beforehand to do with this area because during COVID, this is where I spent most of my time outside when I could," he said in a recent interview.

"That's why I wanted to my project on this spot, because I think it's really special to me."

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LEO HE, a member of Boy Scout Troop 42 in Quincy, recently received his Eagle Scout award. A Beechwood Knoll resident, He was inspired to improve the trail located near Merrymount Parkway because it is a special place for him.

EAGLE SCOUT Leo He led a team of volunteers who spruced up the Blacks Creek Trail. The project included digging a trench for the installation of erosion bars along a portion of the trail.

Courtesy Photos

Community Liaison Could Be Hired This Summer

By SCOTT JACKSON

Officials are working to finalize the requirements for a new community liaison position, Mayor Thomas Koch said recently, and he hope to have the job filled by the end of the summer.

The municipal budget for the fiscal year that began on July 1 includes the new community liaison position within the mayor's office at a salary of $75,000. The position was recommended by the mayoral commission on equity, diversity and inclusion, Koch said when he introduced the budget in May.

In a recent interview, Koch said his staff is working with Ward 3 Councillor Ian Cain, the chairperson of the commission, to finalize the qualifications for the new job.

"We've had some conversations – when I say we, my staff and Councillor Ian Cain, who chaired the commission – to try to nail down what kind of qualifications are we looking for, expertise, skill set, and then we're going to post it and take it from there," Koch said.

Koch announced he would be forming the com-

Cont'd On Page 13

Merrymount Parkway Project Begins Aug. 1

Construction on Merrymount Parkway will begin on Aug. 1st, Mayor Thomas Koch has announced.

The project will improve the road and sidewalks, plant new trees, add bike lanes, and give the roadway much more of a parkway look. The work is being done by contractor K.R. Rezendes, Inc. of Assonet who was the low bidder on the project.

The project will replace dilapidated sidewalks with new larger sidewalks for pedestrian safety. Bike lanes will be added and plantings will be enhanced along the roadway. Utilities have been placed underground and decorative lighting will be added.

"Merrymount Park is our busiest and most prominent park in the City," said Mayor Koch. "It is bisected by a busy commuter road that di-

Cont'd On Page 13

Irish Tenor Ronan Tynan To Open Folk Festival Aug. 6-7

Internationally acclaimed Irish Tenor Ronan Tynan will open the City of Quincy's Multicultural Folk Festival the weekend of Aug. 6th and 7th on the Hancock Adams Common, 1305 Hancock St.

The weekend will include a wide variety of culturally diverse performances.

On Saturday, Aug. 6 at 6 p.m., Ronan Tynan comes to Quincy for one performance only on the stage outside the James R. McIntyre Government Center (old City Hall) on the Common. Known world-wide having sung at historic events including the

Cont'd On Page 13

INTERNATIONALLY ACCLAIMED Irish Tenor Ronan Tynan will open the City of Quincy's Multicultural Folk Festival the weekend of Aug. 6th and 7th on the Hancock Adams Common, 1305 Hancock St.

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More Quincy news:
The Quincy Sun.com

'Forgotten War' Remembered In Quincy

City Marks 72nd Anniversary Of The Start Of The Korean War And 38 Quincy Men Killed

By SCOTT JACKSON

On the 72nd anniversary of the beginning of the Korean War, veterans, residents and elected officials gathered to remember those who were killed in what has become known as the "Forgotten War."

Quincy marked the anniversary of the start of the conflict with a solemn ceremony on June 25 at the city's Korean War memorial, which is adjacent to Veterans' Memorial Stadium. The memorial bears the names of the 38 Quincy men killed during the conflict.

Retired Army Master Sgt. Robert Shaw, a Dorchester native and veteran of the Korean War, was the guest speaker at the ceremony. Shaw, who will turn 90 on July 28, said he welcomed the invitation to speak at the event because not many know about the Korean War.

"I appreciate the invitation. It's nice to mingle with a lot of veterans because, in many instances, even in educational institutions, teachers really don't know much about the Korean War," Shaw said.

"One of my grandsons, had been in Korea with myself and his dad, and the teacher asked him where he went on vacation and he said, 'Korea,' and she said, 'what were you doing there?' She really didn't know what was going on."

"As you know, it was the 'Forgotten War,'" Shaw added. "It was between the end of World War II and the Vietnam War, so I think that's one of the reasons that it became a forgotten war."

Shaw enlisted in the Army when he was 17 years old in September 1949 and had to get his parents' permission to do so because of his age. He was assigned to the 2nd Infantry Division shortly after the war began when North Korea invaded South Korea. The division was quickly sent to the peninsula, and Shaw and his battalion arrived in August 1950, just after his 18th birthday.

"[We] arrived in Busan on about 15 August, we engaged in combat immediately," he recalled. "We battled our way to the Manchurian border where it was 40 below zero, without winter gear.

"We had defeated the North Korean army, however, the Chinese army entered the picture and vastly outnumbered our 2nd Division. My battalion went from 1,267 in three days. Very few of them survived – they were either captured or killed or POWs.

"Due to our tremendous losses we were declared combat ineffective, however, we lived to fight another day and participated in six out of the ten major battles when I was there."

Shaw was discharged from the Army in October 1952 and said he worked briefly at the Fore River Shipyard before reenlisting in the Army. Shaw was stationed in several locations in the United States and abroad, including in South Korea from 1968 to 1969, before his retirement from the Army in 1972.

After leaving the military, Shaw founded Shaw Auto Leasing of Braintree, a business a son and grandson of his operate to this day.

Also speaking at the ceremony on June 25 was Steve Dunlea, a past commander of the Morrisette Post, who has agreed to maintain the city's Korean War memorial and its grounds. Dunlea recalled being stationed in South Korea in 1981 and feeling like he had arrived on another planet.

"The place was like nothing I've ever seen in my life and boy you want to talk about freedom and thank God you were an American – wow, what a lesson I learned at 20 years old," he said, stating that the country had "come a long way since the war," but was "still not doing well."

South Korea has undergone a rapid transformation since the early 1980s, Dunlea said.

"I got out of Korea in '82 and it's a whole different story over there now," he said. "They are producing nice vehicles, great electronics, they have one of the best education systems in the world. We couldn't eat off base – now you can eat anywhere off base because they have a better water system now, cleaner.

"They basically are like a mini America and they are having one of the greatest democracies that ever existed on that peninsula."

The people of South Korea have not forgotten the service and sacrifice made by American troops during the war, Dunlea added.

"Anyone who tells you that war was forgotten, they haven't forgotten it. If it wasn't for all you gentlemen here and the 54,000 who died over there and the 38 on that wall, they wouldn't have that freedom," he said. "No one died in vain because that country is prospering."

The two Koreas remain separated to this day, divided by the demilitarized zone along the 38th parallel. Dunlea said the difference between the two countries is like night and day.

"One side of the DMZ, the north side, is nothing but oppression and lies and half the people don't even own TVs. On the other side of that parallel is a democracy, a prospering nation," Dunlea said. "That's democracy versus communism."

Mayor Thomas Koch noted the city's Korean War memorial is located a short distance from the World War I monument on Furnace Brook Parkway and the World War II memorial on the opposite side of Merrymount Parkway.

RETIRED ARMY MASTER Sgt. Robert Shaw, a Dorchester native and veteran of the Korean War, was the guest speaker at a solemn ceremony June 25 at the Korean War Memorial in Quincy. This year marked the 72nd anniversary of the beginning of the war which has become known as the "Forgotten War." *Photo Courtesy QATV*

"It's a great reminder, this stretch in our city, of the incredible, incredible service of the men and women from Quincy," he said.

Koch said the city would not forget those who have served.

"We're grateful for the veterans. We will never forget their names – we've always got to remember to tell their stories," the mayor said.

"I do think that we have become very, very spoiled in this nation and I don't know that we have the appreciation that we ought to have. John Adams once said every democracy at some point commits suicide. I hope that's not the case with the great US of A."

Christine Cugini, the city's director of veterans' services, said Quincy and the United States would not forget those who served during the war.

"Thank you for the opportunity to be here with you today as we remember and honor those who fought in the Korean War, also known as the 'Forgotten War,'" she said. "I believe I can say with certainty that as a nation, a city and a community that we will never forget. To the families and friends who lost a loved one, I'm so sorry, but let us be grateful and honored that we have men like them."

George Bouchard, the city's graves registration officer, noted 1,500 servicemembers from Massachusetts were killed in Korea, and 54,000 were killed from across the United States.

"Here in Quincy, 38 young men lost their lives, never to return home to the city they loved. This memorial is in memory of those 38 heroes from this city," he said. "Today, like every year, we are here to remember them all, plus all our Korean War veterans to remind people of their sacrifice to this country."

Concerts On The Lawn: Jumpin' Juba July 23

"Concerts on the Lawn" will feature Blues & Roots Rock band, Jumpin' Juba Saturday, July 23 from 3 to 4 p.m. on the lawn of the Thomas Crane Public Library, Quincy Center.

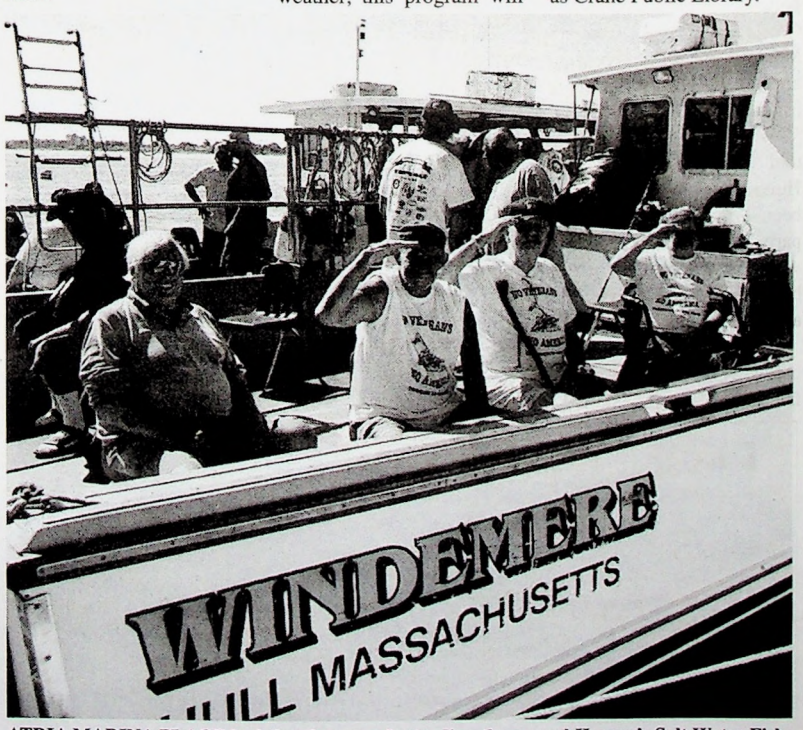
Bring a blanket or lawn chair.

Jumpin' Juba is a blue stew of New Orleans swamp-rock, classic boogie-woogie, folk, Memphis rock & roll, and a playful use of everything from calypso to country.

In case of inclement weather, this program will be moved into the Community Meeting Room at the Main Library.

For more info visit the Crane Library's Events Calendar online.

The concert is sponsored by the Friends of the Thomas Crane Public Library.



ATRIA MARINA PLACE had the pleasure of attending the annual Harvey's Salt Water Fishing trip for veterans July 13th. Atria Marina Place thanks all volunteers and organizers for a fantastic day. A special thank you to Cheryl Cowan for including Atria Marina Place in such an outstanding event. The kindness and generosity of so many wonderful people is greatly appreciated. From left to right are: Bill Watts, Ron Reppucci, Frank Corbett and Ed Dean. More coverage of the veterans fishing trip in the July 28th issue of The Quincy Sun.

Courtesy Photo

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Three Police Offers Promoted

By SCOTT JACKSON

Three Quincy police officers who have served in the department for nearly 60 years combined were promoted during a recent ceremony inside City Hall, with dozens of family members, friends and fellow police officers in attendance.

At the ceremony on the afternoon of July 12, Daniel Guarente was promoted to the rank of captain, Michael Duran to the rank of lieutenant and Andrew Sweeney to the rank of sergeant. City Clerk Nicole Crispo swore in the newly promoted officers during the ceremony inside the Great Hall of the McIntyre Government.

Guarente was hired in May 1993, was promoted to sergeant in April 2007 and to lieutenant in January 2017. Duran was hired in August 2003 and promoted to sergeant in August 2017. Sweeney was hired in October 2011.

Mayor Thomas Koch congratulated the newly

Cont'd On Page 4

THREE QUINCY POLICE officers were promoted during a City Hall ceremony on July 12. The newly promoted officers are Lt. Michael Duran (second from left), Capt. Daniel Guarente (center) and Sgt. Andrew Sweeney (second from right). Pictured with them are Police Chief Paul Keenan (far left) and Mayor Thomas Koch (far right). *Quincy Sun Photo/Scott Jackson*

25 New Police Officers Sworn In At City Hall Ceremony

By SCOTT JACKSON

The 25 newest members of the Quincy Police Department were sworn-in during a ceremony last Friday before a standing-room-only audience comprised of family, friends and police officers past and present.

Joining the department on July 15 were:

Shawn Thomas, Kevin Chenette, Sean Klimas, Adam McKeen, Gary Curtis, William Alzened, Michael Tervakoski, Brian Suggs, Peter Le, John Clifford, Ryan Larsen, Brian O'Callaghan, Tyler Braun, Michael MacPherson, John Meade, Edward Riley, Davy Thach, Kevin O'Shea, Cameron Smith, Audrey Underwood, James Aikens, Benny Chow, James Craven, Timothy DeCristofaro and Pierre Saint Marc.

City Clerk Nicole Crispo swore-in the new officers during the ceremony, which was held inside the Great Hall of the McIntyre Government Center (old City Hall). The new officers were sworn in in two groups.

Addressing the new officers shortly before they took their oaths, Mayor Thomas Koch said they were joining the best police department in the Bay State.

"You're joining the best police department undoubtedly in the Commonwealth of Massachusetts. It's the best-trained, most professional, and they do a great job each and every day," Koch said.

"You're going into a career that's not so popular as we know in the last few years and it's unfortunate that's occurred. We've seen a lot of craziness across the country, less so in Massachusetts, although there's been some, and far less so in Quincy, because I do believe the Quincy Police Department has earned respect."

The mayor challenged the new officers to be compassionate when interacting with members of the public.

"You're going to be dealing with situations that are not always positive; in fact, most of the interaction

Cont'd On Page 11

Woman Acquitted In Fatal Stabbing Of Husband

A Boston woman has been acquitted of the July 4, 2019, stabbing manslaughter of her husband outside 10 South Central Ave. in Quincy.

The acquittal was announced by the Norfolk County District Attorney's office July 13.

Quincy police were called to the area shortly after 7 p.m. on July 4 and found Mr. Biqiang He, age 55, of West Newton Street, Boston, bleeding from the groin area. He was transported to Quincy Medical Center, then onto Boston Medical Center where he underwent surgery. He perished three days later.

Witnesses at the scene told police that his wife, Huixian Liu, now 50, had been arguing with a third party and holding a knife when her husband stepped between them and put his arms around his wife.

When the embrace broke, Mr. He was bleeding from the groin area and Liu went into the residence. Liu claimed that the stabbing was accidental; she was arrested for assault at the scene. Following the victim's death, the district court charges were upgraded to murder.

In September of 2019, the Norfolk County Grand Jury hearing evidence in the case, including witness testimony, declined to indict for murder and instead indicted Liu for manslaughter.

On July 12, after three days of jury-waived trial, Judge Peter Krupp found the defendant not guilty of manslaughter, stating on the record that the evidence presented did not prove beyond a reasonable doubt that the conduct of the defendant was not accidental, or that the conduct of the defendant was wanton and reckless – the standard for manslaughter.

Judge Krupp's verdict ends all criminal prosecution of Huixian Liu.

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Moments in time

THE HISTORY CHANNEL

• On **Aug. 4, 1753**, George Washington, a young Virginia planter, becomes a Master Mason, the highest basic rank in Freemasonry. The ceremony was held at the Masonic Lodge No. 4 in Fredericksburg, Virginia. Washington was 21 years old and would soon command his first military operation. Freemasons trace the origins of masonry back to the erecting of King Solomon's Temple in biblical times.

• On **Aug. 6, 1911**, Lucille Desiree Ball, one of America's most famous redheads and beloved comic actresses, is born near Jamestown, New York. Ball starred with husband Ricky Ricardo on television's "I Love Lucy" from 1951 to 1957.

• On **Aug. 2, 1939**, Wes Craven, the man responsible for terrorizing millions of moviegoers with his "Nightmare on Elm Street" series, is born. Craven began his directing career with 1972's "The Last House on the Left," a violent teen horror film.

• On **Aug. 1, 1943**, a Japanese destroyer rams an American PT (patrol torpedo) boat, No. 109, slicing it in two. The destruction is so massive, other American PT boats in the area assume the crew is dead. Two crewmen were, in fact, killed, but 11 survived, including Lt. John F. Kennedy, who would later become president.

• On **Aug. 7, 1964**, the United States Congress approves the Gulf of Tonkin Resolution, giving President Lyndon B. Johnson nearly unlimited powers to oppose "communist aggression" in Southeast Asia. The Johnson administration began heavy bombing of North Vietnam in early 1965 and sent U.S. combat troops in March 1965.

• On **Aug. 3, 1977**, "The Spy Who Loved Me," starring Roger Moore as James Bond, is released in theaters. The film features one of the most memorable Bond vehicles of all time -- a sleek, powerful Lotus Esprit sports car that does double duty as a submarine.

• On **Aug. 5, 2002**, the rusty iron gun turret of the ironclad warship U.S.S. Monitor is raised from the floor of the Atlantic, where it had rested since it went down in a storm off North Carolina during the Civil War. She sank in December 1862, while being towed from Cape Hatteras.

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Over a million Americans need emergency treatment for bug bites and stings every year, and treatment costs and lost wages can run into the billions. Avoid bees, mosquitoes, ticks, yellow jackets, wasps, hornets, kissing bugs, spiders, bed bugs, ants and scorpions, and do not tease them or try to catch them. Keep cold compresses, antihistamines and pain relievers handy, and also be prepared for an emergency room trip should more severe reactions develop. *-Brenda Weaver*

Source: www.lawnstarter.com

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Dorothy Quincy Homestead Tours Saturday

By LEA RUTLEDGE

The Dorothy Quincy Homestead is once again open for public tours this summer. Tours will run on the half hour from 11 a.m. to 2 p.m. on Saturday, July 23rd, Aug. 27th, and Sept. 24th.

House tours will once again encompass the entire property, including the interior of the home, the grounds, and the gardens. Visitors can expect to hear tales of the famous Quincy family and their storied property.

The national historic landmark is located at 34 Butler Rd., Quincy.

THE DOROTHY QUINCY HOMESTEAD, a national historic landmark located at 34 Butler Rd., Quincy, will be open for tours Saturday, July 23 from 11 a.m. to 2 p.m. *Quincy Sun file photo*

Many visitors to our property are interested to learn about the women of the time. The lives of women shaped the political pathway of their husbands, sons and daughters - demonstrating how women played key roles in raising the future United States of America.

Women such as Dorothy Quincy Hancock (1747 – 1830) of Massachusetts, for whom the Dorothy Quincy Homestead is named, Abigail Smith Adams (1744 – 1818) of Massachusetts, Dolley Payne Madison (1768 – 1849) of North Carolina, Martha Washington (1731 – 1802) of Virginia, and Martha Skelton Jefferson (1748-1782) of Virginia, embodied the strength of their generation at a time of unprecedented turmoil and patriotism. They were highlighted in our series a year ago, which drew inspiration from Cokie Robert's book "Ladies of Liberty." Their contributions to American society and government bears repeating as we reopen the doors to the Dorothy Quincy Homestead and try to picture the lives of the women of this period in time. Examples of their courage and sacrifice are highlighted in the following paragraphs.

Women at the turn of the 18th century were often left alone to run the estate and familial duties while their husbands were away for work, typically for unknown and lengthy periods of time. The impact of these women spanned from the start of the American Revolution well into the first 50 years of the United States founding. Their individual acts of courage, bravery, and patience played a significant role in the political success of our nation.

Martha Skelton Jefferson, nee Wayles, (1748-1782) the wife of Thomas Jefferson, died at 33 years of age after enduring many tenuous labors and deliveries over a span of 15 years. The couple had 5 children together, yet only two, both of them daughters, survived to adulthood. Due to Martha's struggles with health after her pregnancies, Jefferson never ran for president during her lifetime, prioritizing the health of his wife and family over his political career. Martha's tutelage of her daughters is well-noted, and encouraged the next generation of women to pursue education for themselves.

As the wife of the first President of the United States, Martha Washington's (1731 – 1802) poise and elegance led to the creation of the role of First Lady. Martha established the standard for hosting diplomats from Europe, American politicians and citizens of the new republic. Much of the admiration and respect that she held stemmed from her accompaniment and service alongside husband George Washington in the Revolutionary War. Martha spent the winters of the Revolution out with the troops and their fellow wives; often sleeping, sewing and even starving alongside them.

During James Madison's presidential campaign, Dolley Madison's (1768 – 1849) lack of child bearing was used against her in political circles. However, the words never stuck as Dolley was beloved throughout the new capitol and fostered the tradition of First Ladies being strong and capable women at the forefront of the nation.

While serving as the First Lady to John Adams during his 1797-1801 presidency, Abigail Adams (1744 – 1818) was John's primary counselor and advisor. The trust in thought and respect that John and Abigail had for one another solidified the movement for women to start vocalizing their political opinions. As First Lady, Abigail went beyond the role of hosting political guests, she conversed, debated and provoked her President husband to think about problems from her personal view, which in turn shed light on the equal capabilities of women.

Dorothy Quincy's (1747 – 1830) close ties to Patriots led her to witness the first battle of the American Revolution. Dorothy and an aunt were eyewitnesses of the Battle of Lexington which occurred on April 18th, 1775. The detailed letters written by Dorothy about the event have provided one of the best primary sources of the historical and infamous battle. Dorothy role as a woman growing up in the midst of revolution has made her a key presence in recounting and preserving American history. The letters she wrote and received from her Patriot husband provide a window into the thoughts of revolutionaries and those closest to them at the time.

Each of these women played essential -- *albeit* behind-the-scenes -- roles in their husbands' political work. Their strength of character was called upon at a time when the United States was in a period of political turmoil and reinvention. The impact of these women, whether in the form of physical, intellectual, social, or maternal strength, was integral to the political success of our nation.

The Dorothy Quincy Homestead is a house museum owned by the Commonwealth of MA under the auspices of DCR and operated by The National Society of The Colonial Dames of America in The Commonwealth of Massachusetts, a 501(c)3 non profit organization. For more information see: https://nscdama.org/quincy-homestead/.

Three Quincy Police Offers Promoted

Cont'd From Page 3

promoted officers and their families.

"It's big day here for our department but also for the families of those about to be promoted," he said. "They know how hard each of you work – not only studying for the promotions but working on the job."

Koch called the Quincy Police Department second to none.

"You're the greatest department in the commonwealth and beyond. You're professional, you're well-trained, you deal with the public in a very compassionate way, and a firm way if you need to," he said. "I'm so grateful for the service of each and every one of the officers in the department."

Police Chief Paul Keenan said it takes hard work and time away from family members to qualify for a promotion.

"It's a big day in their lives, it's a big day in their families' lives, and the families know the dedication that it takes to get to this point to stand up here and get your badge pinned on," the chief said.

"There's a lot of time spent away from the family, missing family events and what not, to become proficient and to top these exams. They're not difficult – Quincy is one of the best in the state in terms of topping these exams, so it's just that much more competitive."

The promotions on July 12 came after the retirement of Capt. John Dougan earlier this month and with Lt. Patrick Glynn set to retire in the near future. Keenan said Guarente is replacing Dougan as the department's executive officer, Duran will take over Glynn's position at the head of the Special Investigations Unit as well as the Drug Control Unit, and Sweeney will be assigned to patrol on the midnight shift.

Scenes From Yesterday

THIS IS A 1948 postcard reproduction of the Wollaston Theatre on Beale Street in Wollaston Center. Built in 1926, it opened as a vaudeville and silent-picture theater named in New Wollaston. The original Wollaston Theatre had operated on a small stage in the old Masonic Temple building to the right. About 1930 the new theater with 1,259 seats was upgraded to show talking movies. A few years after this picture was taken the vertical marquee shown here was replaced with an angular one.

The featured movie on the marquee – Back to Bataan, starred John Wayne and Anthony Quinn in a 1945 film about American-led guerillas in The Philippines after General MacArthur's withdrawal in 1942. The "Wolly," as it was affectionately known to generations of Quincy moviegoers, was the last neighborhood theater in Quincy when it closed in 2003. It was demolished in 2016.

From the Tom Galvin Postcard Collection

READERS FORUM

Eagle Scout Candidate Seeks Help For Project

My name is Maxwell Toomey and I am an Eagle Scout candidate from Troop 42 Quincy. I am planning my Eagle Scout service project at one of Quincy's veteran's memorials. Specifically, this is a traffic island at Adams Shore in Quincy, known as the John R. O'Hara Square.

I need donations to help pay for the cost of the materials that I will need to improve and update this historic spot.

Will you help me?

The eagle project will provide a variety of improvements to this highly used and appreciated island. The improvements will include the following: weeding, removing torn-up/exposed landscape fabric, filling in existing divets and uneven spots with topsoil, removing dead bushes, cutting out dead stumps, re-painting the island's power box, adding new perennial flowers and a maple tree, re-mulching appropriate areas, and lastly, adding of a new bench.

My project aims to beautify the John R. O'Hara island so that more people will appreciate the area and its importance to the history of Quincy. It can be another place for the community to remember those who gave their lives to preserve our country's freedom.

My vision is to complete this special Eagle project this summer. I am currently asking for donations to raise the money I need to cover all the materials. Based on my cost analysis research, I need $2,200 in order to purchase the supplies, and materials and to cover the cost of a new cement-based bench.

Any additional funds and money not used will be donated to the Quincy Parks and Recreation department for future maintenance of this unique island.

MAXWELL TOOMEY, Troop 42, Eagle Scout candidate

For donations and support please use this GoFundMe link below: https://gofund.me/b768e133. Tthe final day to donate is July 30th, the day of the project.

Thank you in advance for your support.

Yours in Scouting,

Maxwell Toomey
Troop 42
Boy Scouts of America

Two Strikes Against Mayor Koch

Mayor Koch has two strikes against him so far:

First strike: money from the American Rescue Plan/Act will be spent in consulting, or whatever, in the Adams Presidential Center (APC) development plans.

Why?

The American Recue Plan/Act funds are to be used for COVID-related expenses, like for hospitals, schools, food pantries, health care workers, first responders.

How on earth does the APC qualify for these important funds? It doesn't but Mayor Koch, thinking that the Quincy residents won't mind his using these funds for such a "prestigious" endeavor, would allow it.

Mayor, we do mind, and we are against it. You seem to think that the residents of Quincy are made of money, with the bloating costs of the new police headquarters, the continued construction of condos throughout the city (with little if any affordable housing built), and I bet you still want to use COVID funds for Quincy College, another pet project of yours? And, Mayor, Covid is still around, and people and businesses are still suffering.

Why won't you use these funds to benefit them?

Second strike: in regards to the new police headquarters and the increased construction costs, either the construction company is taking the mayor and the city for a ride, cheating us, or the mayor is taking the Quincy residents for one. Either way, it's unacceptable.

I don't know about you, but I'm getting tired of reading about condo constructions and other constructions and soaring uncontrollable costs. Quincy is slowly or already unaffordable for our future generations, and I put the blame squarely on Mayor Koch's shoulders for that.

Gene Lee
Putnam Street
Quincy

Quincy's Yesterdays

This Week
1986
36 Years Ago

$57 Million Project For Quincy Hospital

Ground-breaking ceremonies for the $57 million replacement facility at Quincy City Hospital took place on Wednesday, July 16 at 5:30 p.m. at the hospital.

Mayor Francis X. McCauley, state Sen. Paul D. Harold, the Hospital Board of Managers, and hospital Director Mark Mundy were on hand for the event.

The $57 million project would replace about two-thirds of the buildings and patient beds at the hospital. The new facility would contain 180 medical/surgical, 14 intensive care, and 20 pediatric and 20 mental health beds.

In addition, 25 hospital departments will be housed in the new buildings.

Construction was scheduled to start by mid-August with a completion date in the fall of 1989.

(*Editor's note*: The facility was completed and open in mid-October 1989. It was razed in 2021 to pave the way for four new residential buildings.)

HEALTH COMMISSIONER SEARCH DOWN TO 2

Quincy's search for a new health commissioner at a salary of $25,000 a year has been narrowed down to two candidates according to Mayor Francis X. McCauley, and a decision could be made within two to three weeks.

McCauley said that Personnel Director David Smith and Administrative Assistant Arthur Foley completed interviews with 14 candidates.

"They are now looking at two strong candidates for the position and will interview them again," said McCauley, who added that their backgrounds will now be checked.

(*Editor's Note*: A home rule petition, dropping a requirement of an MD degree was adopted, because of the difficulty finding a medical doctor to take the full-time position for a salary of $40,000 per year.)

QUINCYISMS

McDonald's, with two locations in Quincy, was offering "Free McChicken Sandwich When You Buy One of the Same"... The Quincy Sun Sunbeams Column reported that **present Councillor at-Large** and **former Mayor Joseph J. LaRaia** was considering running for mayor in the 1987 city election... McIntyre's Studio of Wollaston was offering "Passport Photos for $4.95 Plus Tax"... **Janet M. Colclough**, 148 Wilson Ave, Wollaston, was named to the Dean's List for the first and second semesters at the University of Massachusetts – Harbor Campus, Boston. Miss Colclough was majoring in English... **Senator Paul D. Harold** and **Councillor Patricia Toland**, along with **Captain Leonard Manderfield, U.S.N.**, participated in the wreath laying ceremony marking the 219th anniversary of the birth of John Quincy Adams, sixth president of the United States... A memorial service for **Alexander Crombie**, 70, a World War II Army Air Force veteran, was conducted in the Houghs Neck Congregational Church by **Dr. Rev. Peter V. Corea, pastor**. A native of Scotland, Mr. Crombie died June 26 in Florida... Thirty-four contestants were in the running for the title of Miss Quincy Bay of 1986. The winner will be crowned by **Miss Tricia Tanner, Miss Quincy Bay 1985**... Essex Umbrella Mfg Co. was holding a "Summer Clearance Sale" July 14 through July 28. The company, located at 148 Old Colony Ave, Wollaston, was offering Outdoor Furniture and Umbrellas... **Ward 1 Councillor Michael Cheney** announced that a Blood Drive would be held on July 17 from 2-8 p.m. at St. Thomas Aquinas Hall on Darrow Street in Houghs Neck. The drive was organized by **Mr.** and **Mrs. Charles Peter** as a memorial to their son **Chris** who lost his life in a tragic automobile accident in Sept. 1985... The Wollaston Park Association, in a letter to **Mayor McCauley**, noted that the association had voted in favor of the re-opening of the Wollaston School... **Lynn Ward** of North Quincy High School, received the Quincy Lodge of Elks top $400 general scholarship award... Econo Car Rental, 459 Southern Artery, was advertising "Our Special Weekend Rate of Just $51.95"... **Chris Doyle**, a senior at Boston College High School, was named to the Boston Globe All-Scholastic football team. Doyle was an offensive lineman and a three-year letterman at BC High... The Veterans Memorial Stadium Lighting Fund went over the $20,000 mark with a $500 donation from **Joe Hajjar** and other contributors... The Colonial 1600 Restaurant, 1600 Hancock St., downtown Quincy, was offering dinner specials from $4.95 to $9.95... "Poltergeist II, The Other Side," a scary, witty story, was playing at the Wollaston Theatre, Beale Street... Quincy Lobster, 140 Granite St., was advertising "Twin Lobster Dinners for $8.95"... **The Rev. William Arnold**, senior minister at Bethany Congregational Church, was scheduled to preach the sermon at the Sunday, July 20 Sunday service. His topic: "Color It Caring"... **Wire Inspector Thomas E. Purpora** announced that his department issued 109 permits for an estimated cost of $177,628 for the month of June. Fees collected totaled $3,432.25... **Jennifer Baer**, daughter of **Mr.** and **Mrs. Stephen D. Baer** of Quincy, was named to the Dean's List for the spring semester at Colby-Sawyer College, New London, New Hampshire. She was a biology major.

Leo He Receives Eagle Scout Award

Cont'd From Page 1

The project was completed place over the course of three days in November, He explained, with volunteers working for about eight hours each day.

"I added two erosion bars into the trail to prevent erosion. So basically on the trail on the left side there's like a hill and when it rains the water runs down and it pushes the trail off into the creek, and we don't want that. So, we drilled triangular holes into the ground and filled it with crushed stone so when it rains, the water will seep under the ground instead of pushing the trail off, and the water goes underneath," he said.

"We also added in signage because there were intersections along the trail, but there was nothing to say where they went to. So, by putting the signage, people actually knew where the trails went.

"Then also, I added mulch on the whole trail. The trail is about a quarter of a mile and we widened the trail so now it's about ten feet wide and two inches thick. It's a lot of mulch and it was all donated by the parks and rec. department in Quincy.

"Lastly, picking up some trash – there was a lot of trash – and cutting away the outgrowth stuff, the branches and stuff, as well as removing poison ivy."

THESE PHOTOS SHOW the Blacks Creek Trail before Eagle Scout Leo He improved the walking trail.

He said a group of 40 to 50 volunteers helped him out with the project.

"I had to reach out to a lot of people. Obviously the scouts in the my troop, and then family and friends," he said. "I reached out to everyone because I needed as much help as I could get, because it was a very big project."

He credited David Murphy, Quincy's commissioner of natural resources, and Michael Casinelli, a project manager in the department, for their assistance with the Eagle Scout project, along with his fellow Boy Scouts.

"I couldn't have done it without everyone's help because I can't do this by myself. It's a group project," He said, also crediting the community for its support "with funds and just spreading the idea that this project was happening."

AND THIS PHOTO shows the trail after the improvements led by Eagle Scout Leo He. He's project included the removal of trash and poison ivy and the installation of new erosion bars, signage and mulch. *Courtesy Photos*

LEO HE tends to his Eagle Scout project at the Blacks Creek Trail. "I couldn't have done it without everyone's help because I can't do this by myself. It's a group project," he said, thanking the help of 40 to 50 volunteers who assisted him.

He also recognized two of his troop leaders – Ray Theberge and Kevin Gillespie – for their support.

"Mr. Ray Theberge, he was my project coach and he helped me a lot with coordinating the project and making sure everything was good," He said.

"Mr. Kevin Gillespie, he has been around with me since the beginning. He's still around today, still helping and supporting me. He's just been there for a really long time."

He, who will be an eleventh grader at North Quincy High School in the fall, joined scouts in 2015 when he was in fourth grade.

"I think that it just seemed like something interesting at the time and then when I joined everything was just so good," he recalled. "There were so many programs and activities, and the community was just really good. Everyone was welcoming and I made many friends, which definitely helped me stay in the project."

He said that Lucien "Luc" Theberge, an Eagle Scout who was killed in a November 2018 car crash, was a role model for him early on.

"When I went to Scouts BSA, Luc Theberge, he was always there. He was a really great role model for me. He always kind of told me what to do and he got me to become a leader, because he was so welcoming and he was really the one who taught me so much in the beginning and he inspired me to become what I am today," He said.

"Today I am the senior patrol leader of the troop, so I am in charge of everything. If it wasn't for him, I wouldn't be here today."

He, who turned 17 in June, plans to remain active in scouting, and has set out to collect all 137 Boy Scout merit badges.

"In scouting, there's these things called merit badges that we earn. So those are basically badges you can earn for specific topics, like swimming, shotgun, rifle, things like that," he said. "There is 137 and I am trying to earn every single one before I age out."

He has earned 25 of the merit badges so far.

"Because I am done with Eagle Scout, that means I have a lot more time to work on those, and I have a whole year, so I think it's pretty doable," he said of earning the remaining 112 merit badges.

He is also involved in his troop's Venturing crew, and wants to earn the Summit Rank, which is equivalent to the Eagle Scout award.

"They have the Eagle Scout equivalent, the Summit Award, so I'm also trying to earn that in the near future," he said.

"You have to provide leadership, go on the activities, plan and teach other scouts, and you also have to do a project – plan another project. It's kind of similar to the Eagle project, but it has to be something different," He added, noting he is still trying to determine what that project will be.

After graduating from North, He plans to either go to college or take time off from school to through-hike the Appalachian Trail.

"I think there are kind of two ways it could go," He responded when asked about his plans for after high school.

"It's either I'm going to college to study in, I think, environmental science and photography or I might want to take a gap year and through-hike the Appalachian Trail."

"I have never through-hiked before, but I've been on various backpacking trips of multiple days," He added. "I feel like I would really like to through-hike the AT."

He said his favorite hiking trip so far has been the Pemi Loop in New Hampshire's White Mountains, which he planned to hike again this summer.

"That was my first backpacking trip – I'm actually doing that again tomorrow. I'll be going up to New Hampshire tomorrow and doing that," He said.

"It's one of my favorites because you go around so much terrain and especially because it's the 4,000 footers, so you're so high up there. You see all the views – it's like a 360 [degree] view when you're on the ridge."

Social

Road To Responsibility 'Making Lives Better' Gala Sept. 15

Road to Responsibility, a nonprofit organization supporting individuals with intellectual and developmental disabilities, will host its annual "Making Lives Better" Gala Sept. 15 at Granite Links Golf Club in Quincy.

This year's event will feature a Champagne Wall raffle, with a spectacular grand prize, courtesy of Hingham Jewelers.

The fun feature offers those attending the event to purchase a glass of champagne off the Champagne Wall, entering them for a chance to win the grand prize: an Italian-made Roberto Coin Princess Flower necklace, crafted in 18k white gold, and boasting 0.17 ct. of diamonds.

Michael Page of Hingham Jewelers says the necklace is 18" in length, with an extra closure at 16" to allow for versatility. A small ruby is set on the back of the necklace, a signature of Roberto Coin pieces. According to ancient lore, when the ruby touches the skin of its wearer, it's said to bring long life and prosperity!

"We are thrilled to continue our support for Road to Responsibility at this year's Gala," said David Page, CFO of Hingham Jewelers. "Seeing the excitement on the faces of those who benefit from RTR services at events like this make our contribution so worthwhile. Individuals of all skill levels and abilities deserve the same opportunities. Road to Responsibility ensures that's the case on the South Shore."

This donation is just one example of the Page family's longtime involvement with Road to Responsibility. Michael Page has also served as the emcee of the gala for several years, and David Page is a board member and volunteer.

The gala will also feature a cocktail reception, interactive gaming experiences, a mobile bidding auction, dinner, live entertainment, a dessert buffet, and a special program highlighting and celebrating the progress and change Road to Responsibility has made for individuals in the local community.

RTR is partnering with many local vendors and businesses as a way to make this year's gala extra special and to recognize regional commerce for their support over the decades.

Tickets for the 34th annual gala, which this year will be emceed by radio celebrity Candy O'Terry, are now available as are sponsorship opportunities. Contact Erin Cohen at ECohen@rtrinc.org for more information.

"The excitement is definitely building as we come closer to the 2022 Making Lives Better Gala," said Christopher T. White, Ed.D., president and CEO of Road to Responsibility. "We look forward to celebrating our achievements of the past year, while raising funds to advance our mission to provide the means, the opportunity, and the support necessary to allow citizens with disabilities to take their place as productive members of the community – and also to have some fun!"

Emma Lynne McGillicuddy On Sacred Heart U. Dean's List

Emma Lynne McGillicuddy of Quincy has been named to the Dean's List for the spring semester at Sacred Heart University in Fairfield, CT.

McGillicuddy is a student in the Class of 2023 and graduated Quincy High School Class of 2019.

Brendan Waples On Saint Michael's College Dean's List

Brendan Waples of Quincy has been named to the Dean's List for the spring semester at Saint Michael's College in Colchester, VT.

Waples, a May 2022 graduate and accounting major from Quincy, is a graduate of Xaverian Brothers High School.

Rachel Liu On University Of Hartford Dean's List

Rachel Liu of Quincy has been named to the Dean's List for the spring semester at the University of Hartford in West Hartford, CT.

Movie Review: 'Thor: Love And Thunder'

By BOB GARVER

Thor (Chris Hemsworth) hasn't been seen in the Marvel Cinematic Universe since 2019's "Avengers: Endgame," where he decapitated Thanos, got really fat, and ultimately left to go have space adventures with the Guardians of the Galaxy.

I remembered the first two parts just fine, but I had to be reminded of the third prior to "Thor: Love and Thunder." It seems like the movie had to be reminded of that as well, like it only remembered at the last minute that it needed to include the Guardians. Chris Pratt and company pop up early in this movie, but they and Thor soon part ways. If you saw this movie's advertising and thought you were in for a 50/50 Thor/Guardians split, you are in for a letdown.

Fortunately, the old-hat Guardians are replaced with something arguably even better: the return to the MCU of Jane Foster (Natalie Portman), Thor's former lover from the Asgardian god's first two standalone films in 2011 and 2013. Jane's mind is as sharp as ever, but her body is failing her. She travels to the city of New Asgard, now a tourist trap run by a bored Valkyrie (Tessa Thompson), to see if she can be magically treated by the remnants of Thor's hammer Mjolnir, which was destroyed in "Thor: Ragnarok" back in 2017. Due to a protection spell put on the hammer by Thor while he and Jane were dating, the hammer repairs itself with Jane as its new wielder.

Jane teams up with Thor, Valkyrie, and Korg (Taika Waititi, also the film's director) to battle villain du jour Gorr (Christian Bale), a heartbroken former worshipper with a god-killing Necrosword and a grudge against all gods following the death of his daughter. Our heroes travel to Omnipotence City to ask Zeus (Russell Crowe, doing a Borat voice for some reason) for an army to battle the God Killer, but are met with mockery and refusal. It turns out Gorr has a point about gods caring more about indulging in hedonism than doing anything god-like. But he's kidnapped a pack of New Asgardian children to use as Thor-bait, so he needs to be stopped.

The writing of Gorr is probably the worst thing about the movie. Bale is acting his heart out, and the character is truly sympathetic at times, but he's just such an afterthought for all but about three scenes. And in between those scenes he's a sarcastic jerk, which isn't consistent with his overall tone or motivations. The movie really dropped the ball with this character.

But then there's the best thing about the film, which is Hemsworth's effortless chemistry with everybody, especially Portman. The ups and downs of their relationship are much more exciting than any action sequence, which are pretty much what's to be expected from the MCU at this point. It's thanks to them that life and

death seem consequential in the MCU again, which is refreshing after a few movies where I've become convinced that characters can always be brought back via Infinity Stones or Multiverse shenanigans. Second to Portman is Hemsworth's chemistry with new weapon Stormbreaker. Not since Joan Rivers has an old battle axe had this much personality.

I'll give "Thor: Love and Thunder" a mild recommendation, thanks mostly to the efforts of Hemsworth and Portman, and Bale in the few scenes where his character's pathos really comes through. The humor can be hit-or-miss (this movie thinks there is nothing funnier than screaming goats) and the action is memorable only for being set to the music of Guns N' Roses. This movie isn't essential MCU viewing, but it's okay for something on the second or third tier.

Grade: B-

"Thor: Love and Thunder" is rated PG-13 for intense sequences of sci-fi violence and action, language, some suggestive material and partial nudity. Its running time is 118 minutes.

Contact Bob Garver at rrg251@nyu.edu.

First Literacy Appoints Jim Nolan New Board Chair

First Literacy announces that Jim Nolan, previously First Literacy's vice president of the Board, has been appointed as new chairperson of the Board.

Effective July 1, Nolan succeeds Jeff Beale, who recently stepped down after serving as chairperson for the past fourteen years. Beale will remain on the board and be a key member of the executive committee.

"I am honored to step into this role," Nolan said. "Under Jeff's leadership First Literacy has realized tremendous growth and I look forward to continuing this growth enriching the lives of more adult learners throughout Massachusetts. I'm excited to continue this essential work as the chairman of the Board."

Nolan who is a native of Quincy and graduate of North Quincy High School, is managing director of Business and Client Development for Citi Securities Services business and has served on the First Literacy Board of Directors for 15

JIM NOLAN

years. Nolan has been a key member of the leadership team at First Literacy serving on the Executive Committee and as the co-chair of First Literacy's Spelling Bee, the organization's largest fundraising event that raises over $250,000 annually.

"Jim's long history on the Board at First Literacy and dedication to furthering our mission makes him an ideal person for this role, said First Literacy Executive Director Terry Witherell. "I look forward to working closely with Jim to continue helping adults throughout Massachusetts improve their literacy skills so they can succeed in every aspect of their lives."

In his new role, Nolan will continue to drive a key focus on First Literacy's commitment to supporting the continuum of Adult Basic Education through free professional development workshops for teachers, grants for innovative new adult literacy programs, and scholarships for adults continuing to higher education or vocational training.

First Literacy currently has longstanding partnerships with multiple Quincy based Adult Basic Education programs including Quincy Community Action Programs, Inc., Training Resources of America, Inc., Quincy Asian Resources, Inc. (QARI), and Literacy Volunteers of America-Quincy. First Literacy also has provided scholarships to some students at Quincy College.

"Quincy has a special place in my heart," said Nolan. "I look forward to expanding First Literacy partnership within Quincy, working with local business sponsors necessary to provide resources and help those struggling with low-literacy in the city of Quincy."

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WHAT'S COOKING with Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO

Isabella's Pasta and Shallot Dish Entrée

By MARIE

My granddaughter, Isabella, is a wonderful and creative cook. She loves to try different recipes that she gets from family, friends and sometimes the internet.

Today's recipe for a Pasta and Shallot Dish is one she cooked recently and was a great success!

Ingredients and Directions

1/4 cup olive oil
6 large shallots, sliced very thinly
4 garlic gloves, finely chopped
Salt and pepper to taste
1 teaspoon red-pepper flakes
1 can of anchovy fillets (about 2 ounces) or 12 anchovies), drained
1 can tomato paste
1 box of spaghetti or any pasta
Parsley for topping
Parmesan Cheese

In a large deep pan or Dutch oven, heat the oil and then add the shallots, garlic and salt and pepper.

Cook and stir until the shallots are softened around 15 minutes.

Add the red pepper flakes and anchovies and stir about 2 more minutes.

When well blended, add tomato paste, salt and pepper.

Remove the pot from heat and cook pasta according to directions.

Once pasta is done, add the cooked pasta to the pot and mix until well blended and then put into serving bowl, top with parmesan or fresh parsley.

Oat Flour Pancakes

By SUZIE

Here is a recipe for pancakes using only oat flour.

As you must know, oats are a wonderful and healthy grain for a variety of reasons.....a few being they are high in antioxidants (including avenanthramides), important vitamins and minerals, aid in digestion due to the fiber/ beta glucan content and improves insulin response.

Pancakes are usually considered a "bad choice" for a healthy breakfast, but that is not the case if you make them yourself with upgraded ingredients.

An easy way to do this is to just use the oatmeal that you have on hand, place in your blender and give it a whirl on high.

Oat flour - The best oatmeal is organic and gluten free like "ONE DEGREE" brand. Most oats contain high levels of glyphosates according to the latest studies, which are linked to certain health issues, including liver and kidney damage, so it is beyond prudent to purchase your oats from a company that takes pride in growing without. ONE DEGREE is the only brand that I know of.

Ingredients and Directions

1 ½ cups organic oat flour (use oatmeal - put in blender on high. And there you go - flour.)
1 organic egg
1 tablespoon melted butter, coconut oil, or avocado oil
1 ½ teaspoon baking powder
¼ tsp cinnamon - optional
¼ tsp salt
1/2-3/4 cup organic milk of choice (I use evaporated coconut milk)
1 tablespoon real maple syrup
1 teaspoon vanilla

Whisk the wet ingredients well: start with the smallest amount of milk and if too thick, add a little more.

Add to the dry ingredients and blend until combined. (Do not over mix.)

Cook as your usual pancakes on a heated grill.

Enjoy!

QUINCY SERVICE UNIT recently received the President's Award from Girl Scouts of Eastern Massachusetts. The President's Award recognizes a geographic area service unit, service-delivery team or committee whose exemplary service in support of delivering the Girl Scout Leadership Experience surpassed team goals and resulted in significant, measurable impact toward reaching the council's overall goals. From left to right are: GSEMA Chief Operating Officer Katherine Le Lacheur, Donna Yang, Gail Spring, Cindy Trillcott, Courtney Joyce and GSEMA Board Chair Tricia Tilford. *Courtesy Photo*

Quincy Service Unit Receives Girl Scouts' President's Award

Girl Scouts of Eastern Massachusetts (GSEMA), the largest girl serving organization in Massachusetts and ninth largest Girl Scout council in the United States, recently recognized the Quincy Service Unit as Volunteer Appreciation Award recipients.

Girl Scouts of Eastern Massachusetts celebrated the dedication and skill of their 11,500 volunteers at their annual Volunteer Recognition Celebration, which took place May 6. The 2022 class of GSEMA Volunteer Recognition Honorees included over 50 individual volunteers and six community service units.

Volunteer recognition pins are awarded at the council level based on an individual's exemplary service in support of delivering the Girl Scout Leadership Experience (GSLE), which has had a measurable impact on mission delivery in one (or more) geographic areas of service. Volunteers are eligible every three years.

The Quincy Service Unit was awarded the President's Award. The President's Award recognizes a geographic area service unit, service-delivery team or committee whose exemplary service in support of delivering the Girl Scout Leadership Experience surpassed team goals and resulted in significant, measurable impact toward reaching the council's overall goals.

For more information on Girl Scouts of Eastern Massachusetts, please visit their website, www.gsema.org, or follow their social media channels, Instagram, Facebook, Twitter, and LinkedIn, for the latest updates on the organization.

Sam Sit On Dean's List At RIT

Sam Sit of Quincy has been named to the Dean's List for the spring semester at Rochester Institute of Technology in Rochester, NY.

Sit is a student in the computing and information technologies program.

Liam Arran Tollenger On U. Of Utah Dean's List

Liam Arran Tollenger of Quincy is on the Dean's List for the spring semester to the University of Utah.

Tollenger is an operations & supply chain major.

Twist Bioscience Opens New Quincy Location To Expand Antibody Discovery Capacity

Twist Bioscience Corporation, a company enabling customers to succeed through its offering of high-quality synthetic DNA using its silicon platform, announces the opening of its new Twist Boston location in Quincy.

"This is a year of growth for Twist, as we work to bring the Factory of the Future online in Oregon while expanding our in vivo antibody discovery capacity through our new Twist Boston location," said Emily M. Leproust, Ph.D., CEO and co-founder of Twist Bioscience. "Twist is one of the first biotech companies to open a site in Quincy, and we were pleased to find an ideal space that fits our aggressive growth plans to serve our biopharma partners in accelerating antibody discovery for a wide range of therapeutic targets."

Twist Boston, formerly known as Abveris, was acquired by Twist Bioscience in November 2021 to add in vivo antibody discovery expertise to Twist Biopharma's antibody discovery and optimization capabilities using robust, precisely written synthetic libraries. Twist Boston empowers the development of the next generation of biologics, cell therapies, vaccines, and diagnostics by using its DiversimAb family of hyperimmune mouse models to complete discovery and characterization services for global biopharma leaders. Antibodies discovered using the DiversimAb platform can be humanized using the Twist antibody optimization (TAO) platform to develop superior biologics for rapid clinical advancement.

The new Twist Boston location at 1250 Hancock St. boasts state-of-the-art antibody discovery workflow tools, including a total of four Berkeley Lights Beacon Optofluidic Platforms, for increased screening capacity for discovery projects necessitating ultra-rapid high-content function forward screening. Twist has the option to expand the size of the site to accommodate future growth.

TWIST BIOSCIENCE CORPORATION recently celebrated the opening of its new Quincy location at 1250 Hancock St. From left to right are: Emily M. Leproust, Ph.D., CEO and co-founder of Twist Bioscience; Mayor Thomas Koch, and Tracey Mullen, MBA, Senior Vice President of Operations. *Courtesy Photo*

More Quincy news:
The Quincy Sun.com

Social Security Matters

Ask Rusty – What Do My Wife, And My Ex-Wife, Get If I Die?

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I am a 77 year old married male. I am retired and started drawing Social Security at age 66, and my monthly amount is a little over $3,000. My present wife is 52 and employed, and we have been married for 22 years. I also have an ex-wife who is 85, not married, and drawing Social Security. My ex-wife and I were married 13 years.

When I am deceased, what happens to my Social Security benefits? When my present wife decides to receive SS benefits, would she draw the higher benefit of our monthly amounts? Would my ex-wife be able to increase her benefit?
Signed: ***Planning Ahead***

Dear Planning Ahead: In the event of your death, here is how Social Security eligibility would work for your current wife and for your ex-wife:

For your current wife, unless she is disabled, she cannot collect a survivor benefit as your widow until she is at least 60 years old. However, if she claims her survivor benefit before reaching her full retirement age (FRA), it will be reduced. Claimed at age 60, her benefit as your widow would be 71.5% of the amount you were receiving at your death. If she waited beyond age 60 to claim, her survivor benefit would continue to grow until it reached maximum at her FRA of age 67 (100% of the benefit you were receiving when you died). She would also have the option to wait until age 62 and claim her own reduced personally-earned SS benefit first while allowing her survivor benefit to grow to maximum at age 67; or she could take her reduced survivor benefit only first and allow her personally-earned SS benefit to grow to maximum at age 70. She should choose whichever strategy would give her the highest benefit for the rest of her life.

Note, too, that if your current wife were to collect any benefit before reaching her full retirement age (67) and she works, she would be subject to Social Security's earnings test. The earnings test limits how much can be earned before some of her benefits are taken away by Social Security. For reference, the 2022 earnings limit is $19,560, but it changes annually. If the annual earnings limit in force when your wife claims is exceeded, and she hasn't yet reached age 67, SS will take away benefits equal to $1 for every $2 over the limit. The limit is higher, and the penalty is less in the year FRA is reached, and the earnings test goes away when your current wife is 67.

Regarding your ex-wife, if you die first, and because you were married for more than 10 years, your ex-wife will be entitled to collect a survivor benefit from you, if that amount (what you were receiving at your death) is more than she is currently receiving based on her own lifetime work record (she would get the higher of the two amounts). Your ex-wife would need to contact Social Security to claim her survivor benefit from you, and your ex-wife collecting a survivor benefit from you will not affect your current wife's benefit in any way - both can get their full survivor benefit from you independent of each other and neither will be reduced because more than one wife is collecting.

For clarity, since you and your ex-wife are both already collecting Social Security, your ex-wife may be entitled to a spousal boost from you while you are both living, if her own personally-earned FRA benefit amount is less than 50% of your SS benefit, and that would have no effect on either your own current benefit or your current wife's survivor entitlement. Your ex-wife would need to contact Social Security directly to apply for her ex-spouse benefit from you while you are both living.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory) or email ssadvisor@amacfoundation.org.

More Quincy news:
The Quincy Sun.com

New Furnace Brook Golf Course Plan Expected End Of Summer

By SCOTT JACKSON

The new plan for improvements to Furnace Brook Golf Course and Forbes Hill Park could be finished by the end of the summer, according to Mayor Thomas Koch.

The city first unveiled plans for the site in February. Based on feedback the city received after the plans went public, David Murphy, the city's commissioner of natural resources, in June said the city had "put our process on pause to get more feedback" from the community. He made those comments during a June 28 community workshop on the future of the site.

"From this meeting, we go back to the design process. We take a look at the park, we take a look at the clubhouse, we take a look at the relationship with the two and the community, and then we come back here at some point with the presentation with actual plans and get further reaction. That won't be the last meeting either," Murphy said at that meeting.

"There is a process in place that is going to allow everybody to have a seat at the table."

In a recent interview, Koch said he expects to complete the updated design for the site in the near future.

"Probably in the fall, maybe late summer," the mayor responded when asked when the design may be finished.

"We're going to continue to work stuff. There are certain infrastructure things we're committed to doing, like the drainage around that neighborhood. It's got nothing to do with the golf course, but there's some drainage issues up there that are probably more related to the reservoir that was there.

"We are going through engineering now to alleviate some of those issues, so some of those things may be ongoing before the final project is completed."

When asked what the next step in the design process is, and whether the city would hold additional community meetings, Koch said he was unsure if they were needed.

"I don't know that we need more meetings," the mayor said. "We had an initial meeting with folks, we heard from folks, there's people that have walked the site, we had this other meeting. I think Commissioner Murphy and the team have made changes based on the input.

"I think there are some people that just don't want to see anything happen up there, and that's part of life. I remember a number of issues over the years that I dealt with, including the track. If you recall those meetings, they sued us, a group, held it up for a year. They said kids were going to die, the neighborhood was going to be flooded out. The track gets built, it's getting used, people forget the negativity.

"Everybody seems to have an opinion today on every issue – you probably see that with your letters, right – so I think we've been trying to be more responsive to people in general. But, no matter what project we do, not everyone is going to be happy at the end of the day because people have different opinions.

"Every opinion is welcome, everything is vetted, and then we make the decisions based on the best project we can do taking into consideration all those comments, suggestions or criticisms."

Koch said the city has made some adjustments to the proposed project since the initial community meeting in February, including reducing the size of the expanded parking lot.

"I think the original plan had a much bigger parking lot, for example, and that's been reduced significantly. I think that was a big movement on the park department's side," Koch said.

"I think originally the concern was, as it is today when you have a full day of golf and recreation going on up there, the place is jammed. So, in order to alleviate some of that going into the neighborhood, we thought, add some more parking spaces – common sense, right. Then the neighborhood said they didn't want more parking up there. I think we have found probably that middle ground on the number of spaces that we'll need."

The clubhouse on site will also need to be replaced, Koch said.

"The clubhouse design will be another issue, getting that finalized. The clubhouse that's up there is very old and antiquated. It's not like a Montclair School where you want to save the building and renovate it – there's nothing great about it," Koch said.

"You need all the ADA access, which it doesn't have. It's going to need all new plumbing, electrical. You go through it and by the time you're through, what's

Cont'd On Page 14

Residents Asked Help Water New Trees

Natural Resources Commissioner Dave Murphy is requesting the help of Quincy residents with trees planted over the past three years. During the significant drought of the summer of 2022, Murphy is asking residents to help water the new trees to increase their chances of thriving.

"This has been a brutal stretch for our new trees and we are politely asking folks to do what they can to help the new trees thrive," said Murphy. "Our contractors are required to water the new trees for the first year but these conditions have been historically dry and our newer trees could use some help. I appreciate that water costs money but, those that can afford to help out, I would ask for your assistance in watering the tree in front of your home."

Quincy has planted more than 1,500 trees over the past three years along its streets and in its parks and cemeteries. Mayor Thomas Koch has increased the annual funding each year and it has been approved by the City Council.

Added Murphy:

"Quincy is defined by its tree-lined streets. The aesthetic appeal is obvious but the benefits for stormwater management, oxygen creation, carbon sequestration, and reducing homeowners heating and cooling costs are equally significant. There are very few cities that have such a beautiful urban forest."

Residents can assist trees by watering with a hose for five minutes at a time once a day, or as needed based on rain. The best times of day to water are early in the morning or in the evening/night when evaporation is less likely. Additional watering would be especially helpful as the Boston area endures one of the top five driest stretches in recorded history.

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A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

On July 4, at approximately 7:15 p.m., Officer W. Murphy was dispatched to Independence Avenue for a report of a suspicious white male.

Officer Murphy arrived on scene within approximately one minute. He was flagged down by the caller who told him that a male had just been in her backyard, was asking strange questions, and had just walked away. She also told Officer Murphy that the male was involved in some sort of scuffle with another male up the street.

The reporting party pointed to the suspect who was a white male wearing a white t-shirt and red shorts walking toward the Braintree line. Officer Murphy observed that the suspect kept looking back at him and saying something in his direction. Simultaneously, the male that was apparently involved in the scuffle with the suspect was walking toward Officer Murphy. He was pointing to the same white male walking towards Braintree.

Officer Murphy decided to speak with the male before he crossed the Braintree line. Officer Murphy caught up to the male at 244 Independence Ave. and detained him. He instructed the suspect to sit on the front steps of the residence while other officers spoke to the victim and reporting party. Unaware that any crime had been committed beyond the suspicious encounter with the caller, Officer Murphy allowed the male to remain un-cuffed.

Officer Lawrence spoke to the male that had been involved in a scuffle with the suspect. The male told Officer Lawrence that he saw the suspect in the front seat of his vehicle. The suspect had the victim's bag on his lap and all of the contents of the bag strewn about the front passenger area. The victim confronted the suspect, which caused the suspect to flee across the street with the victim's cell phone in his hand. The victim gave chase and confronted the suspect across the street (the scuffle that the reporting party described). The victim demanded the suspect return his phone, which he did, and ordered him to empty his pockets to see if he stole anything else. The suspect emptied his pockets. The victim gave several cell phones and other items to Officer Lawrence.

Officer Lawrence responded to Officer Murphy's location and gave him the stolen items. Officer Murphy then placed the suspect under arrest. The suspect was searched for more evidence of stolen property. This search yielded (4) cell phones, a cell phone charger, (2) black wallets, a nip bottle of orange liquor, a health insurance card belonging to someone else, a gate access card, a Wegmans reward card, and a $2 winning scratch ticket.

Officer Murphy was able to track down another victim. The second victim immediately identified an iPhone SE (~$200), iPhone 5 (~$60), scratch ticket, orange nip of liquor, pack of cigarettes, and a black wallet as belonging to him. These items were returned to the victim. The victim stated that he recently installed a security system at the house which he showed to Officer Murphy. At time stamped 6:57 p.m., the suspect entered the victim's vehicle which was parked in front of his house. At time stamped 7 p.m., the suspect exited the vehicle with an armful of items.

The 32-year-old from Holbrook was transported to the Quincy Police Station where he was booked for breaking and entering a motor vehicle in the daytime for felony (2 counts), and receiving stolen property under $1,200. Two iPhones, a cell phone charger, headphones, and two cards were bagged and placed into the QPD Evidence System. Members of the Quincy Police Bureau of Criminal Investigation will attempt to locate their rightful owner(s).

The second wallet that was recovered was the property of the suspect. This was placed into his belongings at booking.

Great work!

QUINCY POLICE CRIME AWARENESS JOURNAL

SATURDAY, JULY 2

LARCENY (cell phone), 7:01 a.m., Eaves by Avalon, 150 Quarry St. Reporting party states that female who left the apartment stole one of his two cell phones. 775 provided victim a case number. Find my phone application is showing her phone at her Cambridge address. Dispatched tried calling it twice - no answer. 775 to file.

LARCENY/MOTOR VEHICLE (BMW 740, blue) , 9:40 a.m., John Street. Taken from driveway this morning on camera.

VANDALISM/PROPERTY, 11:09 a.m., Sea Street. Caller states man popped her back rear tire and threw stuff at her windshield. Caller is on scene and would like to speak to an officer. Report filed.

VANDALISM/PROPERTY (in past), 5:59 p.m., Cliveden Street. In QPD lobby. Occurred yesterday in parking garage. Reporting party believes someone attempted to break into his vehicle and damaged the driver's side door panel. Wants to speak to an officer. Report to be filed.

SUNDAY, JULY 3

LARCENY (past). 7:39 a.m., Thomas Crane Public Library, 40 Washington St. Medication and cell phone stolen. No suspect information. Reporting party needed to leave prior to information being taken. Will call back once returned. Incident closed.

BREAKING AND ENTERING/PAST (door lock broken), 9:55 a.m., Lawrence Street. First floor door near back of building. Back door broke in, bedroom door was also broken into. Happened about 4:30 a.m. Party's residence that was broken into was not on scene. Unsure if this damage was done by resident or someone else. 783 will file with what information he has.

MONDAY, JULY 4

BREAKING AND ENTERING/PAST (business). 8:33 a.m., Victory Road. Meet reporting party in lobby. Report to be filed.

LARCENY (black wallet stolen), 12:35 p.m., Trevore Street. Car was unlocked; all credit cards, debit card, Social Security card taken. Report to be filed.

LARCENY (two bikes), 1:11 p.m., Target, 289 Hancock St. See caller in police lobby. Report to be filed.

LARCENY/MOTOR VEHICLE, 6 p.m., Windsor Road. Larceny motor vehicle form filled out.

BREAKING AND ENTERING/PAST, 8:54 p.m., Puritan Drive. Just got in from vacation and found house in shambles. Report to be filed.

TUESDAY, JULY 5

VANDALISM/PROPERTY (spray paint), 1:16 p.m., Finland Steam Bath, 81 Copeland St. Business has graffiti spray paint on side.

WEDNESDAY, JULY 6

LARCENY/MOTOR VEHICLE, 7:52 a.m., Southern Artery. 2008 Mercedes C300. His friend spent the night and when he woke up his car key was off his key chain and his vehicle was missing. Attempted to call friend but straight to voice mail. Spoke to friend/suspect: will return vehicle within the hour. Reporting party is fine with that and will call back if there are further issues.

ARMED ROBBERY (just happened), 11:07 a.m., 195 Burgin Parkway. Female just came in and stole items from party. Black female and black male. Male had black handgun. Male in jeans. Female in white shirt, orange and pink plaid shorts. Female has braids. Fled in black Honda Accord. Report to be filed.

LARCENY/MOTOR VEHICLE (box truck), 12:38 p.m., Fallon Court. Form filed.

LARCENY (fake U.S. currency), 3:46 p.m., Citizens Bank, 85 Quincy Ave. See employee. Deaf customer with fake U.S. currency. Requested officer. Party on scene that can translate. Two deaf customers were not trying to pass fake bills. Report to be filed.

THURSDAY, JULY 7

LARCENY (phone), 10:22 a.m., Father Bill's Place, 38 Broad St. In QPD lobby. Officer will file.

BREAKING AND ENTERING/PAST, 8:54 p.m., Newbury Avenue. Reporting party states that he and roommate just arrived home believes his residence has been broken into. Reporting party will remain outside and will wait for officer to respond. Report to be filed.

FRIDAY, JULY 8

LARCENY/MOTOR VEHICLE (Yamaha motorcycle), 2:57 a.m., West Howard Street. Officer reporting no video footage available. Reporting party filled out stolen vehicle form and officer will be returning to the station with paperwork and to file.

LARCENY (purse), 2:29 p.m., Copeland Street. In QPD lobby. Landlord gave reporting party video of suspect. Report to be filed.

LARCENY/MOTOR VEHICLE (past), 6:44 p.m., Belmont Street. Reporting party states car was parked out front two hours ago and now it is gone. Report filed.

SATURDAY, JULY 9

LARCENY/MOTOR VEHICLE (Mercury Grand Marquis), 9:43 a.m., Clay Street. Car taken this morning by boyfriend. Male is driving with a suspended license. Green Mercury Grand Marquis. Reporting party doesn't want to report car stolen or use without authority at this time. Will call back in future if needed.

LARCENY/MOTOR VEHICLE (in past), 4:45 p.m., Clay Street. Reporting party is at 7-11 and wants to report motor vehicle stolen. Report to be filed

SUNDAY, JULY 10

LARCENY (money/past), 10:44 a.m., Kemper Street. Envelope of money missing. Report to be filed.

LARCENY/MOTOR VEHICLE, 3:05 p.m., Washington Street. Approximately 20 minutes heading to Braintree. Reporting party knows the male who took vehicle. Officer returning with stolen vehicle form. Male suspect lives in Braintree. Norwell contacted QPD Communications Dept. with information.

MONDAY, JULY 11

VANDALISM/PROPERTY (broken window), 4:13 a.m., Price Street. Reporting party states that someone was throwing rocks at his house, and one went through his window and is inside the house. Happened about 5 minutes ago. Reporting party does not know who did it. Report filed.

LARCENY (cell phone), 1:30 p.m., McDonald's, 473 Southern Artery. Report filed.

ASSAULT AND BATTERY (well being check), 5:17 p.m., Stop and Shop Supermarket, 495 Southern Artery. A female appears to be on drugs and has two younger female children with her. White female wearing a hot pink blouse. Near entrance on Roxies side. Female is yelling about a male that approached her daughter. Report filed.

LARCENY (fraud), 6:32 p.m., Palmer Street. See caller in QPD lobby. Caller said a cleaning lady got into his phone and stole money from him through Zelle app. Report filed.

LARCENY (packages), 2 p.m., Beach Street. NIBRS report filed.

TUESDAY, JULY 12

BREAKING AND ENTERING/ATTEMPT (past), 11:07 a.m., Hamilton Avenue. Reporting party states her neighbor noticed her front attic window was opened. Nothing has been moved or missing. Believes it happened July 10. NIBRS report filed.

LARCENY/MOTOR VEHICLE (QPD lobby), 12:45 p.m., Copeland Street. Serviced.

LARCENY (employees), 1:01 p.m., AT &T, 70 Quincy Ave. Reporting party states one employee stole $12,000 and other stole $15,000. Reporting party has evidence. Report.

LARCENY (past/rings), 3:02 p.m., Seaport Drive. Patient claiming rings stolen. Report to be filed.

VANDALISM/PROPERTY (rock through window), 3:54 p.m., Turner Street. Storm door damaged. Case number provided.

LARCENY (iPhone), 4:16 p.m., Walmart, 301 Falls Blvd. Reporting party was in Walmart 2:30 p.m. until approximately 3:05 p.m. and realized her cell phone was missing from her purse pocket. She tracked phone and it is now at Rockwell Street, Boston. She locked phone through AT&T. Report to be filed.

VANDALISM/PROPERTY (verbal), 4:25 p.m., Temple Street. See caller in QPD lobby about threats being made to him and the business. Report to be filed. Officer will go back to restaurant and speak with employee who has more information. Report to be filed.

BREAKING AND ENTERING/PAST, 5:15 p.m., Gilbert Street. Caller arrived home and it appears someone broke into his home. Screen was pulled off window. Report to be filed.

WEDNESDAY, JULY 13

BREAKING AND ENTERING/PAST, 1:14 p.m., Ricciuti Drive. See caller in the QPD lobby. Caller thinks someone broke into her home through the garage. Caller said items are taken out and returned at later time. Psych eval.

LARCENY (payment), 5:17 p.m., Great Chow, 17 Beale St. Party ordered food and did not pay. Requested officer. Car is possibly located on Cushing Street. Suspect is a black male, black hoodie, gray sweatpants. Suspect possibly located in yard between Cushing and Chapman. Suspect located. One party given trespass warning in presence of Officer Borden. Items returned.

Total Calls For Service (July 2 - July 13): 1,975

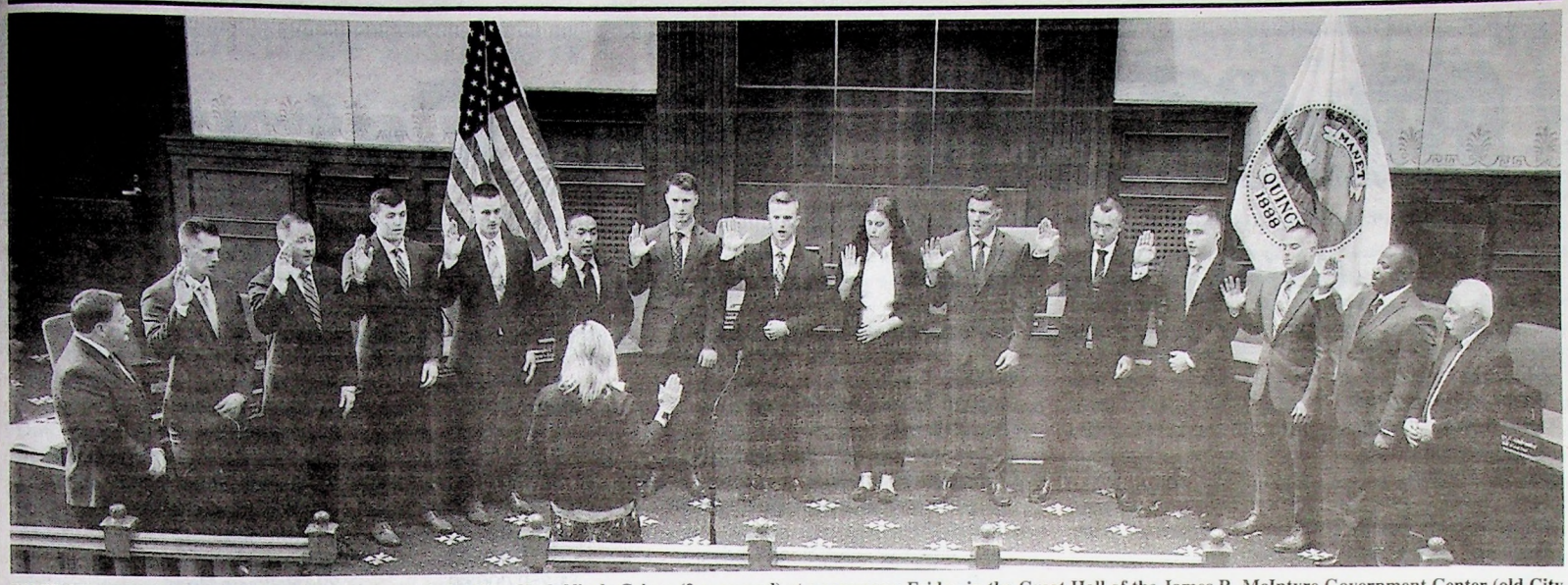
Breaking & Entering Attempt: Hamilton Avenue

Breaking & Entering Motor Vehicle: Harriet Avenue, East Squantum Street, Carlisle Street, Marriott Drive, Independence Avenue, Trevor Street

Breaking & Entering in the Past: Ricciuti Drive, Bigelow Street, Gilbert Street, Newbury Avenue, Puritan Drive, Victory Road, Lawrence Street

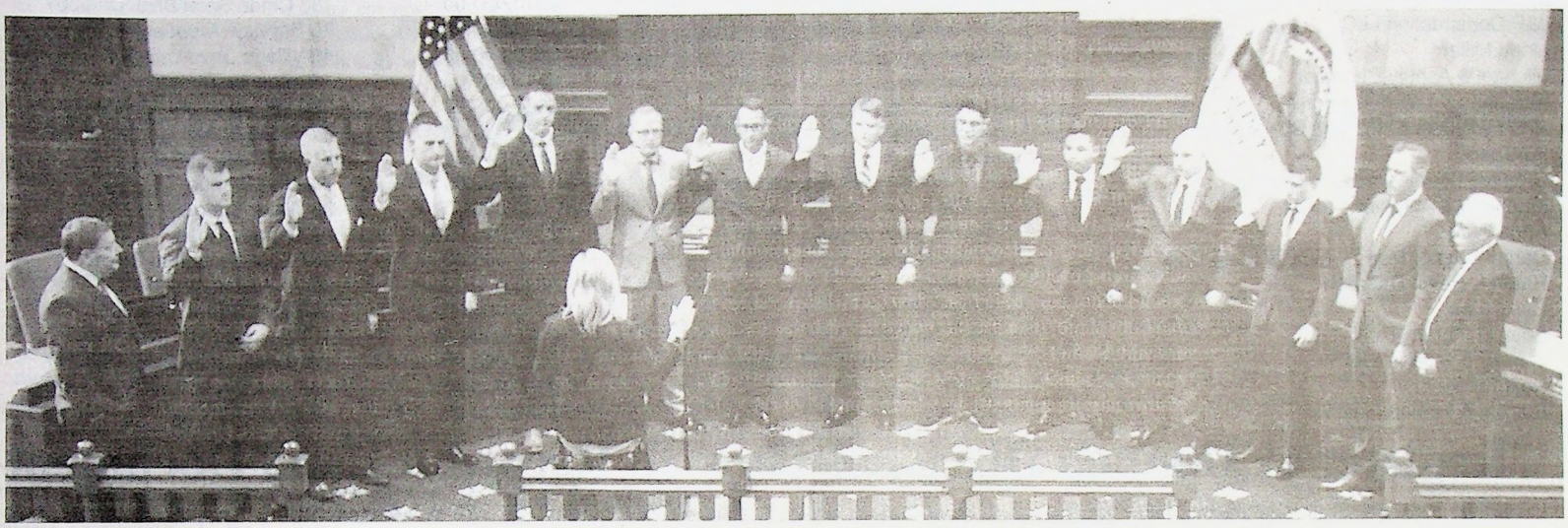
Home Invasion: Water Street

Larceny Motor Vehicle: Copeland Sreet, Washington Street, Clay Street, Belmont Street, West Howard Street (motorcycle), Fallon Cout (box truck), Windsor Road, John Street



TWENTY-FIVE NEW POLICE officers are sworn in by City Clerk Nicole Crispo (foreground) at a ceremony Friday in the Great Hall of the James R. McIntyre Government Center (old City Hall). Looking on are Mayor Thomas Koch (far left) and Police Chief Paul Keenan (far right).

Photos Courtesy Lisa Aimola/City of Quincy



25 New Police Officers Sworn In At City Hall Ceremony

Cont'd From Page 3

that you're going to have is probably going to be negative," he said.

"After a few years it's easy to fall into being jaded. There's an old saying, some people bring a problem to every solution. We want you to be positive. We want you to treat people like you treat your own family members."

Police Chief Paul Keenan thanked Koch for his support of the department over the past 15 years, noting the number of patrol officers within the department has grown from 142 to 180 during that timeframe. He also thanked Patricia McGowan, the city's human resources director, and Sgt. Jennifer Tapper and other officers within the department who performed background investigations for their role in the hiring process.

MAYOR THOMAS KOCH (second from right) addresses the 25 new Quincy Police officers who were sworn in last Friday at a ceremony in the Great Hall of the James R. McIntyre Government Center (old City Hall). At far right is Police Chief Paul Keenan. In his remarks, the mayor told the new officers: There's an old saying, some people bring a problem to every solution. We want you to be positive. We want you to treat people like you treat your own family members."

Keenan said the new officers will have a number of opportunities available to them within the department.

"Quincy is a great city to work in. As far as the department goes, there is a number of opportunities," he said.

"You can make rank. You can make detective. We have boats. We have a SWAT team. We have dogs. We have bicycles. We have motorcycles. Anything that you really want to do, you can do it in the Quincy Police Department."

The chief encouraged the new officers who will be headed to police academies for their training to work together and get through it as a group.

"It's going to be a challenging next six or seven months getting through the academies, some of them are very difficult, but you've been vetted, and I think you're all up to the task," Keenan said. "Stay together as a group when you go into the academy, work hard and get through it as a group."

Six of the new officers are transferring from other law enforcement agencies and have already completed academy training. Klimas joined the Quincy Police Department from the Canton police; Alzened from the Plymouth police; Clifford from the Rockport police; Underwood from the Brookline police; Chow from the Norfolk County Sheriff's Office; and DeCristofaro from the UMass police. Those six officers will undergo two months of field training with the Quincy Police Department before being sent out on patrol.

The remaining 19 new recruits are bound for academy training. Keenan said ten of them will begin training at the police academy in Plymouth on July 25 while nine will start at the police academy in Randolph in September. The officers will undergo additional field training in-house after completing the academy.

The 25 new officers will give the department a complement of approximately 186 patrol officers, Keenan said. Several retirements are pending in the coming months, bringing the number of patrol officers to 180.

Entries in the Quincy Police Crime Awareness Journal are compiled and submitted by the Quincy Police Department. The following are included in the journal:

Assault and battery, breaking and entering/progress, breaking and entering/attempted, larceny over/under, attempted larceny, larceny motor vehicle, armed robbery, attempted rape, vandalism private property and indecent exposure

The journal is published by *The Quincy Sun* as a public service to make local residents more aware of crime activity in their neighborhood.

Readers and the public are also welcome to view the Press Journal that is published (on Tuesday) of every week on the Quincy Police website: https://www.quincyma.gov/departments/police/resources/press_journal.php#outer-88

8 Quincy Students On Catholic Memorial Honor Roll

Eight students from Quincy are on the fourth quarter honor roll at Catholic Memorial High School.

The students earned First Honors. They are:

Daniel Alvarez '23, Connor Clifford '26, John Greene '25, James McGrath '23, Brett Mulligan '24, Joseph Pontremoli '22, John Petrongolo '23 and Juan Zeng '22.

Emilio Mui Graduates Roger Williams University

Emilio Mui of Quincy recently graduated from Roger Williams University in Bristol, R.I.

Mui earned a bachelor of arts degree in graphic design communications.

Real Estate

Quincy Real Estate Transactions July 11 - July 15

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Whitman Realty Trust	Mann F. Tam & Lana M. Tran	$1,750,000.00	51 Holbrook Road
John & Kristin Dzialo	Dieu N. & Duc T. Pham	$740,000.00	3 Hopedale Street
Julia Canfield	Sergei Akinchits & Himanshu Malik	$485,500.00	200 Falls Boulevard Unit E-202
Nhu V. Nguyen	Courtney Fernandes	$390,000.00	9 Common Street Unit 3
Mary Burke	Kerry Sabanty & Jacqueline Ouellette	$399,000.00	500 Willard Street Unit 404
Pearl Sloboda Family Trust	Chrisann Dillon	$835,000.00	14 Rice Road
Ryan Bell & Jacqueline DiNatale	Jacqueline Bell & Kathleen Chrisom	$775,000.00	7 Roberta Lane
Claire Coyne	Russell Fullerton	$1,250,000.00	224 Bellevue Road
Ronald & Anne Tierney	Xiaoying & Xiang Lin	$1,000,000.00	50 Willow Avenue
Julia Malcolm	Masoumeh Rousta	$313,000.00	133 Cmdr. Shea Blvd. Unit 307
J&P Construction LLC	Steven & Brigid Carroll	$900,000.00	75 Bayview Avenue
Linda Miller	Youyi Shi	$550,000.00	48 Village Drive Unit 5-4
Michael & Ashley Chandler	Marc Caristi	$517,500.00	110 Charles Street
Kamphay & Latsmay Visetin	Barbara Calzolari	$365,000.00	230 Willard Street Unit 508
Andrew Olson & Amanda Colwell	Janine Kennedy	$730,000.00	44 Grove Street
Fu Chen	Bingyun Lin	$800,000.00	212 Whitwell Street
Creative Development Associates LLP	AJC Properties & Management LLC	$1,100,000.00	7-9 Elm Avenue
Madueno & Antonietta Alves	Saif Maji	$1,000,000.00	38 Water Street
Anna Weiss	Syed Raheem & Rana Fatima	$700,000.00	23 Gannett Road
Danny Cheng, Maria Cheng & Fong Chiu	Jennifer Kaplan	$740,000.00	307 East Squantum Street
Ralph & Helen Dearden	Arjan Keka	$640,000.00	69-71 Avalon Avenue
Carol Field	Angela Russo	$270,000.00	34 South Street Unit 208
Sean D Ingram Trust	Jillian Crawford	$615,000.00	11 Princess Eve Drive
Tommy & Sujane Lee	Eleftheria & Panagiotis Vorvis	$270,000.00	133 Cmdr. Shea Blvd. Unit 217
Next Future LLC	Xiaoqing Huang	$350,000.00	469 Sea Street Unit 3
Francis & Marion Flavin	Junjie Wei	$553,000.00	12 Doyle Terrace

Register O'Donnell Discusses How To Record A Land Document

Norfolk County Register of Deeds William P. O'Donnell reminds residents that the Registry procedures to record their land documents are designed to make it as easy and seamless as possible.

"Whether the document in question is a deed, homestead, mortgage discharge or any other type of land document, Registry staff have been trained to record the documents in as expeditious and accurate a manner as possible," O'Donnell said.

"As the depository of over 8.5 million land documents, there are certain basic steps that need to be followed when submitting a document for recording," O'Donnell continued. "First and foremost, the document needs to be associated with one of the 28 communities comprising Norfolk County. In addition, the document must be an original; we will not record photo copies or documents submitted via fax. Please note, many land documents require signatures be notarized before they are recorded. Several of our staff members are notary publics. We are more than happy to notarize any land document provided the person requesting the service appears before us and presents satisfactory proof of identification by showing either their driver's license or passport."

O'Donnell also noted the Registry does not draft documents.

"The Registry of Deeds is in the business of recording land documents only. If an individual is unsure if a drafted land document, particularly a deed, is in proper order, it may be prudent to have a lawyer familiar with real estate law review the document for its accuracy. A simple mistake on a deed for example could lead to a major problem," O'Donnell said.

Another important point to note is that there are various fees set by the Commonwealth of Massachusetts associated with the recording of land documents at the Registry. Recording fees vary depending on the specific land document type. The Registry's website, www.norfolkdeeds.org has a fee schedule that can be consulted for specific recording fee amounts. The Registry accepts checks made out to the Norfolk Registry of Deeds. The Registry also accepts cash payment. Debit or credit cards cannot be used, however.

"Once you have a land document ready for recording and know the fee and type of payment," said O'Donnell, "you can then choose how to actually get the document delivered to the Norfolk Registry of Deeds. The options to get an original document and payment to the Registry of Deeds for recording are via regular mail, Federal Express, or by coming into our building located at 649 High Street, Dedham, MA. There is free parking in the large parking lot behind our building."

O'Donnell concluded:

"Our trained recording staff is more than happy to record your land documents. Land documents are recorded in an expeditious manner once they arrive here at the Registry. It should also be noted that institutional users such as lending institutions and law firms have the additional option to submit documents electronically via our two e-file vendors, Simplifile and ePN. Finally, if you have any questions about land documents in general, please call our Customer Service Center at 781-461-6101, Monday through Friday between the hours of 8:30 a.m. to 4:30 p.m."

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

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New Treatment Available For Beech Leaf Disease

A mysterious microscopic worm devastating one of New England's most common tree species may have finally met its match.

Beech Leaf Disease (BLD), which happens when tiny nematodes burrow in the leaf buds of trees for the winter, can damage the leaf tissue of American Beech tree species. The degradation can weaken the tree and make it more susceptible to other diseases, and eventually kill the tree.

"Originally, there was no treatment for BLD, which was an issue for the millions of beech trees in Massachusetts," says Quincy arborist George Barth, an ISA Certified Arborist at Hartney Greymont, a Davey company. "However recent trials have shown positive use of soil drenches."

The Davey Institute is a part of a research trial that started in 2016 in collaboration with Cleveland Metroparks. It has found Beech saplings and small trees treated with phosphonate soil drenches respond favorably over time showing fuller and healthier canopies than untreated trees.

Another study was initiated in 2021 to see if the phosphonate soil treatments can also benefit large trees.

"Quincy residents should be extra vigilant when looking at damaged leaves," urges Barth.

Symptoms of the leaves start with dead buds and well-defined striping or banding between leaf veins. As the years go on, leaf curling will occur, thinning the canopy and further distorting the foliage. The leaves will eventually wither and turn yellow. Recent observations suggest that sapling-sized trees may die between two to five years once infected.

"We are offering a pilot treatment program based on the success of the trial," says Barth. "The pilot consists of a soil drench of phospho-

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Community Liaison Could Be Hired In Coming Months

Cont'd From Page 1

mission in March 2021, after the City Council approved creating a new Department of Social Justice and Equity, a department the mayor did not subsequently provide funding for in the municipal budget submitted that spring. That department would have included one employee, a director, tasked to "create equity and inclusion among all populations in Quincy."

In the recent interview, Koch said the new community liaison would not be serving as an equity, diversity and inclusion coordinator for the city, but instead would be tasked with helping people who are new to Quincy.

"I don't view this as an EDI coordinator, I wouldn't have supported that, but they (the commission) came up with this option, which I think, any time you can have somebody advocating and helping and assisting newcomers to your community navigate the system and so forth, I think that's a healthy thing," Koch said. "I think that's fine."

When asked what role the community liaison would be playing, Koch said the person would help immigrants arriving in the city familiarize themselves with municipal services and the like.

"That's what they're working out now," he said of the job description for the position. "My wording is to help some of our newcomers to navigate the process and the system, so they understand the programs that are available, they understand how city services work and who to call when you have issues and challenges. That kind of stuff. I don't think you can ever do enough of that, communicating.

"And we've got a lot of newcomers, not just Chinese-American background. We've got Albanian, Brazilian, more Eastern European. People come from all over the place. Now it's largely Asian, but we have a little bit of everything, so we've got to be careful that we're making sure that we're paying attention to all of the immigrant groups."

The mayor said he would like to fill the position in the coming months. He noted, however, that government agencies have had a hard time filling positions lately.

"I think the goal is September, but we'll see how the process goes," Koch said of the timeline for the new hire.

"Right now, filling positions has been a challenge for government in general. Obviously, the civil service stuff is different, but the MassDOT board, we just gave a 10 percent raise across the board to all engineers because they were losing engineers to the private sector, which they're offering them more money. I think it's going to be a problem the next couple of years for the professional-level positions, attracting talent and maintaining and keeping them."

As for other openings, Koch said the city is still in the process of hiring a new tree warden, a $93,000 position within the Department of Natural Resources. The city's previous tree warden, Chris Hayward, left the city earlier this spring for a job in the private sector.

The mayor said David Murphy, the city's commissioner of natural resources, had found someone he liked for the job, but that person withdrew from consideration. The city then had to post the job a second time and a conduct a new round of interviews.

"Dave Murphy had someone he had interviewed that he liked, but the person first indicated interest and then withdrew. I think sometimes what happens in this world is they use the opportunity to go back to their people to leverage it and try to get a raise. That's part of the process," Koch said.

"There's been now a second advertisement and a second round of interviews, so I'm hopeful we can get that resolved soon.

"I mean, Chris Hayward got a $30,000 pay increase going to National Grid. He was tremendous but I can't afford that number. I don't kick him – good luck to him."

Quincy Residents Over 50 Take Advantage Of Lifelong Learning Opportunities

By EVELYN RYAN
UMB OLLI
Board of Directors

Scientists say that our brains peak at age 30 and then start to decline, faster for some of us than others. "Super-agers," as they have been called, are older adults who defy science with brains that perform as if they were much younger. "Super-agers" live active lives, interact socially, and challenge themselves by engaging their minds.

Older adults in the Greater Boston and South Shore area are encouraged to live a "super-ager" lifestyle through the Osher Lifelong Learning Institute (OLLI) at UMass Boston. OLLI is a membership-based community of adults aged 50 and older who enjoy a variety of learning experiences.

For the fall of 2022, OLLI is offering more than 70 courses on a variety of topics, from photography and opera to climate change and world history. Courses are offered in-person on the UMass Boston campus as well as the Hingham and Braintree public libraries, and online via Zoom (with staff who can assist anyone new to Zoom). Classes are facilitated by UMass graduate students, retired professionals, and OLLI members who have a particular expertise to offer.

"I joined OLLI shortly after I retired in 2013," says Evelyn Ryan, a former Quincy teacher. "After taking classes for a few semesters, I started teaching a poetry class as well. There's no better way to learn something than to teach it, and OLLI offers its members great opportunities to develop their interests both by taking classes and by volunteering to teach."

Along with classes, OLLI offers day trips, walking tours, and theater outings. Overnight travel has been included in the past including both national and international destinations. Special Interest Groups meet for conversation outside of a formal class setting for topics including art history, books, restaurants, knitting, walking, and more.

OLLI falls under the Gerontology Institute of the John W. McCormack Graduate School of Policy and Global Studies at UMass Boston. This means that OLLI members have the benefit of research about successful aging. Members may also be invited to participate in research studies, intergenerational programs and more.

OLLI programs are a great way to exercise your mind while meeting fellow aspiring "super-agers." As Anne Kelly, a long time OLLI member says, "There are no strangers here at OLLI, only friends you haven't yet met."

Want to learn more? Attend our Summer Open House on July 27, either online or in person. You can also visit our website at www.umb.edu/olli, call 617.287.7312, or email us olli@gmail.com.

Merrymount Parkway Project Begins Aug. 1

Cont'd From Page 1

minishes the beauty and historic feel of the park. This project will enhance safety for the thousands of people, young and old, that visit this park on a regular basis. It will also improve the aesthetics of the roadway and the areas around the road. This project was a long time coming and I am glad to get it launched."

Work will begin on the northern section of the road in an effort to limit disruption to Central Middle School. New larger sidewalks, a pedestrian safety island, and a reduced turning radius to slow down traffic will be added at the northern end. New trees will be planted along the road by Veterans' Memorial Stadium.

"The park is busy seven days a week and we have informed our construction partners that we must maintain access to all of our park facilities at all times," said Natural Resources Commissioner Dave Murphy. "I expect that there will be some disruptions and inconveniences associated with a project of this magnitude but anyone familiar with the condition of the roadway and sidewalks will understand the need for the project."

Motorists that have options to avoid the area during August and September are encouraged to do so.

Irish Tenor Ronan Tynan To Open Folk Festival Aug. 6-7

Cont'd From Page 1

funeral of President Ronald Reagan and in the wake of 9-11, Tynan is well known as the "Big Irishman" for his inspiring voice and self-effacing humor.

On Sunday, Aug. 7th from 3-8 p.m., multiple ethnic groups will be performing throughout the afternoon and evening including celtic musicians, southeast Asian dances, Chinese dancers, klezmer band, polka band, latino dancers, oom-pahpa Oktoberfest band, Balkan ensemble, folk americana music and more.

Sunday, Aug. 7th performances include:

3 - 3:30 p.m. Traditional Celtic Music with The Mari Black Trio

3:45 - 3:55 p.m. Classical Indian Bharatanatyam Dance & Jhankar Dance Group from Quincy performing Indian Folk Dance

4:05 - 4.25 p.m. Boston Chinese Dance Inc. with dancers from Quincy

4:50 - 5:10 p.m. Ezekiel's Wheels Klezmer Band

5:30 - 6 p.m. Eastern Sound Polka Band

6:15 - 6:35 p.m. Mark Mandeville & Raianne Richards Folk Americana Music

6:45 - 7:15 p.m. Oom-Pah-Pah Oktoberfest Band

7:30 - 8 p.m. "Gogofski" Balkan Ensemble

"The weekend will celebrate a wide variety of cultural music and dance," said Mayor Thomas Koch. "It's wonderful to see so many people enjoying the monthly concerts on the Hancock Adams Common with family and friends."

Bring your lawn chairs or sit at one of the cabaret tables and chairs. Food is available for purchase at food trucks on site or from one of the city's downtown restaurants nearby.

For more information on details of the weekend performances and upcoming events, follow the City of Quincy across social media.

Rising Tides Academy Transitions To Elements Academy

Expands To Middle And High School

Elements Academy is a new and innovative independent school in Quincy. Previously in operation for two years as Rising Tides Academy, the school was relaunched in the spring of this year by Founder and Head of School Heather DiNino.

Now a 501(c)3 non-profit organization, Elements Academy has exciting growth planned for the next couple years. Most recently, the Quincy School Committee voted to expand the school through middle and high school, which means it is the only private school in Quincy that offers pre-K through grade 12.

Located on Wollaston Hill in a historical building at 48 Winthrop Ave., Elements Academy has enrolled children from both Quincy and surrounding towns. During the 2021-2022 school year, the school served a total of 31 students. In the upcoming 2022-2023 school year, it expects to grow that number to 45 students through in-person learning, and even more through virtual programming and family wellness support.

Learners at Elements Academy are separated into the following multi-age groups: Foundations (ages 3-6), Elementary (ages 6-11), Middle School (ages 11-14) and High School (ages 14-18). In their inaugural year, the middle and high school groups will be combined, and by Fall 2023, the school will expand up to age 18. Each group is provided its own space to work and play, and throughout its rapid expansion, the school will remain committed to maintaining a low student-to-guide ratio – an important piece of its teaching philosophy.

Leading up to the launch of Elements Academy in 2020, DiNino, an experienced educator and Quincy resident, had worked as a public school special educator and advocate for change in the public school space (a calling she is still passionate about and actively involved in). Her professional background, combined with her own experience as a mother of two small children in school, motivated her to conceptualize a school that challenged the status quo — a school that she knew other families in the community, like hers, yearned for. Equipped with the knowledge and tools she had gained over the years, DiNino made this school a reality and developed it from the ground up.

At its core, Elements Academy's mission is to reinvent the educational experience by identifying and strengthening each child's inner genius. Through a play-based, hands-on approach to learning, the school prioritizes preserving a child's innate curiosity and creativity over conformity, encouraging them to follow their interests while also nurturing their social-emotional well-being. Elements Academy achieves this by creating individualized learning maps that fit each unique student based on their learning style and abilities, as well as their physical, mental, and emotional being. Each student is embraced fully as they are regardless of their race, sexual orientation, gender, physical and neuro-cognitive abilities, and socioeconomic background, and are not expected to assimilate to be successful in school.

ELEMENTS ACADEMY teachers (top left: Bruna Travassos; bottom left: Heather DiNino; bottom right: Robin Mackey; top right: Julia Sands. *Courtesy Photo*

In compliance with the Massachusetts Department of Elementary and Secondary Education, Elements Academy teachers are provided training and resources to teach across multiple subjects. The vast programming offered at Elements Academy is made possible in part by the size of the school building. In addition to its classroom areas, Elements Academy houses a recreation room, assembly area with a stage, full kitchen, designated sensory room, and large fenced-in outdoor space.Through tuition fees and fundraising, Elements Academy will continue to invest in technology, educational equipment and materials, and building improvements, and will expand upon its teachings in creative arts, movement, science, life skills, and more.

Building Elements Academy is only the start of DiNino's investment in the Quincy community. She and her staff hope to continue making connections with community leaders, businesses, and other organizations working with children in order to open up opportunities for its students, and also better serve the city by creating a pathway for students to get involved in the community.

Elements Academy is currently accepting enrollments for fall 2023, but space is limited. If you picture a unique path in life for your child, and want them to love school and learning, you are encouraged to reach out to learn about the application process. Elements Academy's core values include equity, diversity, and inclusion; individuals of all backgrounds and abilities are welcome. To learn more about Elements Academy's enrollment and tuition options, as well as additional online offerings, please visit elementsacademy.org. On the Elements Academy website, you can also register for the upcoming information sessions on Saturday, July 30.

New Furnace Brook Golf Course Plan Expected End Of Summer

Cont'd From Page 9

the point. It will cost more to try and renovate something than to build something next to it that's new and meets all of today's standards. I think that's an easy one. I think they've adjusted the porch and how it looks so it's not looking right at the neighborhood.

"I think the team has been very sensitive to some of the suggestions that have been made but, at the end of the day, I don't care what project it is, not everyone is going to be happy," he added. "I've learned that in government over my 35 years."

The mayor said the project would improve the infrastructure and aesthetics of the site, helping to bring in revenue.

"I think the infrastructure is going to be improved, the aesthetics are going to be improved and I think, because of what we're doing to the golf course, the revenue is going to be there to help us pay for all the improvements," he said. "That's the goal. I don't know if it will pay 100 percent of it, but a significant amount will be paid for by it."

When asked about the cost of the project, Koch said it is too soon to say what it would be.

"I don't know," he said. "With the way the world is right now, I don't even want to touch that number because that's going to change five times."

The City Council will have to approve funding for the project, while the Park and Recreation Board will have final say over the design, he said.

"Appropriations have to go to the council. The Park and Rec. Board technically has the say on what the final plan will look like," Koch said. "It's park land."

Quincy Access Television
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Public Access Channel 8

Thursday, July 21
6:00pm: Bethany Congregational Church
8:00pm: AM Quincy: Veterans Festival

Friday, July 22
11:30am: LIVE: Currently in Quincy
5:30pm: CIQ Interview: This Star Won't Go Out

Saturday, July 23
12:00pm: CIQ Interview: Quincy College
7:00pm: The Call

Sunday, July 24
11:30am: Quincy Point Cong. Good News
1:00pm: The Call

Monday, July 25
11:30am: LIVE: Currently in Quincy
7:00pm: AM Quincy: Quincy Bay Race Week

Tuesday, July 26
7:00am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, July 27
6:00pm: Quincy Point Cong. Good News
7:00pm: The Call

Government Access Channel 9

Thursday, July 21
4:00pm: Board of License Commissioners 7/19
5:30pm: Zoning Board of Appeals 7/12

Friday, July 22
6:00pm: Good Deeds: Quarterly Update

Saturday/Sunday, July 23/24
9:00am: Legislative Update with Rep. Bruce Ayers
9:30am: In the Know: Norfolk County Sheriff
10:00am: Good Deeds: Quarterly Update
10:30am: For Your Health: Hoarding
11:00am: QHD Health Links: Aging Strong
12:00pm: MA House of Representatives
4:00pm: Board of License Commissioners 7/19
8:00pm: Media Advisory: Adams Presidential Ctr

Monday, July 25
6:30pm: Meet the Musician

Tuesday July 26
6:00pm: LIVE: Zoning Board of Appeals
9:00pm: Concerts at the Crane: Sparrow Blue

Wednesday, July 27
6:00pm: In the Know: Norfolk County Sheriff
7:00pm: Legislative Update with Rep. Bruce Ayers

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Molly McBride Graduates Miami University

Molly McBride of Quincy recently graduated from Miami University in Oxford, OH.

McBride graduated magna cum laude with a bachelor of science in business degree, majoring in information systems and analytics.

Bethany Congregational Church

Bethany Congregational Church invites the public to its 9:30 a.m. Sunday service.

Rev. Patrick McCorkle will be preaching his sermon, and music will be provided by Paul Frazer.

Coffee Hour will be held after services, with coffee, light refreshments and good conversation. There will be no church school until September.

As usual, the Sunday Service will be available online via YouTube. Go to the church website for the link, or directly to YouTube. For all events at Bethany Church, masks and sanitizer are available.

Broad Horizons Preschool is open and accepting students both full and part-time, for both the summer session and for the fall. To inquire and/or fill out an application, go to the website at Broadhorizonsbethany.com or call 617-471-0022.

Bethany Congregational Church is located at 18 Spear St., Quincy. The church website is: bethanycongchurch.org. Email address is: bethanycongchurch@yahoo.com. The telephone number is: 617-479-7300.

Mario (Mike) Casali - A City Institution - Remembered

By ROBERT BOSWORTH

He had a simple philosophy but its impact was profound for thousands of kids in Quincy.

Mario (Mike) Casali once described his approach to coaching this way:

"My theory was the worse they are, the harder you have to work to get to them. They're the ones who probably needed it the most," he told The Quincy Sun in a 1995 interview as he was about to close out a 45-year career as a coach and guidance counselor in the Quincy Public Schools system.

Mr. Casali – "Coach" to so many friends and colleagues throughout the city – passed away July 16. He was 95.

Mr. Casali's legacy is embodied by the thousands of youngsters he influenced during his educational career that included coaching basketball, football and baseball at Central Middle School. He was also able to reach hundreds more as a guidance counselor the last 15 years of his career before he retired in 1995.

His departure from the school system brought praise and adoration from many who admired not only his ability to connect with young folks but to instill in them self-worth and confidence as they navigated their early teen years – a period in life that can be both lonesome and troublesome.

"Mike Casali probably had more of an influence on kids than any other teacher I've dealt with in my 20 years in education," Vin Moscardelli said in that 1995 interview. Mr. Moscardelli had coached against Casali then worked with him during his 12-year stint as principal of Central.

Many who played under Mr. Casali went into education and coaching – a fact they attributed directly back to their beloved mentor for his positive influence. Those same coaches strived to emulate Mr. Casali and attempted to pass on the lessons and wisdom they learned from the coach.

"I think most people assume I became a teacher because of my father," said Mitch Finnegan, son of former Quincy athletic director Marty Finnegan, in that 1995 interview.

"That's part of it. But Coach Casali played a big role. He influenced everyone who played under him."

Ed Miller, former North Quincy High School basketball coach who later served as the athletic director in Marshfield, called Mr. Casali "the consummate junior high school coach and role model."

"He was very instrumental in my success and getting me into the business of coaching. Coach was a Quincy Public Schools legend."

Another Quincy educator who attributed his career choice to Mr. Casali is Paul Bregoli, a now retired QPS guidance counselor and longtime high school soccer and basketball coach.

"He was my role model," Bregoli said. "He was the person you wanted to be when you got older because of the way he treated you and the way he conducted himself. He was fundamentally a good teacher."

Mr. Casali's education and coaching legacy can also be traced to two undeniable traits: care and respect. He not only cared about the children who played under him, but about all those in his Central family.

His concern manifested itself in the way he reached out not only to the model student/athlete, but to those who may have been in a little trouble. Through athletics, Mr. Casali always believed he could help turn youngsters around.

"He was particularly good with kids who might have had problems in the front office," Finnegan said in that interview. "He wanted them to become part of the entire school community."

Miller added: "He always had a way of handling the wise guys. We had some tough kids back then, and he handled them all."

For Mr. Casali, respecting his young athletes was the only way.

"He almost never yelled or screamed," Finnegan said. "He never needed to. He didn't operate out of fear. Kids respected him because they knew how much he cared about them."

While at Central, Mr. Casali fielded outstanding teams year after year – but to talk to his former players, outstanding teams in terms of wins and losses were not an end to him. His mission was to get as many boys involved in athletics as possible.

Bregoli said Mr. Casali won numerous city championships as a coach, but he never focused squarely on winning.

"He emphasized fundamentals, teamwork and respect, and the kids responded by giving their best," Bregoli said. "Nobody wanted to disappoint Mr. Casali. The result was that his teams won a lot more than they lost."

Mr. Casali's success at the middle school level made him a natural for the high school coaching ranks. In his coaching career, he won over 250 games while only losing less than 50, and won over 14 city championships in basketball.

But he turned down those opportunities to become a high school coach because he believed he could have a bigger impact at the middle school level.

Education and coaching were not about advancing his own career – they were about helping those who played under him.

"He had plenty of opportunities to take positions at the high school level, but he felt he could have a bigger impact on junior high," Finnegan said. "And I think he just enjoyed what he was doing so much."

After his retirement, Mr. Casali remained active in supporting local school sports. He enjoyed participating in golf tournaments and this writer had the pleasure of playing a few rounds with him at benefit tournaments held at Presidents Golf Course. He had an infectious smile and wonderful sense of humor. A real gentleman in every sense of the word.

In December, 2013, a crowd of nearly 100 family, friends, former students and athletes gathered in the auditorium of Central Middle School to pay tribute and show their support for long time Quincy educator and

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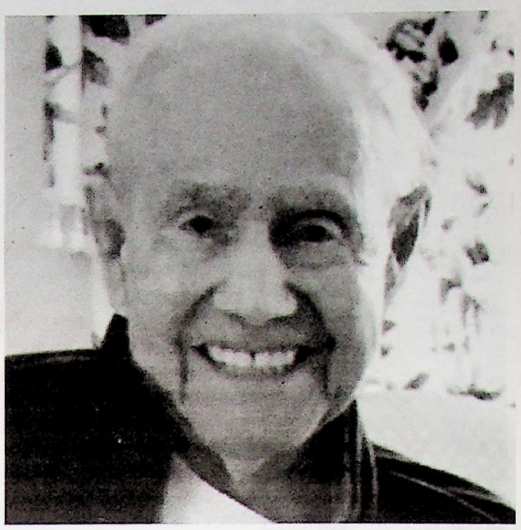


MARIO (MIKE) CASALI

South Shore YMCA Quincy Branch To Be Named For Rob, Karen Hale

The South Shore YMCA branch in Quincy will be named the Hale Family YMCA in honor of longtime Y benefactors Robert and Karen Hale, whose gift will shape the future of one of the nation's largest urban YMCAs.

A dedication ceremony will be held inside the building's field house on Thursday, Aug. 11.

Hosted by South Shore YMCA Executive Board and South Shore YMCA President and CEO, Paul Gorman, guests for the dedication ceremony will include Rob and Karen Hale, Gov. Charlie Baker, Mayor Thomas Koch, South Shore YMCA Executive Board Chairman Jim Dunphy, CEO of South Shore Bank, state and local community leaders and elected officials, South Shore YMCA staff, members, supporters, and friends.

Three Quincy Residents Earn Degrees At Emmanuel College

Three Quincy residents recently graduated from Emmanuel College in Boston.

Tiffany Kwan earned a Bachelor of Arts in a double major of English and secondary education.

Andres Liang Wu earned a Bachelor of Arts in history.

Anne Shi earned a Bachelor of Fine Arts in graphic design.

AAA: MA Gas Prices Down 11 Cents

Massachusetts's average gas price is down 11 cents from last week ($4.74), averaging $4.63 per gallon, announces AAA.

Monday's price is 38 cents lower than a month ago ($5.01), and $1.61 higher than July 18, 2021 ($3.02). Massachusetts's average gas price is 11 cents higher than the national average.

The steady decline is due to lower domestic demand for gasoline at the pump and a much lower global price for oil. The cost of a barrel of oil is in the mid-$90s, down from around $110 two weeks ago.

"Global economic news is pushing oil prices lower and less expensive oil leads to lower pump prices," said Mary Maguire, AAA Northeast Director of Public and Government Affairs. "And here at home, people are fueling up less, despite this being the height of the traditional summer driving season. These two key factors are behind the recent drop in pump prices."

AAA Northeast's July 18 survey of fuel prices found the current national average to be 15 cents lower than last week ($4.67), averaging $4.52 a gallon. Monday's national average price is 46 cents lower than a month ago ($4.98), and $1.36 higher than this day last year ($3.16).

More Quincy news:
The Quincy Sun.com

Quincy Point Congregational Church

Quincy Point Congregational Church, 444 Washington St., welcomes seminarian Lori Bruni for her second week on Sunday, July 24 for 10 a.m. worship.

"The Open Door" is the name of Lori Bruni's sermon, based Luke 11:1-13. Worship is in-person in the sanctuary and live-streamed. View the live stream on the Quincy Point Congregational Church's Facebook or YouTube pages or at www.quincypointcong.org. The sanctuary is air-conditioned and accessible with designated parking and an elevator on the Abbey Road Side of the church

Fundraising for Interfaith Social Services and World Central Kitchen will continue until Sept. 4. Collections will be taken on Sundays at 10 a.m. worship or mail to the church or donate online at https://www.quincypointcong.org/donate. Checks can be made payable to Quincy Point Congregational Church with the memo: ISS/WCK.

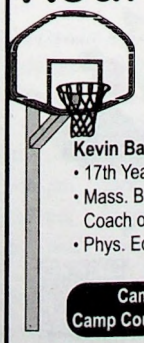
The Missions and Social Justice Committee continues the 2022 Clothing drive to help homeless teens and families of the Quincy Public School McKinney Vento program. During the summer collection, the focus is on younger children.

New items are needed for children, sizes XS to XL (gender neutral preferred). Items needed most are underwear and socks. Also needed are t-shirts, sweatpants and leggings.

Drop off to the church on Sundays before 10 a.m. worship or weekdays from 9:30 a.m. to 5 p.m. Ring the doorbell by the bakery or the Abbey Road accessible entrance.

Contact the church office at 617-773-6424 or email: office@quincypointcong.org.

Round Ball Basketball Camp



Aug. 1ST - 5TH (Ages 7-11) at Atlantic Middle School
Aug. 8TH - 12TH (Ages 9-16) at North Quincy High School
9:00AM - 1:00PM • FOR BOYS & GIRLS

CAMP DIRECTORS:

Kevin Barrett:
• 17th Year Head Basketball Coach, NQHS
• Mass. Basketball Coaches Assoc. Coach of the Year, 2013 & 2014
• Phys. Ed. Teacher, Quincy Public Schools

Paul Beston:
• Quincy Youth Basketball Coach
• South Shore Youth Basketball Coach
• Member - Quincy High Hall of Fame
• Elementary Teacher - Quincy & Milton Public Schools

Camp Coaches have experience at the college, high school and youth levels.
Camp Counselors are current varsity members from both Boys & Girls Basketball teams.

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rkbarrett2002@yahoo.com

*Licensed by the Quincy Health Dept.

EOC MARK MADDEN of Stoughton, left, and PS3 Chantel Hernandez of Boston, members of the Quincy Navy Reserve Center, place the Presidential Wreath on the tomb of President John Quincy Adams in observance of his 255th birthday anniversary. Adams, his father, President John Adams, his mother First Lady Abigail Adams and his wife, First Lady Louisa Catherine Adams are entombed in the crypt at United First Parish Church. The wreath is provided by Clifford's Flowers of Quincy.

PAUSING AT THE TOMB of President John Quincy Adams on the observance of his 255th birthday celebration are from left, United First Parish minister Rev. Rebecca Froom, church historian Bill Westland, Mayor Thomas Koch, Marianne Peak of the Adams National Historical Park, Adams family descendant Reid Adams, Dr. Edward Fitzgerald of the Quincy Historical Society, and state Sen. John Keenan.

Quincy Sun photos/Tom Gorman

John Quincy Adams Remembered On 255th Birthday

By SCOTT JACKSON

On what would have been John Quincy Adams' 255th birthday, a descendent of the nation's sixth president recalled how his forefather strove to find common ground even as the country was bitterly divided.

A wreath-laying ceremony to mark the birthday anniversary was held on July 11 inside the United First Parish Church in Quincy Center. Widely known as the Church of the Presidents, the church is the final resting place of Adams and his wife, Louisa. The sixth president's parents, John and Abigail Adams, are likewise entombed in the crypt under the church.

Among those who spoke at the event was Reid Adams, a descendent of the late presidents. He began his remarks by recalling his own service in the US Navy during and after the terrorist attacks on Sept. 11, 2001 and remembered returning to the United States and "discovering a true sense of purpose" in the country.

"Our response as a country to 9-11 was far from perfect, but there was authentic patriotism in the country that was not driven by politics or campaign slogans," Adams said. "Fast forward 21 years and much of that purpose has faded and this is not terribly surprising; after all, this year's college seniors were not alive during 9-11."

STATE SEN. JOHN KEENAN offers remarks at the Presidential Wreath Laying ceremony for John Quincy Adams at United First Parish Church.

Adams said the country was also struggling to find common ground in 1825, after John Quincy Adams was elected the nation's sixth president by the House of Representatives despite finishing behind Andrew Jackson in the popular and electoral vote. Adams noted that in the sixth president's inaugural address, he sought to find common ground between the two political parties that were dominant in the nation at that time.

"When he became the sixth president, the country was struggling to find common ground, just 36 years after the effective date of the US Constitution," Adams

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QUINCY NAVY RESERVE CENTER color guard closes the President John Quincy Adams birthday anniversary ceremony.

LIEUTENANT COMMANDER Alicia Ping of the Quincy Navy Reserve Center salutes the colors.

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REV. REBECCA FROOM, minister of the United First Parish Church, offers a prayer.

THE QUINCY CHORAL Society performs the "Star Spangled Banner" at the John Quincy Adams birthday anniversary ceremony at United First Parish Church.

Quincy Sun photos/Tom Gorman

John Quincy Adams Remembered On 255th Birthday

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said. "He had just lost the popular vote and yet won the election, which meant the country was incredibly divided. The two major political parties were doing their best to out-duel and out-maneuver one another. The upcoming election of 1828 has been referred to as the dirtiest presidential campaign in history.

"Against that backdrop, in his inaugural address JQA chose to focus on the positive and find common ground. He openly addressed the two main political parties, noting they had divided the opinions and feelings of the country. But what he said next in his speech was telling, as he went on to say, 'the candid and the just must now admit that both have contributed splendid talents, spotless integrity, ardent patriotism, and disinterested sacrifices to the formation and administration of this government.'

"In other words, after a bitter fight for the White House, and while a bitter

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UNITED FIRST PARISH Church historian Bill Westland welcomes guests.

MAYOR THOMAS KOCH addresses the ceremony.

REID ADAMS, a descendant of the Adams family, talks about his family's heritage.

MARIANNE PEAK, superintendent of the Adams National Historical Park, offers remarks at the John Quincy Adams birthday anniversary ceremony.

DR. ED FITZGERALD of the Quincy Historical Society addresses the ceremony.

The City of Quincy presents a

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HANCOCK-ADAMS COMMON

Saturday, August 6 | 6 p.m.

Ronan Tynan

Internationally Acclaimed Irish Tenor

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Tynan claims that America has given him so much more than he'll ever be able to give back, those who have attended his concerts, basking in the stirring beauty of his music and rolling with laughter at his self-effacing humor, may well just have to disagree.

Sunday, August 7 | 3-8 p.m.

Multicultural Performances

Performance Schedule

3:00 ~ 3:30 pm	Traditional Celtic Music with The Mari Black Trio
3:45 ~ 3:55 pm	Classical Indian Bharatanatyam Dance & Jhankar Dance Group from Quincy performing Indian Folk Dance
4:05 ~ 4:25 pm	Boston Chinese Dance Inc. with dancers from Quincy
4:50 ~ 5:10 pm	Ezekiel's Wheels Klezmer Band
5:30 ~ 6:00 pm	Eastern Sound Polka Band
6:15 ~ 6:35 pm	Mark Mandeville & Raianne Richards Folk Americana Music
6:45 ~ 7:15 pm	Oom-Pah-Pah Oktoberfest Band
7:30 ~ 8:00 pm	"Gogofski" Balkan Ensemble

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Follow us on Facebook for details about the performances and food trucks.

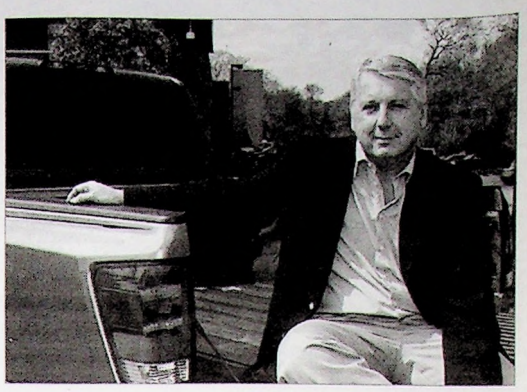
QUINCY400

Up Next in September: Quincy Choral & Symphony Pops Concert on the COMMON

Saturday, September 3 | 4-7 p.m.

Thumping Brakes, AC Not Working, Gas Caps, Run Flat Tires

Ask John Paul: AAA New England's Car Doctor Senior Manager, Public Affairs and Traffic Safety



JOHN PAUL
AAA's Car Doctor

Do you have a car question?
Every question gets a personal reply.
Email John jpaul@aaanortheast.com

I have a 2018 Acura RDX with 29,000 miles on it. When applying the brakes there is a thumping sound from the right front. I checked the tire and there is no visible damage. The brake rotor also looks okay. I still have a warranty on it since it was a certified pre-owned vehicle. What could be wrong?

A thumping sound is typically a lose component or an out or round brake rotor. The issue could be a lose caliper mount, pad moving or even a suspension part. At this point the only thing to do is take the car back to the dealer demonstrate the problem to get it fixed. Additionally, Acura did issue a revised brake rotor part for this vehicle due to noise concerns.

I have 2007 Nissan Sentra and replaced the compressor and recharged the A/C system correctly. Now when the weather or vehicle is hot inside the air conditioner will not work. The compressor just cycles on and off. Otherwise, the AC blows cold at about 40 degrees. What could be the cause. Could it be A/C pressure transducer sensor?

At an 85-degree day all I would expect would be the duct temperature to be 55-60 degrees. Typically, rapid compressor cycling is due to a low refrigerant charge. You didn't say what the pressures are, but I would expect to see 200-220 on the high side and 35-45 on the low side. If the pressure is normal but the switch is reading a low pressure, then it will cycle the compressor. The switch sends a signal to the ECM (computer), and you would also want to check proper voltage just to make sure there isn't a wiring harness issue.

I have a 2021 Honda Pilot with just 7,500 miles on it. I'm getting a crackling sound coming from the AC/heat vents periodically. The dealer says it's a loose connection that requires removing the dashboard to replace. Is it worth going through this process and risking future problems with the dashboard or should I just live with it. Your thoughts please.

It is a very time-consuming job to completely remove the instrument panel – almost a full day's work. Since there are no known issues with this that I am aware of (no tech bulletins) my concern would be that after taking it apart and putting it back together it would be worse. I think just having the dealer note the issue and if it gets worse and a bit easier to identify, then have it repaired.

I have some issues with my 2009 Lexus RX 350 that I bought certified used in 2014 and have several problems. I use the preset buttons when getting in and out of the car to adjust the seat height. For the last three years, the seat has been making an awful groaning sound when I change the positions. This only happens when it is warm/hot outside - during the winter there is no noise at all. Also, the driver's window slows down when its warm out and sometimes makes a gritty sound. The passenger mirror doesn't stay in position where I have left it. Finally, the radio sometime shuts off when I hit a bump (but it never goes on when hitting bumps). Any insight you can provide will be greatly appreciated since I am very comfortable with the rest of the car.

From your description it sounds like four separate issues. The power window motor and seat motors (there are three at about $500 each) may be getting near the end of their useful life. The mirror could be worn, have a faulty controller or motor. The radio could be a poor connection to the radio or internally in the display screen. At 13 years old, it is not unusual to see some electrical issues. It is also possible that there is some sort of rust/coorsion issue bridging some of the problems. It would be best to start with a basic check of the electrical system to rule out any basic problems.

In February this year I purchased a one-owner, 2006 Lexus SC 430 with a little more than 50,000 miles on it. The original owner had the car in a Lexus dealer shop every 3,000 miles so I thought I found a gem. The car is pristine considering its age, but my problem is with the vehicle stability control light and check engine light that keeps popping up on the dash. Online info indicated it's a gas cap problem and just clean it. I have done that multiple times but after a while the light comes back on. I saw a video on how to bridge the connections to the light but I'd rather not go that way. Is there a special way to clean the cap? The light still stays on even after I've "cleaned" the cap. I'm fairly sure it's really nothing but the warning light being on just creates a mental thing and I'd prefer it to be off. Any suggestions?

The first step would have any diagnostic codes read to determine possible problems of both lights. The lights could be triggered for a single issue or multiple problems. The vehicle stability control light typically will illuminate if there is an issue with a wheel sensor. When the VSC light is on the system shuts down and although the car will behave normally, you lose the skid prevention aspect of the car. The typical check engine light issue although it could be related to the gas cap it is more than likely an issue with the evaporative emissions system (the gas cap is part of that system). The light is usually triggered by a faulty purge control valve. This system is best checked with a "smoke-test." Synthetic smoke is pumped into the evaporative system and the technician looks for smoke leaking from various components.

I have a 2005 Toyota Corolla with 190,000 miles on it. The air conditioning has always worked extremely well until now. When I am stopped or driving slowly in stop and go traffic it blows lukewarm air; however, if I am driving at regular highway speeds it is working fine. I will mention that this past year I did have repairs to the car in the way of a new radiator and flush as well as a transmission flush and starter replacement. I cannot imagine that any of these repairs would have affected the efficiency of the A/C but just in case there is a possible connection I wanted to bring it your attention. Given the age of the car and the mileage I would hesitate to do any expensive repairs. What do you think may be the problem with the AC?

It is unlikely that the work performed should have caused any issues with the air conditioner. More than likely there is a slight leak in the air conditioner system and the refrigerant level is low. At 17 years old this would not be unusual for seals to start to dry out and seep refrigerant, resulting in a low charge. At this point the best thing to do is have air conditioner tune up. The technician will look for leaks, test AC performance and check refrigerant levels. If the level is low, the technician may add some refrigerant with both a dye (to check for leaks) and a sealer which may prevent or slow minor leaks.

This may be too complicated (or too dumb a question) for a column but here goes. For an electric car why can't the motor spin a belt that turns a generator that charges the battery? In gas powered vehicles we have an alternator. Why not use it or a similar device in electric vehicles? I realize there must be a very basic answer or else they would do it, but I would like to understand the reason.

The simple answer is, the car would need a very large generator and the energy needed to turn the generator under load, would still take more out of the battery than it could put back in. Electric vehicles and plug-in hybrids do use regenerative braking which does add some electricity back to the battery, but not enough to fully charge the battery, which is why these vehicles need to be plugged in. BMW in its electric I3 model could be equipped with a small gasoline engine that powers a generator. This system maintains the charge level of the high-voltage battery, so the car can run on electricity. Ford with its F-150 hybrid pickup truck has an onboard generator that can produce 240 volts at up to 7.2 kilowatts. This would be enough to charge an electric car, but it is powered by a turbocharged V-6 engine. A start up vehicle manufacturer Aptera is promising an electric vehicle that can charge up to 40 miles of range, using the sun. For many drivers this may eliminate plugging in. What you are describing is a perpetual motion machine and perhaps someday there will be one, but not yet. There is no such thing as a "dumb question."

I hope this isn't a silly question. What is the best way to vacuum the interior of the car? My home vacuum doesn't do a thorough cleaning. The car wash has vacuums, but still I can never get a good cleaning; there always seems to be some sand or dirt left over when I'm done.

There are times you need to use a shampooer and extractor to get the carpets clean. Good detail shops will vacuum up the loose dirt and debris and then use a portable carpet cleaner. The soap and water loosen up the dirt and stains and the vacuum extractor pull out the water. As a DIY approach, mix up some water and dish detergent and then use the suds and a scrub brush. You don't want to get the rugs too wet, just damp. Once you are satisfied that the carpets are clean then vacuum with a wet/dry vacuum. If the carpets are still damp, leave the doors open for a bit or even put a fan in the car to dry out the interior. No such thing as a silly question.

I have an older rear wheel drive car with a V-8 engine and automatic transmission. The car has only 55,000 miles on it. The issue is, the car has a high-speed vibration at 40 mph and 70 mph. I've had some shops look at this car and they just can't figure it out. The tires were checked and are in balance. In addition, I have had the water pump and fan clutch replaced as well as drive belts and harmonic balancer checked. The engine runs great, and transmission was rebuilt. The driveshaft was replaced with a new one, which did improve the situation, but the vibration is still there.

Since the vibration got better after the driveshaft was replaced, I would continue to focus in that area. I would look at drive shaft angle and also put a dial indicator on the drive shaft to see that it is running true. You could also try balancing the driveshaft while it is in the car. This can be accomplished with a couple of large radiator hose clamps using them as balancing weights. If you could find someone with a vibration measuring tool or even an old reed vibration meter it may help pinpoint the vibration. The issue could be an out of balance torque converter or even a poor fit between the engine and transmission.

I recently purchased a Cadillac XT5 and discovered it has no spare or jack. The Cadillac dealer says a full-size tire won't fit in the tire well and compact tires which used to be an optional purchase are no longer available. I am very uneasy about driving a vehicle without a spare, even if these are run flat tires. Several tire stores I called say they don't deal with compact tires. Even some of the local junk yard, "pull-a-part" places were no help. Am I worrying for nothing? Any suggestions?

A run flat tire has a stiff sidewall that allows the car to be driven without air in the tire. True run flat tires will give you the ability to get home, generally 50-100 miles of driving at speed under 50 miles per hour is suggested. Some cars have conventional tires without a spare but include an air compressor and tire sealant. I drive all kinds of new cars, some without spare tires and although I would prefer a spare, knowing that I can at least get to a tire store to fix or replace

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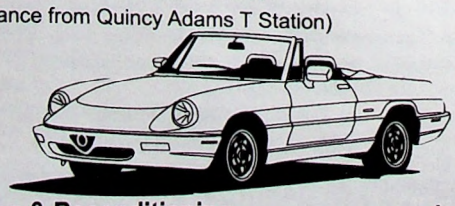
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Ask John Paul: AAA New England's Car Doctor

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the tire does make me feel better. Your Cadillac does have mobility kit, air compressor and sealant. This is handy if one of you tires has a slow leak at least you could pump it up to the proper pressure and hopefully get the tire repaired. Still, I would prefer a spare tire, in my opinion even a compact spare is better than no spare tire.

I have an unusual problem with my 2012 Mercedes Benz E350 4Matic. The car performs great, rides fine and only has 60,000 miles on it. However, when I am driving and take my foot of the accelerator, and then hit the accelerator to resume my speed, there is a sight growl or vibration that lasts a second or two. This situation is intermittent. It seems to happen at any speed. What might be the cause of this situation? I am afraid to go to the Mercedes dealership due to potential costs. Am I in for a big repair bill?

I suspect an issue with the all-wheel drive system –transfer case which is integral part of the transmission. The condition is sometimes referred to as a judder and will usually happen as you describe while turning slightly and accelerating. There is no easy or cheaper repair if this is the issue. You have two choices at this point: live with it or repair it. If you can live with it, the transmission may last a very long time. If you opt to repair it now, or even when it gets worse it will be expensive. Just to verify what I suspected, I called a local Mercedes dealer to try to get a price and was told to expect to pay at least $5,000 for the repairs.

I was wondering if people hire you to find vehicles for them. If so, how does that process work? I am looking for a relatively inexpensive Jeep Wrangler for the beach. If you do not, do you have any leads? Favorite websites? Any help will help.

There are car brokers who search for vehicles (not me, perhaps a second career). Today, new and used cars are still in short supply and people are holding on to their current vehicle longer than any time in history. The Jeep Wrangler is a fun summer and winter vehicle and also holds its value longer than many SUVs. If I was looking, I would check Jeep forums, Facebook pages, and websites such as iSeeCars, CarGurus and AutoTrader. Jeeps can also be prone to rust issues, transmission and transfer case failure and any used Jeep should be checked by a good repair shop prior to purchase.

I have a problem that I hope you can help me with. I have a 2019 Toyota Highlander. About a year ago, it started having a problem with the rear hatchback door. Sometimes when I press the button to open it, it begins to open about one foot or so but then stops. Sometimes I am unable to get it opened or closed but after a few tries it does. I brought it to the dealer who said they ran a diagnostic test but tells me everything looks okay.

I would start my erasing the vehicle computer memory (the equivalent of a computer reboot). Start with disconnecting the battery and connect the cable ends together for 15 seconds. This will clear any memory functions (including radio presets and seat memory). Now you will need to reprogram the lift gate. With the lift gate fully open push and hold the close button until it beeps four times, and the lift gate closes. This will reset the system. You will also need to reset the auto up and down feature of the windows. This is also simple: open the driver's window fully, now close the window and hold the up button for a few seconds. This should reset the automatic controls.

I have owned a 2010 VW EOS since 2012. It had about 57,000 miles on it and is great running condition. In the years that I've owned it, I have had the convertible top repaired a number of times due to failure to open or close and/or water leakage. The dealership I had covered the cost of these repairs because the EOS was still under warranty. We moved to a location that was very far away and began using another VW dealership for repairs and general servicing. The top had to be repaired about three or four times because it would stop going up and down or leaked repeatedly and had to be brought in to be fixed. These repairs were very expensive, but I was able to deal with it. Finally, I brought the EOS in due to leakage and the opening and closing of the top again. The dealership kept my car for about a week and finally called me and asked that I come in and discuss what needed to be done. When I got there, he told me that the entire top had to be replaced to the tune of $15,000 and would not be covered. The top does not work, and it still leaks.

There have been many technical service bulletins about that roof, which when it works correctly is a mechanical marvel. I have seen many seal leaks to the roof won't go up or down in hot weather. It is very complicated with servos motors and computers, but for the life of me I don't know why you would replace the steel roof when there are so many other parts to check. I would ask the VW dealer if they could contact a VW field engineer and see if they can offer a better solution than spending more on the roof than the value of the car.

My 2009 Chevy Silverado needs the passenger side upper control arm replaced according to the local garage mechanic. I have been out of the shade-tree mechanic practice for years and so am confused. Should I replace both the left and right upper control arms and ball joints? The mechanic says in order to save me money, only the one side upper needs replacement. Also, I thought that the lower control arms and ball joints bear most of the weight of the vehicle so that is most likely to go bad. Any thoughts?

You are correct in the suspension style used in your truck, the lower control arms and ball joints carry the majority of the load. It is also typical the right will wear more rapidly since the right-side tire is in the gutter of the road. Considering the cost of parts and labor these days I see no reason only repairs what is wrong now. I would also thank your mechanic for looking out for both your safety and wallet.

While waiting for various traffic lights I hear people in cars next to mine also waiting for the light, turning on and off their cars. Is the purpose of turning on and off the car to save gas and do you recommend I do this to save gas?

Many cars made in the past few years use a idle stop feature that when certain conditions are met, will stop the engine to save fuel. These cars will typically have a more robust battery and starter. In your car to save fuel, keep tires properly inflated, accelerate gradually and apply the brakes gently. Easy on the gas and brake saves fuel, stay at the speed limit and if you frequent coffee and other fast food drive throughs park the car and walk in. These small changes in driving habits have proven to save gas and improve overall miles per gallon.

We have a 2011 Ford F150 extended cab pickup truck. We have a problem with the airbag light on the dash staying on. The problem seemed to start after we adjusted the seat in order to put a child safety seat in the back seat. We have researched on the Internet and have noticed a lot of other owners having this problem – not just with this certain year and style. How do we fix this? We have tried most of the solutions mentioned and still the light is on. We have raised the seat and played with the connections but have not taken the driver's seat off yet and checked them. We have not gone to a Ford dealer due to the costs mentioned of those that have. Second question: with all the other owners complaining of this problem, how do we set in motion for a recall? This is a safety issue dealing with the airbag not functioning properly.

The first place to start is with a scan of the restraint system and read the fault codes. When the light is on there will typically be a fault or error code, that code can lead to a proper diagnosis and repair. The other issue is sometimes this can be normal. The SRS or airbag light can be on when the seat is too close to the air bag or the weight sensor in the seat detects a low weight occupant and shuts off the airbag to prevent harm to the passenger. Regarding filing a complaint go to www.nhtsa.gov and then file a complaint.

If I buy a five-quart jug of synthetic blend motor oil and use it over six months, would that be okay? With everything so expensive these days, if I see oil on sale, how long can I store it before it "expires?"

This would not be a problem; I would only caution you to seal the container after each use. Many shops use oil stored in bulk containers and this oil can easily be months old. According to various oil manufacturers the typical shelf life of unopened oil can be up to five years.

I don't know if you can help me but I'm desperate at this point. I noticed that the back passenger floor of my 2008 Mercedes C 300 was wet after it rained. On YouTube there are quite a few different cars that this happens to with all different attempts to fix the problem. Mostly, they try to unclog the drains from the sunroof. I've tried almost all possibilities to fix the problem to no avail. Most mechanics refuse to deal with this, and autobody places want to rip the interior out which will cost me a fortune. I think car dealers should be held responsible. Any advice you can give me may help.

Most water leaks are caused by clogged drains, leaky seals (doors and windows) and clogged air conditioner evaporator drains. I would start with using low pressure air and blowing out the sunroof drains. I would also look to see that the drains in the bottom of the doors are clear. If that doesn't work, I would contact a few car dealers and see if they use a "freelance" leak detection technician. These air and water leak specialists know most of the tricks and locations of water leaks. Your 14-year-old car is well outside of any warranty and the dealer or the manufacturer would not be responsible for a water leak.

Hello doc I own a 2016 Mazda CX5 with over 100,000 miles. I recently took it to the dealer for a new battery and asked to inspect the serpentine belt, to my surprise they said it looked fine. We take several trips a year and was hoping to get your thoughts on when to replace it?

We are seeing serpentine belts lasting well over 100,000 miles and even those that are 10 years old still look fine. If the belt shows no signs of glazing, cracking or fraying chances are it will be fine. Now for peace of mind for less than $300 you should be able to replace the serpentine and water pump belt and have no worries on your road trip.

I have a 2005 Chrysler Sebring convertible; I have shaking at 55 miles per hour. I have had the tires balanced four times but still have the issue. I switched front tires to rear and the shimmy moves from front to rear. One mechanic said replace the shocks and maybe the wheel is out of round. I put two different tires on to test if it was the slipped belt, but it didn't make a difference. Any thoughts?

If the shop that is balancing the tires can't detect a defective tire or out of round wheel it is time to find a new shop. Since the vibration moves with the wheels you at least know which wheel/tire is the problem. Since your car is 17 years old I would start by cleaning the backs of the wheels where they mount to the hubs. Corrosion can build up and cause the wheels to wobble. A good technician with a dial indicator should be able to look for problems and offer a solution.

John Paul is AAA Northeast's Car Doctor. He has over 40 years of experience in the automotive business and is an ASE-certified master technician.

For a personal response to your car questions, e-mail John at jpaul@aaanortheast.com or visit aaa.com/cardoctor.

Listen to Car Doctor podcast @ http://johnfpaul.podbean.com Follow John on Twitter @johnfpaul and www.facebook.com/johnknowscars.

AAA: Gas Prices Leading Charge For Americans To Buy Electric Vehicles

AAA's latest consumer survey reveals that one-quarter of Americans say they would be likely to buy an electric vehicle (powered exclusively by electricity, i.e., not a hybrid) for their next auto purchase, with Millennials leading the way (30%). Of those who want to buy electric, the common factor is a strong desire to save on fuel costs, with 77% citing this as a top reason for interest.

AAA believes with rising gas prices, Americans' conversion to electric vehicles will continue to increase. However, consumer hesitation surrounding range and accessibility to charging continues to draw concerns.

"The increase in gas prices over the last six months has pushed consumers to consider going electric, especially for younger generations," said Mary Maguire, AAA Northeast Director of Public and Government Affairs. "They are looking for ways to save, and automakers continue to incorporate cool styling and the latest cutting-edge technology into electric vehicles, which appeal to this group."

As America continues to lean into the idea of electric, AAA did find some hesitation, with top objections like range anxiety, cost and accessibility holding consumers back, including:

- Higher purchase price – 60%
- Concern there are not enough places to charge – 60%
- Concern about running out of charge when driving – 58%
- Unsuitable for long-distance travel – 55%
- High cost of battery repair or replacement – 55%
- Unable to install a charging station where they live – 31%

Automakers have made great strides to improve range, yet consumer anxiety over it remains a barrier to adoption. AAA finds that consumers have a reasonably accurate understanding of current electric vehicle range. Six in ten (60%) Americans think electric vehicles can travel between 100 to 350 miles before running out of charge, which aligns with today's electric vehicle capabilities. These findings suggest the improvement in range alone hasn't been enough to address consumer range anxi-

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Quincy Police Win Cal Ripken Baseball Championship

The Quincy Police won a thrilling Cal Ripken Baseball Tournament and Bob Foley Championship Trophy the weekend of June 25th and 26th at the Quarry Hills Baseball complex.

The Police bested the Elks Club in their opening game. Alex Saunders and Sam Abrahamovich pitched and allowed only 2 runs. Mason Eldredge had 4 hits including 3 doubles. Luke Feldman had 4 hits and Aidan McGrath had 3 hits. Alex Saunders had 2 hits, and Ronan Saunders, Sam Abrahamovich and Kevin Southworth-Mahoney each contributed a hit. Connor Thibeault reached base 3 times.

Ronan Saunders pitched the winner-take-all-championship on Sunday. He struck out 11 and also scored on a hit by Aidan McGrath in the first inning.

Mason Eldredge was the hitting star again with 2 hits and 2 RBIs. The Police played a great defensive game lead by short stop Alex Saunders, who initiated a first inning double play and seemed to be everywhere making plays in the infield. The final score was 3-1.

QUINCY POLICE recently won the Cal Ripken Bob Foley Championship Trophy. Kneeling: Luke Feldman; First Row: Connor Thibeault, Max McGillicuddy, Ronan Saunders, Aidan McGrath, Mason Eldredge, Sam Abrahamovich, Alex Saunders, Michael Ruggiero, Kevin Southworth-Mahoney, Louis Pagnani and Jesse Southworth-Mahoney. Coaches: Mike Ruggiero, Mike Feldman, Peter Currie and Bill Southworth-Mahoney. *Courtesy Photo*

John Barron pitched for the Elks and had 2 hits including an exciting top of the final inning Home Run. Aidan Scarvalas also had 2 hits for the Elks.

AAA: Gas Prices Leading Charge For Americans To Buy Electric Vehicles

Cont'd From Page 19

ety concerns as previously hoped.

"The deeper issue with range anxiety is that it's going to take more than just improving how far an electric vehicle can go to convince people to make the switch," continued Ms. Maguire.

AAA believes having a better understanding of the following aspects of electric vehicle ownership will help consumers overcome these objections.

• **Performance**: Electric vehicles are more efficient in stop-and-go traffic because the car can recapture energy from braking to charge the battery when decelerating.

• **Public vs. Home Charging**: A previous AAA survey revealed electric vehicle owners do 75% of their charging at home. Most electric vehicles come with a 120-volt, Level 1 AC charger that plugs into a standard household electrical outlet. Level 1 charging provides between 2 and 5 miles of range per hour, which is adequate for a typical U.S. driver who averages about 30 miles daily.

• **Accessibility**: Often, public charging is less accessible for people living in dense cities or multi-family housing. In those cases, public charging is the only option. The U.S. Department of Energy data suggests there are nearly 55,674 charging stations throughout the nation. While charging infrastructure has improved, more work will be needed to support greater consumer adoption in the coming years.

• **Integration**: According to previous AAA research, most owners of electric vehicles (78%) usually have one or more gas-powered or non-plug-in hybrid vehicles in the household in addition to their electric vehicles. Educating consumers on the benefits of using an electric vehicle for shorter commutes while using their gas-powered vehicle for longer trips may go a long way in addressing range anxiety while also highlighting the benefits.

• **Roadside Assistance**: AAA is synonymous with the automobile, whether electric or gas-powered, which includes servicing those members who own electric vehicles. AAA finds that much like gas-powered, the top reasons for roadside assistance for electric vehicle owners include issues with tires or needing a tow, but rarely for running out of charge.

Simply improving the range of electric vehicles will not be enough to calm consumer anxiety and encourage them to give these vehicles a chance. However, with continuous education on electric vehicle ownership coupled with more consumers seeing their neighbors convert, the popularity surrounding electric vehicles will grow. For those interested in learning more or who need help with selecting their first or even next electric vehicle, check out the AAA Car Guide. This resource provides consumers with reviews highlighting how many advanced driver assistance systems (ADAS) are included in the vehicle, along with other criteria and information. All category winners for 2022 are electric, plug-in electric hybrid, or hybrid vehicles.

New Treatment Available For Beech Leaf Disease

Cont'd From Page 12

nates on the impacted tree(s) 1-2 times during the growing season."

Barth urges homeowners to understand that this is an experimental opportunity and while the results are promising, Davey cannot yet be certain of the success of treatments on large trees. Regardless of the outcome, participation in this program will generate data that may help the future survival of Beech trees in the community.

If residents spot evidence of the disease, contact Barth's office or call (866) 489-8310. They can also report to the DCR Forest Health Program at Nicole.keleher@mass.gov or (857) 337-5173. Any details you are able to provide about the location, symptoms and severity of the disease, or any pictures of the tree will help monitoring efforts of the progress of this disease in the Commonwealth.

BEECH LEAF DISEASE (BLD), which happens when tiny nematodes burrow in the leaf buds of trees for the winter, can damage the leaf tissue of American Beech tree species. The degradation can weaken the tree and make it more susceptible to other diseases, and eventually kill the tree. *Courtesy Photo*

The Davey Tree Expert Company, established in 1880 and headquartered in Kent, Ohio, provides research-driven tree services, grounds maintenance and environmental consulting for residential, utility, commercial, and environmental partners in the U.S. and Canada. With 11,000 employees, Davey Tree is the eighth largest employee-owned company in the U.S. Visit www.davey.com to learn more about Davey Tree and discover your next career opportunity.

Photography For Smart Phones Topic July 30 At Library

Love those flowers or other colorful subjects in nature?

Want to take better images of people, pets, nature or other subjects with your smart phone?

The Thomas Crane Public Library invites the public to "Photography for Smart Phones" with Joy Marzolf on Saturday, July 30, from 2 to 3 p.m. In case of inclement weather, this program will be moved to the Community Meeting Room inside the Main Library.

Learn tips on composition, lighting and other ways to improve your photography. Also addressed will be some of the optional settings, including editing, available on many cell phones that can lead to better images.

Registration is required for this event. Visit the Crane Library website.

The program is sponsored by the Friends of the Thomas Crane Public Library.

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The Quincy Sun.com

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ADOPTION STATUS

I, Ramola Grace Dharmaraj, hereby publish my adoption of Massachusetts as my permanent home and domicile effective the date of March 20, 2022. 7/21

PERSONAL

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past, I have asked for many favors.
This time, I ask you this very special favor (*mention favor*). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine.
Amen.
Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. E.K. 8/4

In Loving Memory
Doris V. Blake-Menz
July 4, 1919 - July 25, 2016
Deputy Chief John R. Menz
August 31, 1918 - September 1, 2003
Love,
Your Son Doug 7/21

Remember DON KUSSER
The Constitution: Then and Now
QATV
Remember:
GOD BLESS AMERICA 7/21

PERSONAL

PRAYER TO THE BLESSED VIRGIN

"Oh, most beautiful flower of Mt. Carmel, Fruitful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mother, I place this cause in your hands (three times). Say this prayer 3 consecutive days, and then you must publish and it will be granted to you. MCB 7/2022 7/21

Thank you Bob Bosworth for all you do for the community.
Your commitment to Quincy is much appreciated. 7/21

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The Quincy Sun CLASSIFIED AD FORM

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- ❑ Services
- ❑ For Sale
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- ❑ For Rent
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11 WEEKS OR MORE	❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

OBITUARIES

Mary H. Warner, 77

Mary H. (Heeney) Warner, age 77, of Quincy, Mass., formerly of Kittery, Maine, died peacefully, Monday, July 11, 2022, in the comfort of her home, surrounded by her loving husband, daughter and sister.

Mary was born in Portsmouth, N.H., to the late John B. and Inez (Sanborn) Heeney. Raised and educated in Kittery, Maine, she was a graduate of Traip Academy in Kittery, Class of 1963. She later attended Boston University. She raised her daughter, Dawn (Cole) Darling with Lester Cole in Rochester, N.H. For the past twenty-seven years, she has lived with her adoring husband and best friend, Matthew J. Warner, in Quincy, Mass.

Mary was always a trailblazer in her careers at Liberty Mutual, Kendall Insurance, McCracken Computer, Inc. and CCB Associates. For most of her career, she was a computer programmer/analyst working on Insurance Industry Software. After retiring, she worked as a consultant for several years.

Mary loved to knit and she enjoyed teaching others her beautiful craft as well. She enjoyed many girls weekends away at craft fairs and fiber festivals, taking classes, knitting and spending quality time with her girlfriends. She loved all things books and she was an amazing seamstress. She spent much of her free time volunteering at the Quincy Animal Shelter. Mary loved the ocean. It was her happy place. She was a great listener, she was compassionate, stoic and kind. If you were fortunate enough to meet Mary, she could quickly make you feel as if you were never a stranger.

MARY H. WARNER

If you had the pleasure of a porch sit with Mary and Matt, it was something you would never forget and always look forward to doing again. Mary and Matt were fortunate to have traveled with family to places like the Grand Canyon, India, Italy and Sicily where they visited the municipality of Piriano where Matt's grandparents were born.

In addition to her loving husband, Matthew, and devoted daughter, Dawn, Mary is survived by her beloved grandson, Kyle P. Darling and his partner Emily Leese, of Oregon; her dear sister, Ann L. Heeney, of New Market, Md., many nieces and nephews, a great niece and nephew, and the special souls like herself, that made up her extended family of friends and neighbors. Until next time, "Welcome to the Porch!"

A Celebration of Mary's life will be held at a later date.

In lieu of flowers, donations in Mary's memory may be made to the Quincy Animal Shelter, P.O. Box 690088, Quincy, MA 02269 or the Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Isabelle Rose Finnemore, 10

Isabelle Rose Finnemore, of Valrico, Florida, formerly of Quincy, died peacefully at her home, surrounded by her loving family on Saturday, July 9, 2022. She was 10.

Isabelle was born on July 18, 2011, in Weymouth, Massachusetts. She was raised in Massachusetts and Florida, attending Atherton Hough Elementary School, Riverview Academy and Fishhawk Creek Elementary School.

Isabelle was a bright person, full of energy, and enjoyed being active. She was the type of person who liked to keep busy and go on adventures. Isabelle loved riding with her father on his motorcycle and being out in nature. Just before her illness, Isabelle hiked a one-thousand-foot mountain, Mt. Willard, in New Hampshire. Isabelle also enjoyed training Martial Arts with her father.

Isabelle was a thrill seeker who loved all amusement park rides. Her family remembers Isabelle going on the Tower of Terror and laughing at how scared the teenagers were when she was only four. Those things didn't scare Isabelle, she thrived on it. Isabelle, also, loved horror movies. She would analyze and critique them, always knowing what was going to happen and who did what. She always pointed out plot holes and predict the endings. Isabelle was a movie and television connoisseur. She and her parents would watch everything together. Her all-time favorite television show was "Stranger Things". After her diagnosis, the Make-A-Wish Foundation made it possible for Isabelle to meet Millie Bobby Brown, who stars in "Stranger Things" as Eleven.

Through all the difficulties Isabelle experienced recently, she never lost her innate gifts of kindness, love, and selflessness. Isabelle was always making sure that others were happy and comfortable. She would often check on the wellbeing of her family members, buy gifts for loved ones and read to her little sisters.

Isabelle was a collector of many things, some of which included pop sockets,

ISABELLE ROSE FINNEMORE

horror blankets, wrestling action figures, movies and FYE memorabilia. When home spending time with her family, Isabelle liked to journal, keep up with wrestling, and play with her pets, Freyja and Ragnar, as she adored all animals. Isabelle was described as an overall "kick-ass-kid". She was sassy, direct, compassionate, strong, genuine, and passionate about life. The most important part of her life was to be with her mom, dad, and sisters. Isabelle's life has left a lasting impression on all the lives she touched.

Isabelle was a cherished daughter of Adam and Jennifer Finnemore of Valrico, Florida. She was an adored granddaughter of Richard and Maryan Brundige of Quincy, Charles Finnemore and his wife Laura of New Hampshire, and Tina Walters and her husband Russ of Massachusetts. Isabelle was the devoted sister of Lily and Emilia Finnemore, both of Valrico, Florida. She is also survived by many loving aunts, uncles, cousins, extended family, and friends.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Friday, July 22, 2022, 4-7 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy, MA.

Her funeral service will be celebrated on Friday, July 22, 2022, at 7 p.m. at Keohane Funeral Home, Quincy. Cremation will follow. Interment is private.

In lieu of flowers, memorial contributions may be sent in Isabelle's name to The Cure Starts Now by visiting: https://p2p.thecurestartsnow.org/513.

See www.Keohane.com for directions and online condolences.

Kenneth Drain, 64

Kenneth Drain of Norwell, formerly of Quincy, passed away on Thursday, July 14, 2022. He was 64.

He was born in Boston to Mary Claire (Tully) and James F. Drain and raised in Quincy. After graduating from North Quincy High School, Kenneth went on to earn his associate degree from Quincy Junior College and then took courses at UMASS Boston. He worked as a custodian at Quincy Hospital and then for the United States Postal Service for many years.

Kenneth was an avid sports fan and enjoyed cheering on the Red Sox and Patriots. His number one team however was always the Boston Bruins and was especially a fan of Bobby Orr. He faced every day with an excellent sense of humor and admirable strength despite all the challenges he faced. He will be truly missed by all who knew him.

Cherished son of Mary Claire (Tully) Drain and the late James Drain. Loving brother of Gretchen DJ Scott and her husband Robert of FL, Julianne Ricciuti and her husband Charles of Weymouth, Jennifer Gay and her husband Chris of Attleboro, Timothy Drain and his wife Jennifer of

KENNETH DRAIN

Mansfield, and Amy D. Stephens and her husband James of Dennis. Devoted partner of over 20 years to Maureen Sullivan of Quincy. Also survived by many nieces, nephews, grandnieces and grandnephews.

Relatives and friends are respectfully invited to greet the family during the visitation on Wednesday, July 20 from 9-10 a.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 10 a.m. on Wednesday prior to the Funeral Mass in St. Ann's Church, Quincy at 10:30 a.m. Burial will be private.

In lieu of flowers, donations in memory of Kenneth may be made to My Brother's Keeper, P. O. Box 338, Easton, MA, 02356. Please see www.Keohane.com for directions and online condolences.

William G. Manning, 87

William G. Manning, age 87, of Holbrook, formerly of Quincy, died peacefully, Friday, July 15, 2022 at the West Roxbury VA Medical Center.

Bill was born in Boston, to the late William J. and Catherine (Niles) Manning. He was raised and educated there. He lived in Holbrook for the past twenty-nine years, previously in Quincy for fifteen years.

Bill was employed as an exterminator with the former T.A. Sheehan Company in West Roxbury and later worked independently before retiring many years ago.

Bill proudly served in the U.S. Air Force in the 1950s during the Korean conflict and had also served in the U.S. Marine Corps Reserve.

He was an active member of Saint John the Baptist Parish in Quincy. He led self-help groups in the former Saint John's School where he also served as building manager for twenty years.

Loving partner for forty-nine years of Mary G. Kirby of Quincy.

Dear brother of Robert Manning and his wife Ellie, Gerard Manning and his wife Susie, all of Florida, Kathleen Bogosh and her husband Roger of Norton, Patricia Clark and her husband Ronnie of Holbrook, Teresa Keefe and her late husband William of Weymouth and Bill's little pet dog, "Poppy".

Bill is also survived by many nieces, nephews, and their families.

A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Wednesday, July 20, at 10 a.m. Relatives and friends are invited to attend. Interment, with military honors, to follow at The Gardens Cemetery, 670 Baker St., West Roxbury. At Bill's request, visiting hours have been omitted.

In lieu of flowers, donations in Bill's memory may be made to the Saint John's Food Pantry, c/o 556 Washington St., Quincy, MA 02169.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

In Loving Memory on Your Birthday

ALLAN G. TAYLOR
July 16, 1943 - February 14, 2022

Happy Heavenly Birthday, Allan.
We love you and miss you every day.

Kathy, Jimmy, Len, Linda and the Little family

Honor Your Loved One's Memory With Flowers

cliffords.com
1.800.441.8884

Mary L. Curtis, 68

Mary L. (Lucia) Curtis, age 68, passed away peacefully on June 27th at Melbourne Regional Hospice Center in Melbourne, Florida.

Born June 12, 1954 in Quincy, MA, Mary was raised and educated in Quincy. She moved to Melbourne, Florida two years ago.

Mary is the daughter of the late Lola and Hawley Lucia, and was the stepdaughter of the late Rosario Buscemi.

Mary was well known in the community from her many years of being a waitress and serving customers of Quincy and the surrounding communities. Mary worked for Dunkin Donuts for more than 30 years. Mary was a great friend to all that knew her. Always had a pot of coffee ready, along with a friendly chat and lots of laughter.

She adored her family and friends and love spending time with them. She enjoyed crafting, playing bingo and going to Foxwoods.

Mary was predeceased by the love of her life, her husband William Curtis of Quincy. Mary is survived by her beloved son, John Curtis, and his companion Nancy Cutter and her children Todd, Alex and Maeve of Melbourne, Florida. Mary was the loving grandmother of Julia Curtis of Cape Ca-

MARY L. CURTIS

naveral, Florida. Mary is also survived by her many siblings and their families. Joanne (and Anthony) Distasi of Carver, MA, Joyce Wadsworth of Rockland, Maine, Cathy (and Joe) Conti of Braintree, MA, Pamalia Buscemi (and Tim Finnegan) of Foxboro, MA. and Donald (and Ann) Buscemi of Duxbury, MA.

A beloved Aunt to Cheri Stewart, Ashley & Joey Conti, Jerry & Jimmy Wadsworth, Nick & Patricia, (and the late Christina) Distasi, Jason Lucia, and Ronnie (and the late Donnie) Buscemi and Joseph and Wayne Anthony Buscemi.

She was the sister of the late John Lucia, Jeanette Stewart and Wayne Buscemi.

Mary will be greatly missed by all that were blessed to know her. At Mary's request, and those of her family, Mary's services were private.

Linda M. Spear, 71

Linda Marie Spear (Primavera), passed suddenly at age 71 on July 10, 2022. Predeceased by her son, Jeff Spear, her sister, Rosemary Dennehy (Primavera), her parents Anthony and Margaret Primavera (Poreca), and her former husband, James Spear. Survived by her granddaughter whom she adored, Keira Perito of Braintree, four brothers (Anthony Primavera and his wife Shirley of Wisconsin, John Primavera and his wife Pamela of Middleboro, James Primavera and his wife Yvonne of Plymouth, and Joseph Primavera), two sisters (Diane Cooper and her husband John of Quincy, and Carolann Primavera of Rockland), and many nieces and nephews.

Linda was born and raised in Quincy, Massachusetts, and was a graduate of Quincy High School's Class of 1969. She received two associate degrees from Quincy Junior College and attended Boston University's school of dental medicine. Linda loved walking, going to the gym, reading, and her cats. Her nieces and nephews have fond memories of her from when they were young, remembering Aunt Linda as someone

LINDA M. SPEAR

who tried to make you feel thought of and special with small gestures. Spending time with her alone was a treat. Linda enjoyed spending the holidays with her family, mostly the Christmas season where she knew would be with the whole family each year. She loved her late son above all else, and her family knows that she can rest happy with him again.

Services for Linda will be at a later date. In lieu of flowers, donations in Linda's name can be made to the MSPCA, 350 Huntington Ave, Jamaica Plain, MA 02130, or to the American Cancer Society at cancer.org or 1-800-277-2345.

Funeral arrangements under the care of the Hamel-Lydon Chapel. For online condolences, please visit hamellydon.com.

Mario Casali, 95

Mario Casali of Braintree, died peacefully at his home surrounded by family on July 16, 2022, at the age of 95.

Born in Quincy on Dec. 20, 1926, he was the son of the late Bernardina and Erminio Casali. Married on June 3, 1950, he was the devoted husband to Norma (Gullicksen) Casali.

During Mario's junior year at Quincy High School, he was called to serve and joined the Navy. When World War II ended a year later, he returned to QHS and graduated in 1946. It was there that he met the love of his life, Norma. Theirs was a love story for the ages. Mario often said that Norma was "the best thing that ever happened to me." They lived in Newport, RI, and eventually settled in Braintree, MA, where they raised their family of three daughters and a son. Mario enjoyed spending summers with his family at the camp he built on Rattlesnake Island, Lake Winnipesaukee. Mario and Norma were devoted to one another throughout their 72 years of marriage.

The GI Bill gave Mario the opportunity to attend Boston University where he played hockey for the Terriers, who made it to the NCAA finals. He graduated with a degree in education in 1950 and began his teaching career in Quincy in 1952. For the next 30 years, he taught physical education and coached football, basketball, and baseball at Central Junior High School. He retired in 1995 after spending 15 more years as a guidance counselor for the Quincy School System.

Mario also volunteered his time as a referee for youth hockey in Braintree and Quincy. After retirement, he was voted into the Quincy High School Football Hall of Fame and served on the Hall of Fame's board. He was also active in the Quincy Retired Teachers Association. In his later years, he enjoyed jigsaw puzzles and treasured spending time with his great-grandchildren.

Mario was an extraordinary person who touched the lives of everyone he met with his smile and charisma. His positive outlook and counseling were invaluable to all the people in his life. Mario loved telling stories, and he was good at it. One of his favorite phrases was,

MARIO CASALI

"just one more, this will be the last one". How lucky his family and friends are that he kept going!

Whether you knew him as Mario, Mike, "Mud", or Coach, The Quincy Sun put it best: "If you define a great coach as one who has made a positive influence on the lives of others, then Mike Casali is among the greatest this city has ever had." As a coach, winning was less important to him than his relationships with his students. Mario cared deeply about his students, and for some, he changed the course of their lives. Because of his influence, many became teachers and coaches themselves. They continued lifelong relationships with him, right up to his last days.

In addition to his wife, Mario was the devoted father of Joan Casali of Braintree, Marilyn Endicott and her husband, Bill, of Laconia, NH, Nancy Carey and her husband, Dave, of Foxborough, and Jack Casali and his wife, Cathy, of Norfolk. He was also the proud grandfather of Joey Sico, Michael Sico, Brian Curran and Jamie Richardson, Katie and Steven Kummer, Daniel Casali, Jonathan and Deanna Casali, and Sarah Casali, and the loving great-grandfather of Abigail Rose Kummer and Anthony Mario Casali. Mario was the brother of the late Mary Conroy and her husband Michael Conroy and the loving uncle of Michael Conroy, Cathy Stachowski, Terry O'Connor, Mary Meany, and Paul Gardiner.

Relatives and friends are respectfully invited to greet the family during the visiting hours which will be held on Thursday, July 21, 2022, from 4 to 7 p.m. at the Keohane Funeral Home, 785 Hancock St., Quincy. A private burial will be held at a later date at Mount Wollaston Cemetery, Quincy.

In lieu of flowers, the family requests that donations be made to the Quincy Retired Teachers Association, 34 Coddington Street, Quincy, MA, 02169.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

House Passes $4.2 Billion Economic Development Bill

The Massachusetts House of Representatives last week passed an economic development bill, which utilizes American Rescue Plan Act (ARPA), Fiscal Year 2022 (FY22) surplus funds, and bonds to make significant investments across several vital sectors of the economy, and to give back to low and middle-income residents in Massachusetts by providing one-time rebates and significant tax relief beginning in 2023.

Funded at $4.2 billion, the legislation addresses disparities exacerbated by the COVID-19 pandemic through one-time investments in health and human services, the environment and climate mitigation, economic development, housing, and food insecurity.

"As Massachusetts residents continue to face severe inflation and economic uncertainty, I'm proud of the action taken by the House today that will provide low and middle-class taxpayers with much needed financial relief," said House Speaker Ronald J. Mariano (D-Quincy). "Included in this legislation are several significant tax relief proposals, over $2.5 billion worth of one-time industry targeted investments, economic relief rebates for qualifying taxpayers, and a newly established source of revenue to fund the state's early education and care system. These are vital forms of real, tangible economic relief. I want to thank Chairs Michlewitz, Cusack, Parisella, Gregoire, and Hunt, as well as all my colleagues in the House, for the hard work required to put this ever-important economic development package together."

"By passing this session's $4.2 billion economic development bill, the House has taken significant steps to provide relief to residents across the Commonwealth," said Rep. Tackey Chan (D-Quincy). "This package will, amongst other things, increase the rental deduction, increase the amount of earned income tax credit, reform estate taxes, update the senior circuit tax credit permanently, invest in our healthcare system, and encourage development of new affordable housing units. This legislation provides the state with the permanent tools to invest in our state's low and middle-income communities as well as the sectors who have been the most impacted by the pandemic. I am grateful to the Speaker and my colleagues for passing this wide-reaching economic development package together."

"This economic development bill is a historic investment in our communities and in the lower- and middle-class families that help drive our economy," said Rep. Bruce Ayers (D-Quincy). "The financial relief it provides individuals across the Commonwealth will help us continue to recover from the impacts of COVID-19. The investments it makes in our cities, towns, hospitals, community health centers, and in our environment will keep Massachusetts moving forward in a strong, fiscally responsible manner."

Earlier this session, the Massachusetts Legislature passed a bill appropriating $4 billion in ARPA and FY21 surplus funds. Just over $1 billion remains in ARPA funds, which must be allocated by 2024 and spent by 2026.

Taxpayer Energy & Economic Relief Fund

Following $500 million worth of premium pay bonuses for low-income workers that were issued in March and June of 2022 under the Legislature's Essential Employee Premium Pay Program, the economic development bill passed by the House includes one-time rebates of $250 for a taxpayer who files an individual return, and $500 for married taxpayers who file joint returns that will be issued before September 30, 2022. These rebates are expected to be issued to about two million Massachusetts residents who reported earning between $38,000 and $100,000 for individual filers, and between $38,000 and $150,000 for joint filers in 2021. The one-time rebates will not be subject to state's personal income tax.

Permanent tax changes

The bill passed last week makes significant changes to the Massachusetts tax code to provide structural relief to millions of residents across all income levels. These include:

- Increasing the Child and Dependent Care Credit from $180 per child to $310 per child, as well as eliminating the current cap of $360 for two or more children. This is expected to impact over 700,000 families.
- Increasing the Earned Income Tax Credit (EITC) from 30 percent to 40 percent of the federal credit. This is expected to impact about 396,000 taxpayers with incomes under $57,000.
- Increasing the Senior Circuit Breaker Tax Credit from $750 to $1,755. Currently, the Department of Revenue caps this credit at $1,170 due to cost-of-living adjustments over the $750 set in statute. Increasing it to $1,755 in statute is expected to impact over 100,000 taxpayers who own or rent residential property in Massachusetts as their principal residence.

Cont'd On Page 31

Mario (Mike) Casali - A City Institution - Remembered

Cont'd From Page 15

coach Mario 'Mike' Casali as the school committee dedicated the new gym in honor of his career.

"Every kid in the class was my guy to focus on," Mr. Casali said at the dedication. "If you needed help I helped you. The child came first to me and I treated all of them the same.

"Any success I've had can be contributed to the cooperation of everyone at the school, the faculty, the cafeteria workers, the secretaries, the custodians, the parents, and most importantly the student. It's all about the students. I'm getting all the accolades tonight, but if it wasn't for you people reacting to what I had to say I would be nothing."

During the dedication ceremony school committeeman, and former student and player for Mr. Casali, Paul Bregoli, spoke of Casali's career and how he touched thousands of lives during his 40-plus years in the Quincy Public Schools system.

"I met Mr. Casali as a third grader at Gridley Bryant School at a time when we had Phys Ed twice a year with a gym teacher," said Bregoli. "Four years later our paths would cross again when I arrived at Central Junior High and Mr. Casali was the gym teacher there. I had the great fortune of having him as a teacher and a coach for three years. It was during this time I began to realize that a special man had entered my life."

Also speaking in tribute to Mr. Casali was Mayor Thomas Koch, the chairman of the school committee.

"I just briefly wanted to say what a joy it is to join with my colleagues in honoring you and your legendary service and mentoring to so many youngsters," Koch said. "Simply put, this world needs more Mr. Casalis. Thank you for your service."

Two plaques hang on the wall outside the new Central gym. One is a picture of Mr. Casali and the other reads: "The Central Middle School Gymnasium is dedicated to Mario (Mike) Casali – teacher, coach, mentor, colleague – Central Junior High School 1954-1980."

To many, Mario (Mike) Casali was a mentor who always made every student feel special. During his closing remarks at the dedication ceremony he continued that legacy with some words of wisdom to teachers, students, parents and friends.

"If you find someone that isn't quite with the crowd, or there is something you don't like about them, stop and think about it. Think if you were in their position how would you feel," said Mr. Casali.

"If you want to help that person out, bring them into the crowd. Maybe they aren't as handsome as you are, maybe they don't have the same clothes as you have, maybe they're not as lucky as you are at home, but help them out. I have found that knowing all of you students, as students, you've come around and proved that the method that I used was the best method and I am here because of you."

Mario (Mike) Casali was much more than an educator and coach. He was a Quincy institution.

MARIO (MIKE) CASALI speaks at a ceremony in December 2013 dedicating the gymnasium at Central Middle School in his honor. "Any success I've had can be contributed to the cooperation of everyone at the school, the faculty, the cafeteria workers, the secretaries, the custodians, the parents, and most importantly the student," said Mr. Casali, a beloved retired coach and guidance counselor. "It's all about the students. I'm getting all the accolades tonight, but if it wasn't for you people reacting to what I had to say I would be nothing." Mr. Casali passed away July 16. He was 95 years old.

Quincy Sun File Photos

Those who benefitted from his guidance and tutelage will sustain his legacy for years to come. May his impact on the lives of so many youngsters be remembered forever.

Mr. Casali's obituary appears on Page 23.

MARIO 'MIKE' CASALI (second from right) unveils the two plaques dedicating the new Central Middle School gymnasium in his honor in December 2013. With Mr. Casali (from left) are: Mayor Tom Koch, School Committeeman Paul Bregoli, and his wife, Norma.

FAMILY OF MARIO (MIKE) CASALI share a proud moment after the Central Middle School gymnasium was dedicated in Mr. Casali's honor for his 40-plus year career with Quincy Public Schools. The ceremony was held in December, 2013 before a Quincy School Committee meeting. Mr. Casali (second from right) spent 26 years of his QPS career as a physical education teacher and coach at the old Central Middle School. With him at the dedication are his wife and children, from left: Nancy Carey, Joan Casali, Jack Casali, wife Norma Casali, and Marilyn Endicott.

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, §5-304 & §5-405

Docket No. NO22P0871PM

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021

In the matter of:
Margery B. Picot
Of: Quincy, MA
RESPONDENT
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Mark Picot of Cohasset, MA in the above captioned matter alleging that **Margery B. Picot** is in need of a Conservator or other protective order and requesting that David Picot of Cohasset, MA (or some other suitable person) be appointed as Conservator to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **08/10/2022**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 7, 2022
COLLEEN M. BRIERLEY
Register of Probate

7/21/22

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO22P1739EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Mary J. Cascarano
Date of Death:
2/14/2021

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Frank M. Cascarano** of **Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Frank M. Cascarano** of **Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 08/10/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

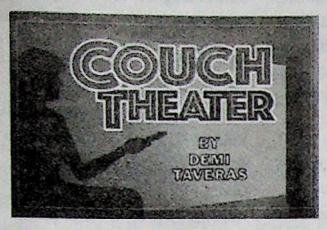
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 6, 2022
COLLEEN M. BRIERLEY
Register of Probate

7/21/22

QUINCY SUN FUN PAGES



"The Sea Beast" (PG) — There once was a time when sea beasts would reach the shores of civilization, putting many people in grave danger. It was only until sea beast hunter Jacob Holland (voiced by Karl Urban), and many other warriors, swore to protect people from the frightening monsters and push them far away from the shores. When a little girl named Maisie comes face-to-face with the legendary sea beast hunter, she secretly stows away on Jacob's ship, determined to help him fight monsters. Upon finding her on board, Jacob cannot seem to get rid of this headstrong little girl, or even fully protect her as he wishes to, as she throws him into the craziest adventure of his life yet. (Netflix)

"The Bob's Burgers Movie" (PG-13) — After being delayed for almost two years, the film adaptation of the beloved "Bob's Burgers" series has now reached streaming platforms for fans to enjoy at home. Taking place as summer begins, a sinkhole opens up right in front of the Belcher family's burger restaurant, threatening the destruction of their establishment. However, Louise does some poking around and uncovers a skeleton within the sinkhole. The landlord responsible for fixing the sinkhole, Calvin Fischoeder, is assumed to be the killer and gets arrested — falsely, according to the Belchers, leading the chaotic family of five into a mayhem-filled goose chase to figure out the true killer and fix the sinkhole before it's too late. (HBO Max/Hulu)

"Minamata" (R) — Based on the book of the same name by Aileen Mioko Smith, "Minamata" is an incredibly profound film that focuses on the effects of mercury poisoning that occurred in Minamata, Japan. In 1971, W. Eugene Smith, a photographer for "Life," is on another work assignment when he gets approached with the task of photographing the terrible effects that mercury poisoning had on the citizens of Minamata. Since the story was covered up by the company responsible for the pollution leading to these effects, Smith realizes that his photos are the only way to bring justice to the victims and tell their stories. Johnny Depp stars as W. Eugene Smith in "Minamata," out now. (Hulu)

Courtesy of Amazon Prime

Mia Isaac and John Cho star in "Don't Make Me Go."

"Don't Make Me Go" (R) — Single father Max (John Cho) is on a learning curve with his teenage daughter, Wally (Mia Isaac), who has reached the age all parents dread — the age when it's nearly impossible to tear a teenager away from their phone or their friends. But Max receives terrible news that he has a terminal illness, with the only form of treatment being a very risky surgery. Unsure of how to tell Wally, Max decides to take her on a road trip for the rest of her summer break, with the intent of teaching her as much as he can and spending as much time with her as possible. This movie's an instant tear-jerker, so have your tissues handy. (Amazon Prime)

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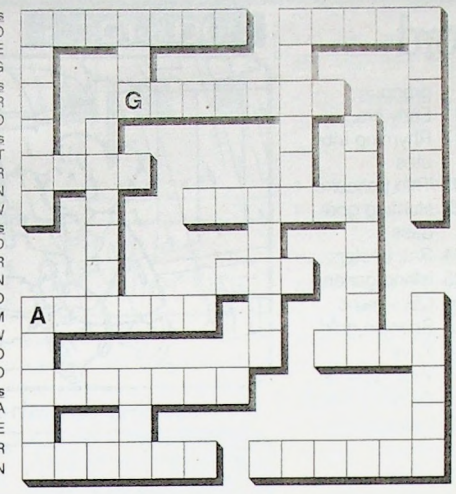
Puzzles4Kids

by Helene Hovanec

CRISSCROSS – "DO" WORDS

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

3 Letters: ADO, DOE, DOG
4 Letters: ODOR, REDO
5 Letters: ADOPT, DONOR, DOZEN, ENDOW
6 Letters: ADORED, DOLLAR, DOMAIN, OVERDO, RANDOM, SHADOW, TUXEDO, VOODOO
7 Letters: GONDOLA, IDOLIZE, OUTDOOR, SUNDOWN



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Contract Bridge

SCINTILLATING PLAY

West dealer.
Both sides vulnerable.

NORTH
♠ 7 6
♥ J 10 9 8 5 2
♦ A 10
♣ A K Q

WEST
♠ Q 8
♥ A K Q
♦ 9 4 3 2
♣ 9 6 4 3

EAST
♠ A 3
♥ 7 4
♦ J 7 6 5
♣ 10 8 7 5 2

SOUTH
♠ K J 10 9 5 4 2
♥ 6 3
♦ K Q 8
♣ J

The bidding:

West	North	East	South
Pass	1 ♥	Pass	1 ♠
Pass	2 ♥	Pass	3 ♠
Pass	3 NT	Pass	4 ♠

Opening lead — king of hearts.

This deal occurred in a pairs championship. Most of the South players wound up in four spades, and South then either made the contract or went down one.

West usually started by cashing the K-A of hearts, then shifted to a diamond. Declarer won in dummy, led a spade and, when East followed low, went into a trance.

Those declarers who played the king made four spades, losing only two hearts and a spade. Those who finessed the jack lost to the queen and went down one.

A good case can be made for playing the king instead of the jack, but whether this is technically the correct play is debatable. It can be argued that West, having shown up with the A-K of hearts, is unlikely to have the ace of spades also, thus making the king a better play than the jack. But against this it can be argued that East might have had the A-Q-x, making the jack the winning play.

At one table, the argument for or against the king play was entirely academic. South went down one, and there was nothing he could do about it. Here, after cashing the A-K of hearts, West decided that there was no good reason to shift to a diamond and so continued with the queen of hearts.

East put on his thinking cap at this point and emerged with the killing play. He trumped his partner's high heart with the ace(!), after which declarer could not avoid losing a second trump trick to West's queen.

East reasoned that by ruffing with the ace, he could defeat the contract if his partner had either the Q-x or J-x-x of spades. East couldn't have been more right.

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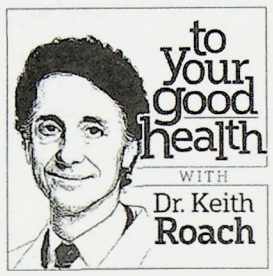
by Steve Becker



EKG Test Result May Be A Sign Of Heart Block

DEAR DR. ROACH: I recently had an EKG that showed first degree heart block and "inferior infarct, age undetermined." What does that mean? What should I do to make sure it doesn't get worse? I will be seeing a cardiologist in a few months to get an exercise stress echo. What is that? -- *C.P.*

ANSWER: The EKG uses the electrical activity in the heart to give important information about the structure and function of the heart. Although it is a very useful test, it isn't perfect.

"First degree heart block" just means that the electrical impulse in the heart is a little slow. By itself, it is not concerning, but it does suggest there is a risk of other heart problems, such as second or third degree heart block. These sometimes do need treatment (a pacemaker). It's something to keep an eye on, but it's possible to have first degree heart block for decades without progression.

An "infarct" is a heart attack. The EKG has characteristic findings of heart attack, which can be localized to a particular part of the heart. In your case, that is the bottom part of the heart, which is supplied by the right coronary artery. This type of heart attack is often complicated by first degree heart block, which may explain why you have that result.

A stress test looks for damage to the heart, and especially looks to see if part of the heart is at risk for another heart attack. With a stress echocardiogram, the heart is "stressed" by exercise or by medication to speed it up, and the movement of the heart is carefully examined by sound waves. This test can help determine whether you really did have a heart attack and whether you need treatment to help prevent another one.

Many people who have had a heart attack never knew it. Either they had no symptoms, or they thought it was something else, such as stomach upset (heart attacks in the inferior part of the heart often feel like stomach problems). But if you have had a heart attack, then certain medicines, such as aspirin, beta blockers and statin drugs, are very helpful in preventing another. If the stress echo is worrisome, the cardiologist may recommend an angiogram, which is the best test we have at identifying parts of the heart at risk for heart attack. It also allows the doctors sometimes to open up blockages in the arteries.

***

DEAR DR. ROACH: My cardiologist just started me on rosuvastatin (Crestor). What's the best time of day to take this medicine? -- *J.M.*

ANSWER: The majority of cholesterol synthesis in the body happens at nighttime, so for statin drugs that don't last very long in the body, it's better to take them at night. This is particularly true with fluvastatin (Lescol), lovastatin (Mevacor) and simvastatin (Zocor).

The other statin drugs last so long in the body, it doesn't really matter what time of the day you take them, although it's best to take them the same time every day.

Many people take high blood pressure medicines along with a statin, and studies suggest improved outcomes taking blood pressure medicines at night, so it is better for many people to take all of their medicines at the same time for convenience.

***

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Comfort foods

Made fast and healthy

by Healthy Exchanges

Peanut Butter and Banana Smoothie

Skip the ice-cream shop. Blend these two great tastes together right in your own kitchen and save yourself money and calories.

- *1½ cups cold fat-free milk*
- *1 cup (1 medium) diced ripe banana*
- *2 tablespoons reduced-fat peanut butter*
- *1/2 cup sugar- and fat-free vanilla ice cream*

In a blender container, combine milk, banana and peanut butter. Cover and process on BLEND for 30 seconds. Add ice cream. Re-cover and process on BLEND for 15 seconds or until mixture is smooth. Serve at once. Serves 2 (1¼ cups).

• Each serving equals: 258 calories, 6g fat, 13g protein, 38g carb., 216mg sodium, 3g fiber; Diabetic Exchanges: 1 Fruit, 1 Fat-Free Milk, 1/2 Meat, 1/2 Fat, 1/2 Carb.

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FLASH BACK POP, ROCK & SOUL TRIVIA

BY MICK HARPER

1. How did Gary U.S. Bonds get his name?
2. Which artist wrote and released "You'll Lose a Good Thing"?
3. How and when was Usher discovered?
4. Name the song that was pieced together with lyrics from a Cossack folk song ("Koloda-Duda") and an Irish melody.
5. Name the song that contains these lyrics: "With each beat of my heart, for every day we are apart, I'll hunger for every wasted hour."

Answers

1. Born Gary Anderson, his promo records were sent to radio stations in papers sleeves with the words "Buy U.S. Bonds" printed on them.
2. Blues singer Barbara Lynn, in 1962. Her version was used in the "Hairspray" film in 1988. Freddy Fender released his own cover in 1975.
3. Usher (born Usher Raymond IV) competed in a "Star Search" singing competition at the age of 13 and was quickly hustled to an audition with a record producer who signed Usher on the spot. His first album, however, was put on hold when his voice changed.
4. "Where Have All the Flowers Gone," by Pete Seeger in 1955.
5. "I'm Gonna Make You Love Me," by Dee Dee Warwick, in 1966. A notable later cover was done by a collaboration between the Supremes and the Temptations in 1968.

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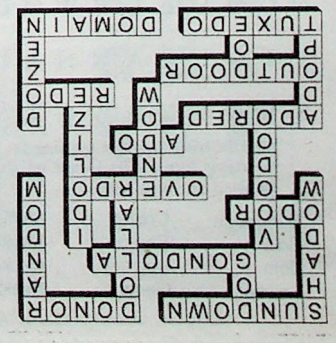
Puzzles4Kids

Answer

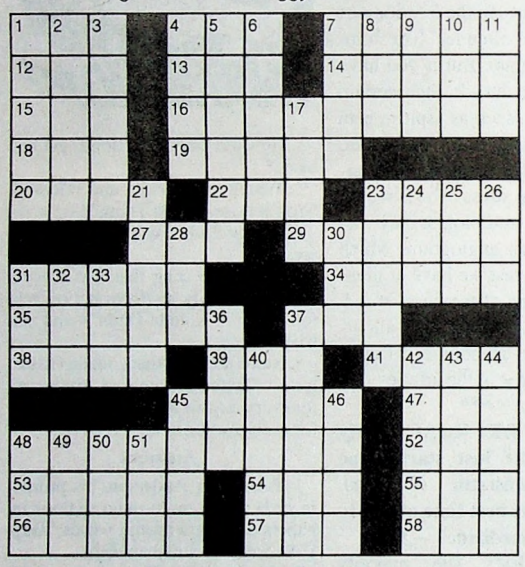


SUN FUN PAGES

King Crossword

ACROSS
1 Baseball's Ripken
4 Glacial
7 Mrs. Flintstone
12 Baton Rouge sch.
13 Extinct New Zealand bird
14 Figure of speech
15 "— showtime!"
16 Parthenon locale
18 "The A-Team" actor
19 Le — (French news-paper)
20 Pear type
22 Sugary suffix
23 Actress Tyne
27 Director Howard
29 Cut up, as a pizza
31 Metric measure
34 Desert haven
35 Tam topper
37 "Ray Donovan" actor Voight
38 Money maven Orman
39 Vichy water
41 Latin love
45 Shadow
47 Mimic
48 Maryland's capital
52 Composer Rorem
53 Got wind of
54 Kreskin's claim
55 Big D.C. lobby
56 Authority
57 ACLU issues
58 Small batteries

DOWN
1 Scale
2 Houston player
3 Has an intense craving
4 Mosque leader
5 Butterfly protector
6 Tales
7 Use a sponge
8 Altar promise
9 Dogpatch adjective
10 Miss Piggy's pronoun
11 Early hrs.
17 Rhyming tributes
21 Thin pancake
23 Hunting goddess
24 Rm. coolers
25 Island garland
26 QB's gains
28 Spanish gold
30 Privy
31 Vinyl records
32 Debtor's letters
33 Celeb gossip site
36 Office note
37 Legal expert
40 More skilled
42 Food from heaven
43 Verdi work
44 — a beet
45 High hairstyle
46 Nile vipers
48 Spa sounds
49 PBS funder
50 Opposing vote
51 MGM motto start



HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Fence is shorter. 2. Raincoat is different. 3. Leash is shorter. 4. Stripe is missing. 5. Sign is missing. 6. Puddle is smaller.

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Salome's Stars

ARIES (March 21 to April 19) You face the possibility of raising your relationship to another level. However, your partner might demand that you make promises you're not sure you're ready for.

TAURUS (April 20 to May 20) As changes continue, expect things to get a little more hectic at your workplace. An unexpected travel opportunity could open new career prospects.

GEMINI (May 21 to June 20) Confront the person who caused your hurt feelings and demand a full explanation for their actions. You'll not only recover your self-esteem, but you'll also gain the respect of others.

CANCER (June 21 to July 22) That personal problem in the workplace is compounded by someone's biased interference. Stand your ground, and you'll soon find allies gathering around you.

LEO (July 23 to August 22) You don't accept disapproval easily. But instead of hiding out in your den to lick your wounded pride, turn the criticism into a valuable lesson for future use.

VIRGO (August 23 to September 22) That former friend you thought you'd cut out of your life is still affecting other relationships. Counter their lies with the truth. Your friends are ready to listen.

LIBRA (September 23 to October 22) What appears to be an unfair situation might simply be the result of a misunderstanding. If you feel something is out of balance, correct it.

SCORPIO (October 23 to November 21) A stalled relationship won't budge until you make the first move. Your partner offers a surprising explanation about what got it mired down in the first place.

SAGITTARIUS (November 22 to December 21) A co-worker shares some startling news, but before you can use it to your advantage, make sure it's true. The weekend favors family matters.

CAPRICORN (December 22 to January 19) Your usual conservative approach to family situations might not work at this time. Keep an open mind about developments, and you might be pleasantly surprised.

AQUARIUS (January 20 to February 18) Plans might have to be put on hold because of a family member's problems. Don't hesitate to get involved. Your help could make all the difference.

PISCES (February 19 to March 20) Relationships in the home and in the workplace need your careful attention during this period. Be careful not to allow misunderstandings to create problems.

BORN THIS WEEK: You have a keen, insightful intellect and enjoy debating your views with others who disagree with you. You also love to solve puzzles – the more challenging, the better.

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Trivia test

by Fifi Rodriguez

1. TELEVISION: Which "Star Wars" character did Tina Fey dress as in the sitcom "30 Rock" to avoid jury duty?
2. GEOGRAPHY: What is the largest desert in Africa?
3. HISTORY: Who was the first American to win a Nobel Prize?
4. ANATOMY: Where in the body is blood produced?
5. MOVIES: Which movie features a theme song titled "Dueling Banjos"?
6. U.S. STATES: Which state was the first to make same-sex marriage legal?
7. SCIENCE: Where did the first manned spacecraft land on the moon?
8. LITERATURE: Which 20th-century Southern novel features a character named Frankie Addams?
9. MUSIC: What is the first movie that featured the singer Elvis?
10. AD SLOGANS: Which company's slogan once was "At the corner of happy and healthy"?

Answers
1. Princess Leia
2. The Sahara
3. President Theodore Roosevelt, Peace Prize
4. Bone marrow
5. "Deliverance"
6. Massachusetts
7. Sea of Tranquility
8. "The Member of the Wedding"
9. "Love Me Tender," 1956
10. Walgreens

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MAGIC MAZE ● WORN AROUND THE NECK

K N K I L F C Z W U R P M J H
E R C W Z X U E S Q N L J G E
C Z A X V T C R P G N L J W H
E H E L C A C R A V A T A O Y
S I W V L T R P E F N T L B K
I G T K E O D N A L R A G X C
N E C K E R C H I E F A B O Z
X E O L C W U G B S R F C P D
N O O L L E B W O C M L U S J
I T G E O A N N A D N A B M D
S B A Y X B W U T S Q P O N L

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: MINK —

Bandanna	Cravat	Muffler	Oxbow
Boa	Dog collar	Neckerchief	Scarf
Bolo	Dog tag	Necklace	Shawl
Cowbell	Garland	Necktie	

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Wishing Well®

8	7	4	8	6	5	2	8	5	8	3	5	2
R	B	A	A	S	B	W	I	E	N	B	C	A
4	5	8	2	4	3	4	2	3	7	2	3	7
B	H	Y	Y	R	E	I	O	O	E	U	P	C
4	2	4	5	8	7	2	7	4	3	2	7	4
E	T	F	A	D	O	I	N	E	E	D	S	N
8	2	8	3	4	5	8	5	4	8	4	5	3
A	E	Y	N	C	R	S	I	O	A	U	T	T
8	2	6	3	4	5	3	7	4	6	5	4	7
R	A	P	O	N	A	C	I	T	R	B	E	D
4	6	8	2	7	8	6	8	3	8	3	5	7
R	E	E	S	E	G	A	O	H	N	A	L	R
8	6	3	5	3	7	6	3	6	7	6	7	6
E	D	N	E	G	A	H	E	O	T	P	E	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **V** equals **L**

FA J SQFVV ZBQYBJWR KCGGJWSZ ZCVSFBQZ RC QFZB RC REBFQ ABBR, 'F'S KJVV REJR J ZRJWSFWY CQSBQ.

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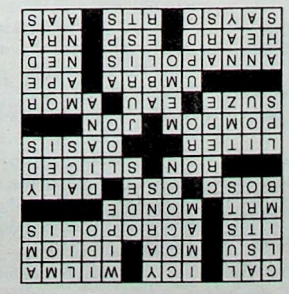
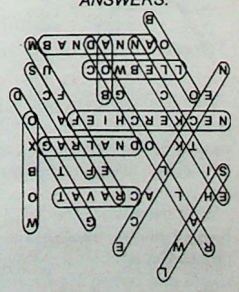
King Crossword — Answers

Solution time: 26 mins.



Magic Maze ANSWERS:



CryptoQuip answer

If a drill sergeant commands soldiers to rise to their feet, I'd call that a standing order.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – I was 11, and Carol Burnett was 26 when we first met. I haunted a candy store next to the off-Broadway Phoenix Theater, where Carol was starring in "Once Upon a Mattress." When she became a regular on "The Garry Moore Show," I was her guest at tapings each week. Had it not been for Carol, you might not be reading this. "The Carol Burnett Show" became a classic CBS variety series, and she became a legend.

At 89, Carol's in her third marriage to Hollywood Bowl Orchestra drummer Brian Miller, and they're celebrating 21 years together come November. The "Carol Burnett Show" and "Mama's Family" have been huge successes in syndication for years. She could easily rest on her laurels, but happily, she's signed to be a regular in the 10-part Apple TV+ series "Mrs. American Pie," produced by and starring Oscar-winner Laura Dern, who's assembled a great cast: Kristen Wiig, Allison Janney, Ricky Martin and Josh Lucas. It's about a woman trying to break into Palm Beach Society. Thanks, Carol, for pointing me in the right direction.

***

Obviously taking a cue from Lin-Manuel Miranda's mega successful "Hamilton," which depicted all of our forefathers diversely (the only non-person-of-color being King George III), a revival of the classic musical "1776" is now headed to Broadway, getting booked for the Ahmanson Theater in Los Angeles from April 5 to May 7, 2023. This production will feature a cast of female, trans and nonbinary performers. Since the show originally consisted of mostly 23 men and only 2 women – being about the Continental Congress' creation of the Declaration of Independence – the question is, Are they rewriting history, or are they just taking many liberties?

***

Movie theaters may finally be getting their audiences back. It's going to be a three-way fight between "Top Gun: Maverick," which joined the billion-dollar film club after one month in release; "Jurassic World: Dominion," which reached a billion-dollar gross in half the time; and "Elvis," which swiveled out of the gate strongly and is nipping at their heels. Moviegoers were stunned by Tom Hanks' portrayal of Col. Tom Parker, partly because they didn't know Parker was a greedy, ruthless man who purposely held Elvis Presley back to make more money. Sept. 8 will bring Hanks as "Pinocchio's" father, Geppetto, and on Dec. 25, he'll be a grumpy retiree in "A Man Called Otto." Tom Cruise turned 60 on July 3, and if "Elvis" eventually beats "Maverick" at the box office, does that mean Tom will be cruised out to pasture by an Elvis impersonator?

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	−		×		5
×	■	÷	■	×	■
	−		÷		2
−	■	+	■	−	■
	÷		+		8
6	■	5	■	9	■

1 1 2 3 4 5 6 7 8

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Animal Footstools – Footstools were used to elevate the feet of a person sitting in a chair as long ago as ancient Egypt. The stool was usually rectangular with four small feet. In the following centuries, footstools were made as long rectangles with four or more feet.

Small stools were kept for use by small, seated children whose feet could not reach the floor. Footstools were often made to match the upholstered furniture in the 19th and early 20th centuries. Ambitious housewives covered footstools with their needlepoint work.

In 1927, a man named Dimitri Omersa, who made luggage for the Liberty of London store, created a footstool shaped like a pig from leftover leather. He waxed and polished the leather. The store started to sell his footstools, and today there are 39 different Omersa & Company animal footstools sold by Liberty, Abercrombie & Fitch and other expensive stores. The footstools retail for about $3,000.

* * *

Q: I inherited my father's antique bottles that he collected and traded in the late 1980s and '90s. They are mostly whiskeys, sodas, beer, tonics and cures. It's a very extensive and valuable collection. I'd like it appraised for full or partial sale. I recently sold four boxes of sodas for $5,000. Any help is appreciated.

A: You need an expert to look at your father's bottle collection. Some of your father's bottle-collecting friends may be able to give you an idea of value or suggest an appraiser. Remember, you will have to pay for an appraisal. Be sure to tell the appraiser that you want the retail value, not an appraisal for insurance purposes only. Contact the major glass auctions to see if they are interested in selling the collection. They will tell you what they think they can get for the bottles. Ask how the sale will be advertised and what the commission and other charges will be.

* * *

CURRENT PRICES

Mickey Mouse doll, stuffed cloth, four stitched fingers, black jacket with gold fabric bands, red baggy pants, bow tie, yellow stuffed shoes each with a bell, tag, "Gund MFG Co, Swedlin Inc Licensee, 200 5th Ave, N.Y.C. 10," 29 inches, $95.

Paper, poster, Billy Joel concert, Moore Theater, Seattle, November 21, 1976, portrait, white on black ground, 22 x 13 3/8 inches, $425.

Lamp, electric, ceramic base, double baluster form, flared cup top, shades of blue, etched patterned bands, Bitossi, marked Made in Italy, mid-1900s, 23 inches, pair, $940.

Print, Gene Kloss, Pueblo Leader, Native American man, drypoint etching, titled in corner, signed in pencil by artist, numbered 46 of 50, mid-1900s, framed size 25 x 22 inches, $1,770.

* * *

TIP: A white ring on a tabletop is in the finish, a black ring is in the wood. It is easier to remove a damaged finish ring than a wood stain.

* * *

Identify, price and learn more about antiques and collectibles with a Kovels.com membership. Advice on downsizing, settling an estate and buying and selling. Six decades of expert advice all in one location – Kovels.com.

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Strange BUT TRUE

• "Americanha" is a word used by Nigerians to refer to folks who visit the U.S. and then put on American airs when they return.

• The Supreme Court has its own private basketball court.

• You thought it was hard to get into Harvard University? Try getting hired by Walmart! The former institution's admittance rate of 4.5% still beats that of the store chain, which has an employee acceptance rate of just 2.6%.

• Lake Superior State University in Michigan offers a unicorn hunting license.

• An art collector once paid $10,000 for a "non-visible" sculpture created by actor James Franco. What did she get for her moolah? Well, since the artwork was billed as an "endless tank of oxygen," we'd say...air, which most of us can find a lot cheaper.

• And speaking of frugality – a man wore 60 shirts and nine pairs of jeans on an 11.5-hour flight from China to Africa because he didn't want to pay the extra baggage fee.

• Cows moo with regional accents.

• The town of Dorset, Minnesota, elects a new mayor every two years by drawing names from a hat, and in 2015, that honor went to 3-year-old Robert Tufts. His laudable motto: "Being nice and no poopy talk."

• According to a 2014 study published by the Los Angeles Times, one in nine Americans, or 11% of the population, thinks HTML is actually a disease.

• Britain's Secret Intelligence Service once hacked an al-Qaida website and replaced bomb instructions with a cupcake recipe.

***

Thought for the Day: "Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts." – *Rachel Carson*

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Now here's a tip!

by Jo Ann Derson

• "I finally got a new car, and there's no cassette player in it. I have a pretty large library of music on tapes, so I was a little bummed. My wife got me a little device that looks like an old Walkman, and it hooks up to the computer. I can convert my cassettes to digital songs, which I can burn onto CDs. It would cost hundreds of dollars to re-buy all that music, and there are some tapes that I couldn't replace even if I had the money, so this is great." – *C.C. in Ohio*

• "I love old books, and there are always a few I am looking for that are out of print. It seems like when I get inside a used-book store, I forget everything. So I made a card that I keep in my wallet and on it I list all the authors or titles I am after. This way, I have it handy all the time." – *C.D. in Florida*

• Apricots are a relative of the peach, and they can be ripened just like a peach can – in a paper bag on the counter. They should be refrigerated when ripe.

• "I went to a tag sale and purchased a set of really cute flowerpots for barely anything. I like them so much that I am using them inside my house. They are holding utensils in the kitchen, and remotes and other odds and ends in the living room. They are great!" – *S.I. in Texas*

• Laundry baskets can be your best friends when decluttering the house. Go from room to room collecting the clutter in a laundry basket, then bring it to a central location to sort and redistribute items that belong in each room.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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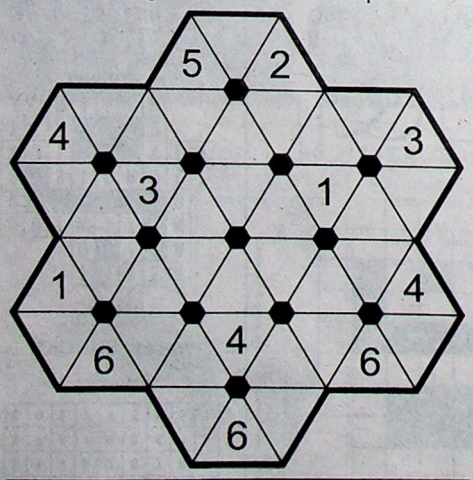
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

by Terry Stickels

1) You may know that three musicians are a trio. Four are a quartet. What do you call 11 musicians?
2) If you overheard a group of people using the terms *foliar feeding*, *panicle*, *scarification* and *topiary*, they most likely are discussing what?
3) One of the following is not an actual interval of time. Which one? *tricennial, sesquicentennial, duodecennial, octennial, antimonial*

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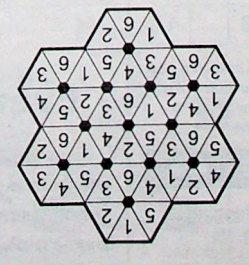
SNOWFLAKES solution



Go Figure! answers

2	−	1	×	5	5
×	■	÷	■	×	■
7	−	1	÷	3	2
−	■	+	■	−	■
8	÷	4	+	6	8
6	■	5	■	9	■

Stickelers Answer

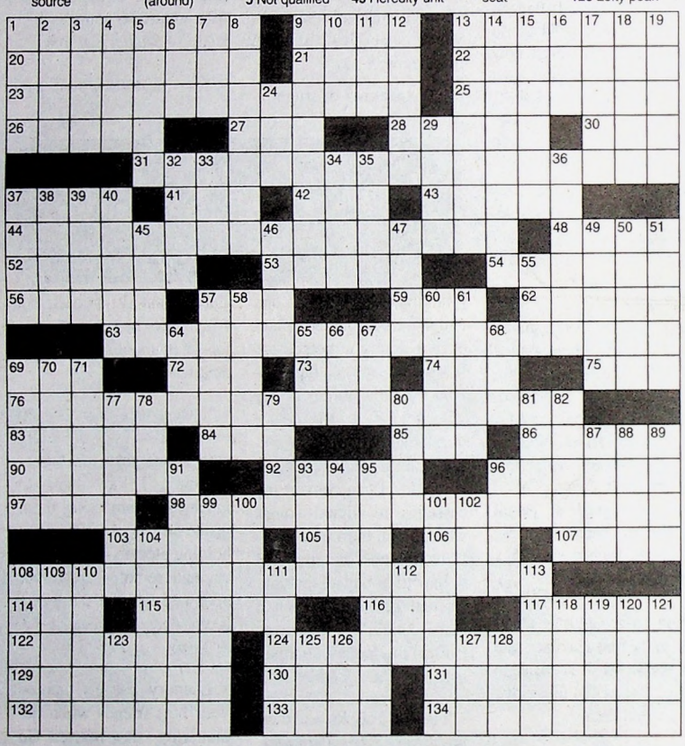
1) undecet
2) gardening
3) antimonial

Super Crossword

ALMOST INDIVISIBLE

ACROSS
1 Compositions of a classical tradition
9 Financial: Abbr.
13 Toddler girl, to Scots
20 16th-century Spanish explorer
21 Wind quintet instrument
22 Ancient French region
23 Low-value red card
25 Dangerous current
26 20-ounce Starbucks drink
27 Body design, for short
28 Transmission repair chain
30 Adult fellows
31 Witches in "Macbeth"
37 Apple choice
41 Sculling item
42 Suffix with Midwest
43 Rose petal oil
44 1992 Tony nominee for Best Musical
48 Seniors' org.
52 Tricky pitch
53 Big fad
54 Pet allergy source
56 From days of yore
57 Luggage screeners' org.
59 Univ. dorm overseers
62 Listerine competitor
63 Oedipus-themed Aeschylus play
69 A-E linkup
72 Docs' gp.
73 Herr's "one"
74 Hanks of "Big"
75 Raised trains
76 Instrument players gifted in a Christmas song
83 Log house
84 Bullring shout
85 Some RNs work in them
86 Make ecstatic
90 Figure skater Yamaguchi
92 "Jack Sprat could — fat"
96 Aquarium bed material
97 Fabled snow beast
98 Virginia and Georgia were part of them
103 Pried (around)
105 Meal crumb
106 Raw metal
107 Title for Judi Dench
108 Hearst bimonthly with beauty and dating tips
114 Former U.K. record co.
115 Fake
116 Muhammad of the ring
117 Feudal lord
122 Be averse to
124 What the starts of the longest answers in this puzzle are?
129 One making modifications
130 Helper
131 Homer with nobody on
132 Straightens up
133 Red-ink entry
134 Upper layers of fertile earth

DOWN
1 Shakespeare play ending
2 T. — Price
3 Disney sci-fi film of 1982
4 Not worth debating
5 Not qualified
6 Feeling blue
7 Cruel Amin
8 People painting, e.g.
9 Shoes and boots
10 Arabic for "son of"
11 Lay turf on
12 Romero of "Batman"
13 Grows fond of
14 Drew forth
15 Wife, to Juan
16 Back muscle, for short
17 "One Day at —" (sitcom)
18 Supply- — (certain economist)
19 Camille Saint- —
24 Alluring West
29 Eve's partner
32 60 minutes
33 Solar beam
34 Witty Bombeck
35 Don Juan's mother
36 Seance state
37 "In case that's true ..."
38 Place for grist
39 Rah-rah
40 Surrenders
45 Heredity unit
46 University sports org.
47 Actress Laura
49 Casa brick
50 Drive away
51 The "P" of AP
55 Hearth refuse
57 Score speed
58 Escargot
60 Moving
61 Doesn't go on
64 Moving truck
65 Grand opening?
66 Inspired stuff
67 Electees, e.g.
68 "Eww, no more!," in a text message
69 Mark Twain's Thatcher
70 Writer — Boothe Luce
71 Red-ink entry
77 Brand for sore eyes
78 Doc using an otoscope
79 Look intently
80 Menial worker
81 Detective Wolfe
82 Thyroid, e.g.
87 Sports shoe brand
88 Overbrim
89 Otherwise
91 "Someone's already claimed that seat"
93 Proton holder
94 Prefix with byte
95 Tennis, volleyball and badminton
96 Narrow valley
99 Dogs closely following their owners
100 15th of the month, maybe
101 Most snug
102 "... — quit!" (threat ender)
104 Blazing
108 Roomy auto
109 Novelist Zola
110 Lookout view
111 Kathmandu's nation
112 Heady drink
113 "Tickle Me" dolls
118 — facto
119 K thru 12
120 Earth science subj.
121 Guesses on costs: Abbr.
123 Allow to
125 Grande opening?
126 Age-verifying docs.
127 Failing tic-tac-toe row
128 Lofty peak



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celebrity extra

by Dana Jackson

Q: I'm really enjoying "The Boys" on Amazon Prime. Is Jack Quaid, who plays Hughie Campbell, related to Dennis Quaid or his brother, Randy? Also, where have I seen the actor who plays Billy Butcher? He looks familiar. – *C.B.*

A: Jack Quaid is the son of actor Dennis Quaid and actress Meg Ryan. Randy Quaid is his uncle. He's been acting in TV and films for the past decade. His first role was playing Marvel in "The Hunger Games" and its sequel "Catching Fire." After multiple guest-starring television roles, he landed a regular voiceover gig in the animated series "Star Trek: Lower Decks." He also was cast in the latest chapter of the "Scream" movies.

New Zealander Karl Urban plays Billy Butcher in "The Boys." His first role was on a soap opera in his native country called "Shortland Street," and he later appeared on several episodes of the hit syndicated series "Xena: Warrior Princess." His biggest break came in 2002 as Éomer in two of "The Lord of the Rings" blockbuster films, and from there, his career has been on a continuous upper trajectory. You probably recognize his handsome mug from the Fox sci-fi/crime series "Almost Human," costarring Michael Ealy and Minka Kelly.

"The Boys" has been a hit on Amazon and has already been picked up for a fourth season, which should be ready to stream in mid- to late 2023.

***

Q:We have been huge fans of "Heartland" on Netflix, having just finished watching season 14. We were shocked that Ty is no longer on the show. Why did the actor leave? – *E.S.*

A: "Heartland" is based on the series of books by Lauren Brooke and set in the foothills of the Rockies in beautiful Alberta, Canada, starring Amber Marshall and, until recently, Graham Wardle. According to entertainment site Looper, actor Graham Wardle's exit from the long-running show was of his own choosing. He apparently approached the show's creator, Murray Shostak, two years ago, saying he wanted to focus on his non-acting endeavors, including his faith-based podcast "Time Has Come." So far, he hasn't returned to television, but I wouldn't rule it out entirely.

***

Q: Whatever happened to Andy Garcia? I first saw him in "The Untouchables" years ago, but I haven't come across him since. – *R.E.*

A: Andy Garcia first gained attention back in 1987 when he played George Stone, a special agent on Eliot Ness' (Kevin Costner) investigative team in "The Untouchables." His career continued to soar in the '90s with starring roles in movies like "Internal Affairs," opposite Richard Gere, and "The Godfather Part III," which earned him an Oscar nomination.

He later co-starred in films like "Ocean's Eleven" and its sequels, and most recently, he played the father in the third version of the classic film "Father of the Bride." (Previous patriarchs were Spencer Tracy in 1950 and Steve Martin in 1991.) It's a role he can certainly relate to, as two of his own daughters got married this summer.

Jack Quaid

Photo credit: Depositphotos

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Tea pot	K _ _ _ _ _	Put down roots	S _ _ _ _ _
2. The very edge	_ _ _ _ _ K	Fetch	_ _ _ _ _ G
3. Pinch pennies	_ C _ _ _ _	Seafood favorite	_ H _ _ _ _
4. Dab	_ _ _ U _ _	Flambeau	_ _ R _ _ _
5. Give permission	_ _ _ _ _ W	Apportion	_ _ _ _ _ T
6. Estuary	_ _ _ U _ _	Calendar division	_ _ _ N _ _
7. Granny chair	_ _ _ _ _ _ R	Spaceship	_ _ _ _ _ _ T
8. Actor DeVito	_ A _ _ _ _	Singer Osmond	_ O _ _ _ _
9. Two score	_ _ _ _ _ N _	Sylvester's nemesis	_ _ _ _ _ E _
10. Fad	_ _ _ Z _ _	Hoisting machine	_ _ _ N _ _

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Weekly SUDOKU

by Linda Thistle

		3			4		6	
	2		9			5		
1				8				9
8			5				7	
		1			6			4
	5			3		2		
3				2				5
	7		1				4	
		2			5	8		1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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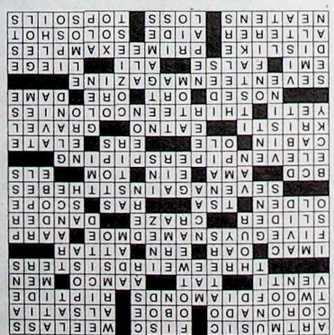
Super Crossword

Answers



Even Exchange

answers

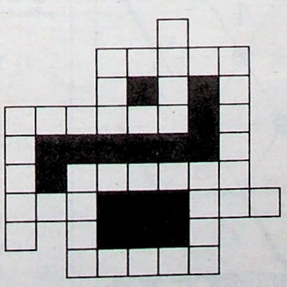
1. Kettle, Settle
2. Binge, Bring
3. Scrimp, Shrimp
4. Touch, Torch
5. Allow, Allot
6. Mouth, Month
7. Rocker, Rocket
8. Danny, Donny
9. Twenty, Tweety
10. Graze, Crane

FEAR KNOT

By: rj johnson

DOUBT? ...OR DARE!

TRO
LOTSER
♥ MELRA
TEIX
WUITTO
XEV
♥ RAST
♥ ERVOT
♥ WTO
♥ BERMAL
♥ AREXT
MOUV



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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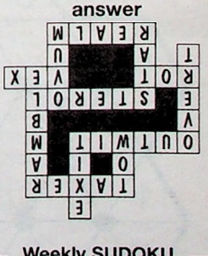
FEAR KNOT

answer



Weekly SUDOKU

Answer

9	8	3	2	5	4	1	6	7
4	2	7	9	6	1	5	8	3
1	6	5	3	8	7	4	2	9
8	4	9	5	1	2	3	7	6
2	3	1	8	7	6	9	5	4
7	5	6	4	3	9	2	1	8
3	1	4	6	2	8	7	9	5
5	7	8	1	9	3	6	4	2
6	9	2	7	4	5	8	3	1

Amber Waves

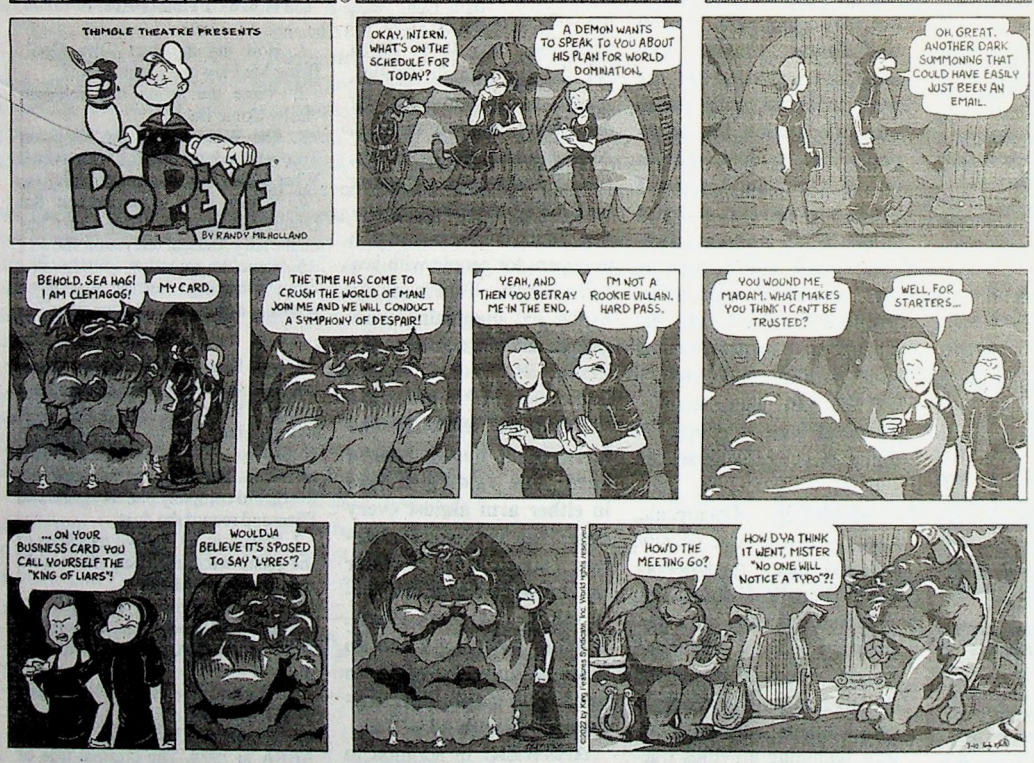
by Dave T. Phipps

Out on a Limb

by Gary Kopervas

R.F.D.

by Mike Marland



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Smirk
PRIMES ___ ___ ___ ___ ___ ___

Crafty
STATUE ___ ___ ___ ___ ___ ___

Process
ATONIC ___ ___ ___ ___ ___ ___

Route
AWPATHY ___ ___ ___ ___ ___ ___ ___

"Can I offer you something while you wait for my daughter — a _____, perhaps?"

TODAY'S WORD

___ ___ ___ ___ ___ ___ ___ ___

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

1	(5)	3	■	2
(5)	■	(1)	3	4
3	4	■	1	(5)
4	■	2	■	3
(2)	(1)	(5)	4	■

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

4	4	6	4	7	4	1
2	7	4	5	1	6	3
7	6	3	4	2	4	4
1	6	5	7	5	2	5
5	6	2	3	4	7	3
4	3	1	4	5	4	2
6	4	4	1	3	5	6

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Paw's corner

by Sam Mazzotta

How to Get a Pet Cleanup Station in Your Neighborhood

—

DEAR PAW'S corner: The sidewalks of my small town are often littered with dog waste. There is a town ordinance requiring owners to pick up after their dogs, but it's clearly not being enforced. I read that installing pet waste stations throughout the community can greatly reduce this problem. How do I convince the town to do this? – *Gloria G. in Ohio*

Dear Gloria: Dog waste stations, which provide small plastic or compostable waste pickup bags and a covered can to dispose of poo, can not only improve the sidewalks in your town, it can improve water quality in local streams and lakes. Runoff from piles of dog poop add nitrogen and phosphorus to nearby water systems, depleting oxygen and endangering aquatic life.

You can help fix this by calling attention to the problem and getting community support for pet pickup stations.

1. Contact your local municipality. Find out how to put forward a pet waste proposal. Sometimes one is on the table already; learn how you can join an ongoing effort to get approval for pet waste stations.
2. Install a pet pickup bag dispenser. If local ordinances allow it, set up a waste bag dispenser at the edge of your yard or driveway.
3. Enlist others in the cause. The best allies in this initiative are other responsible dog owners who you meet walking their dogs. Start a conversation, then a Facebook group, then an in-person meeting. The more stakeholders in the initiative, the faster it can happen.
4. Be prepared for pushback. You'll have to answer questions like: How will the town pay for these stations? Who will maintain them? Are there other property or HOA issues to consider? It may take time, but with a little research and some positive conversations with neighbors, your town's dog poo problem could soon be a thing of the past.

Send your questions, tips or comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of July 18, 2022

—

Video On Demand

1. Father Stu (R) Mark Wahlberg
2. The Unbearable Weight of Massive Talent (R) Nicolas Cage
3. Morbius (PG-13) Jared Leto
4. The Lost City (PG-13) Sandra Bullock
5. Dog (PG-13) Channing Tatum
6. Uncharted (PG-13) Tom Holland
7. Sonic the Hedgehog 2 (PG) Jim Carrey
8. Ambulance (R) Jake Gyllenhaal
9. Top Gun* (PG-13) Tom Cruise
10. Spider-Man: No Way Home (PG-13) Tom Holland

DVD, Blu-ray Sales

1. Fantastic Beasts: The Secrets of Dumbledore (PG-13) Warner
2. The Bad Guys (PG) DreamWorks
3. Morbius (PG-13) Sony Pictures
4. Top Gun* (PG-13) Paramount
5. The Batman (PG-13) Warner
6. The Unbearable Weight of Massive Talent (R) Lionsgate
7. Spider-Man: No Way Home (PG-13) Sony Pictures/Marvel
8. Uncharted (PG-13) Sony Pictures
9. Firestarter (R) Universal
10. The Northman (R) Universal

*Re-release

Source: Comscore/ Media Play News

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Hitori answer

4	4	6	4	7	4	1
2	7	4	5	1	6	3
7	6	3	4	2	4	4
1	6	5	7	5	2	5
5	6	2	3	4	7	3
4	3	1	4	5	4	2
6	4	4	1	3	5	6

SCRAMBLERS solution

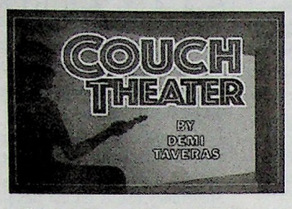
HAIRCUT

Today's Word

3. Action; 4. Pathway

1. Simper; 2. Astute

MORE SUN FUN



Doctor Strange in the Multiverse of Madness (PG-13) — Taking place after the events of "WandaVision" and "Spider Man: No Way Home" in the Marvel Cinematic Universe, the second Doctor Strange film follows Strange as he meets America Chavez, a young girl from another universe who is being sought for her power to travel through the multiverse. Strange also meets Wanda Maximoff, who, since "WandaVision," has been taken over by the Darkhold and converted into the merciless Scarlet Witch. Strange doesn't realize this and reveals America's powers, inciting Wanda to use America to her advantage. Strange must now fight to protect America from a witch blinded with rage, all while traveling through alternate universes. Sounds easy enough. (Disney+)

House of Gucci (R) — This fashionable film is quite the intriguing watch, especially for those who have no prior knowledge about Gucci's history. Lady Gaga portrays Patrizia, a young woman who works with her father at his trucking firm, right when she meets Maurizio Gucci (Adam Driver) at a party. Maurizio is a law student, but his father, Rodolfo, owns 50% interest in the Gucci fashion house, which Maurizio will inevitably inherit. Patrizia and Maurizio hit it off easily, albeit with some of the romance preplanned by Patrizia, and she pushes him to obtain full ownership of his fashion house. Now putting Maurizio at odds with other members of his family, it's only a matter of time before the power-hunger inside Patrizia and Maurizio gets the better of them. (Amazon Prime)

The Princess (R) — Joey King, who you might've seen in the "Kissing Booth" trilogy or "The Act" as Gypsy Rose Blanchard, stars as the titular character in this nutty period piece out on streaming now. It's the story we've all heard before: A princess, due to wed a very wicked man who overtakes her kingdom, gets locked away in a tower. But what makes this film unique is the pure chaos that follows this headstrong princess; fully trained in combat, the princess furiously fights — and by fight, I mean putting fully grown men down on their backs — her way out of the tower and refuses to rest until she avenges her kingdom and slays the horrible man in charge. (Hulu)

Courtesy of Hulu

Joey King stars in "The Princess"

Hello, Goodbye, and Everything in Between (TV-14) — Clare and Aidan are in their senior year of high school and face the question presented to every high-school couple of that age: Are you two going to make it work through college? Well, Clare and Aidan surprisingly have got it all figured out. They made a pact to break up before they leave for college in an attempt to avoid either of them getting their heart broken. So, on their final date before going away, they decide to relive all of their firsts to close their chapter out — but what they didn't expect is that their final date might have the opposite effect than they intended. This bittersweet rom-com is out now. (Netflix)

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Puzzles4Kids

by Helene Hovanec

CODED RIDDLE

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

X I B U J T U I F I B S E F T U Q M B D F G P S

_____

B O J D F D S F B N U S V D L U P E S J W F ?

_____

P O B S P D L Z S P B E.

_____

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Comfort foods

Made fast and healthy

by Healthy Exchanges

Butter Bean Salad

Need a last-minute potluck dish? Here's a side that's plain and simple — but oh, so tasty!

- *2 (15-ounce) cans butter beans, rinsed and drained*
- *1 cup chopped celery*
- *1/2 cup chopped green onion*
- *1/4 cup (2-ounce) jar chopped pimiento, drained*
- *1/2 cup fat-free French dressing*
- *1 tablespoon chopped fresh parsley or 1 teaspoon dried parsley flakes*

In a medium bowl, combine butter beans, celery, onion and pimiento. Add French dressing and parsley. Mix well to combine. Cover and refrigerate for at least 30 minutes. Gently stir again just before serving. Makes 6 (1/2-cup) servings.

• Each serving equals: 112 calories, 0g fat, 5g protein, 23g carb., 555mg sodium, 5g fiber; Diabetic Exchanges: 1 1/2 Starch/Carb., 1 Meat, 1/2 Vegetable.

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Osteoporosis Treatment Could Put Jaw At Risk

DEAR DR. ROACH: I am an 80-year-old female in good health except for a diagnosis of osteopenia. My primary care doctor has prescribed medication for my osteopenia. I have periodontal disease and have been advised by my periodontal specialist not to take medication for osteopenia due to deterioration of the jawbone. I think I am in a lose-lose situation. I spoke to my internal medicine doctor, and he said he was concerned about a hip fracture if I don't take the osteopenia medication. I don't want to take a chance on the jaw deteriorating. Please give me your opinion on the best course of action. -- *G.M.*

ANSWER: Osteopenia, also called low bone density, is a risk factor for osteoporosis. The risk of developing a fracture depends on a person's age and sex, height and weight, results of their bone density test and presence of certain other medical risk factors, including previous fracture, use of glucocorticoid drugs like prednisone, smoking and rheumatoid arthritis. Fracture risk is commonly estimated by the FRAX tool (www.sheffield.ac.uk/FRAX/). If the estimated hip fracture risk is 3%, or the combined risk of any fracture is 20%, then medication treatment is usually recommended. Getting your FRAX result is a critical number to have to help make an informed decision. You will need the exact results of your bone density.

If your risk is not so high that medication is recommended, there are many things you can do to help your bone density. These include adequate dietary calcium, supplemental vitamin D, regular exercise -- especially weight-bearing and strengthening exercises -- and avoiding smoking and excess alcohol. A home evaluation to reduce fall risk may be of benefit.

If your fracture risk is already higher than the above threshold, medication would normally be prescribed in addition to lifestyle treatments. Antiresorptive treatments, such as alendronate (Fosamax) or other bisphosphonate drugs, do increase the risk for jawbone damage, and given what your periodontist has recommended, I would avoid not only these drugs but also denosumab (Prolia), which works similarly by decreasing bone resorption. Although I am not an expert, I would consider treatment with a medicine like teriparatide, which has been used as a treatment for people with jaw osteonecrosis. This medicine works by stimulating bone growth and has a good safety record.

***

DEAR DR. ROACH: The blood bank nurses have a hard time finding a vein in either arm almost every time I go to donate platelets. I drink a lot of water the day before and 16 ounces the day of, but no luck. Is there anything I can do to make my veins easier to find? Does weight have anything to do with it? -- *N.K.*

ANSWER: In addition to the fluid intake, keeping the arm warm makes the veins more prominent. Keeping the arm down (below your heart) for a good while may also help.

People who are overweight sometimes have veins that are harder to find, but that's not always the case.

***

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

1. How did the duet "You Don't Bring Me Flowers" come about?
2. Name the group that released "Baby Come Back."
3. The Weavers and the Kingston Trio released covers of "Wimoweh." What is the song's alternate name?
4. Which song accompanied the Dancing Baby (aka Baby Cha-Cha) on the Ally McBeal television show?
5. Name the song that contains this lyric: "We can go dancing, we can go walking, as long as we're together."

Answers

1. Neil Diamond and Barbra Streisand had separately released their own covers (1977 and 1978). A radio station program director spliced together the two solo versions and played it on the air. The response was such that the record company had Streisand and Diamond record the duet.
2. Player, in 1977. Two members of the group wrote the song after breaking up with girlfriends.
3. "The Lion Sleeps Tonight." The original ("Mbube") was released in 1939 in South Africa and written in Zulu.
4. "Hooked on a Feeling," first done by B.J. Thomas in 1969.
5. "Take a Chance on Me," by ABBA in 1978. The original title of the song was "Billy Boy." In the U.S., the record sold even more than the group's "Dancing Queen."

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Contract Bridge

OUT OF SIGHT, OUT OF MIND

South dealer.
Both sides vulnerable.

NORTH
♠ A J 10 7 5 2
♥ J 5
♦ 4 2
♣ 9 6 3

WEST
♠ K 8 6 3
♥ 10 9 8 4
♦ 5
♣ K 10 8 4

EAST
♠ Q 9
♥ 7 6 3 2
♦ J 10 7 6 3
♣ Q J

SOUTH
♠ 4
♥ A K Q
♦ A K Q 9 8
♣ A 7 5 2

The bidding:

South	West	North	East
1 ♦	Pass	1 ♠	Pass
3 ♣	Pass	3 ♠	Pass
3 NT			

Opening lead — ten of hearts.

Some hands lend themselves much more readily to a mistake by declarer because the correct play is not self-evident.

Consider this deal where West leads a heart against three notrump. The contract seems easy to make, so South wins with the queen and starts to play diamonds. But after he cashes the A-K and West shows out, declarer finds himself in a very uncomfortable position.

What a moment earlier had seemed a certain nine or 10 tricks has abruptly changed to only eight tricks. Even worse, there's nothing South can do now to make the contract.

But what should he have done, and how should he have known to do it? Declarer's first reaction, after seeing dummy, should be that he has eight unassailable tricks, and that the only reasonable place to try to secure a ninth lies in the diamond suit.

This would be easy enough to manage if the opposing diamonds are divided 3-3 or 4-2, but what if they're divided 5-1? In that case, the contract would be in jeopardy, unless the jack or ten falls on the first diamond lead.

In the actual deal, when South cashes the ace, both defenders follow low. He should then realize he can overcome even a 5-1 division if East is the one with five diamonds.

So declarer crosses to the ace of spades, returns a diamond and, after East follows low, plays the nine. If it wins, South immediately acquires his ninth trick; if it loses, which means the diamonds were divided no worse than 4-2, the eight automaticallybecomes trick No.9.

As in so many other hands, declarer's state of mind at the outset has an enormous effect on how he finishes at the end. If he blithely assumes a 3-3 or 4-2 diamond division, he quickly runs into a dead end and goes down one. But if he assumes the worst and prepares for it, he can wrap up nine tricks.

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by Steve Becker

Puzzles4Kids

Answer

What is the hardest place for an ice cream truck to drive?

On a rocky road.

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John Quincy Adams Remembered On 255th Birthday

Cont'd From Page 17

fight was already brewing for the next election, he chose to focus on the contributions of all involved and he sought to find a common purpose. Then, leading up to the election of 1828, undoubtedly to his political detriment, he refused to engage in politicking."

In his remarks at the wreath-laying ceremony, Adams quoted another president, Barack Obama, who recently said, "If we want democracy to flourish, we will have to fight for it. We will have to nurture it. We will have to demonstrate its value again and again in improving the lives of ordinary people."

"This is what I believe JQA was doing and what we can hope current and future presidents will continue to do," Adams said.

In closing, Adams said there is much to admire about the sixth president, including his intelligence, his six-decade-long career in public service, and the work he did to champion causes he believed in, such as the abolition of slavery, until he suffered a fatal stroke on the floor of the House of Representatives at the age 80.

"Focus on the positive, move this great nation forward, and make this country worthy of his service and the service of all those in the armed forces," Adams said.

Mayor Thomas Koch said he recently read "The Lost Founding Father," William Cooper's biography of John Quincy Adams, and encouraged anyone who has not read it to do so. In the book, Cooper wrote that the sixth president's funeral was only surpassed by that of Abraham Lincoln, Koch said.

"His funeral was an incredible outcry all across the country – the train ride, laying in state in Philadelphia, laying in state in New York, before coming home here to his final resting place," Koch said. "And one of his political foes at the time said, 'Mr. Adams did not belong to a political party. Mr. Adams belonged to the American people.'

"I think that is great lesson for us today when we speak about democracy and certainly sustaining this republic. I think the Adams story is one of responsibility – responsibility for citizenship and what comes with being a citizen of this great nation.

"So, let his story – and the entire Adams family story – continue to be an inspiration for future generations."

Sen. John Keenan said lawmakers on Beacon Hill may soon pass legislation that would allow elected officials to keep remotely participating in meetings and noted the state Senate continues to meet remotely and may do so even in its new term that begins next year. Quoting from Adams' inaugural address, Keenan said that elected officials should be meeting in-person.

"Not surprisingly, having read for the first time John Quincy Adams' 1825 inaugural address, I again find wisdom that has survived the ages and should serve to lead us through these difficult times," Keenan said.

"Indeed, it is as important as ever that as elected representatives we do meet in-person as frequently as possible, as John Quincy Adams guides, so that we may wear away the prejudices everywhere too commonly entertained against distant strangers and allay jealousies of jarring interests, so we might learn to estimate the talents and do justice to the virtues of each other, so that we might knit together by the sentiments of mutual respect, the habits of social intercourse, and the ties of personal friendship, so together we can best serve those who we represent."

Marianne Peak, the superintendent of the Adams National Historical Park, reflected on the meaning of the word 'democracy,' and said you cannot have democracy without diversity, equality, inclusion and accessibility.

"How do you define 'democracy?' Well, I have a resource within the Stone Library – a dictionary dating back to 1846 that was inscribed by the author as a gift to John Quincy Adams. That dictionary…defines democracy as 'a form of government in which the sovereign power is lodged in the body of the people; a republic.' That's how he defined it. Google says, 'it's the power that's invested in the people,'" Peake said.

"So, from two different spectrums in time, we have the same meaning. So John Quincy Adams' democracy of today would include and emphasize the opportunity to continue you and me having a voice while being represented and knowing that you can't have democracy without trust. You can't have democracy without diversity, equality, inclusivity, or accessibility.

"To strengthen our democracy, to protect our America, we must work together – not harder, but smarter."

Peak opened her remarks by calling for a moment of silence in memory of the late Kelly Cobble, the curator for the Adams National Historical Park who died unexpectedly in March. Cobble had been among the speakers at the ceremony marking John Quincy Adams' birthday anniversary last year.

"This program meant everything to her. Having the opportunity to go before you and celebrate with you on behalf of John Quincy Adams…was the highlight of her career," Peak said. "This was an important program that she supported."

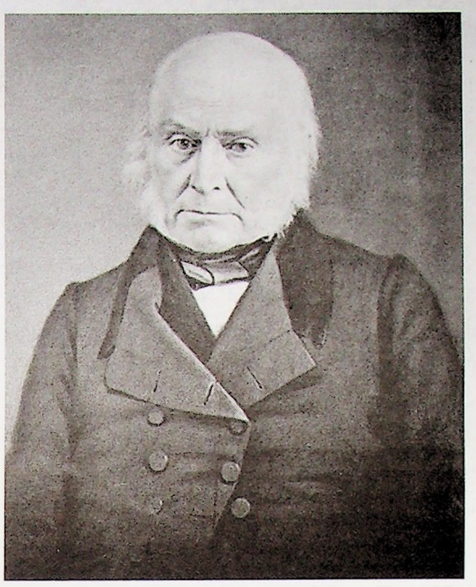
Dr. Ed Fitzgerald, the executive director of the Quincy Historical Society, said Adams had respect for his political opponents while serving as president and later as a congressman. That changed over the issue slavery.

"As a congressman, as he went on and particularly as he became more and more concerned about the issue of slavery, he lost a little bit of that ability to respectful. In his diary, he becomes quite pointed in his comments on southerners and on what he calls the southern democracy. He becomes concerned about…the future of the country in terms of its ability to survive," Fitzgerald said.

"Earlier than anybody else…he began to realize the union would come apart over the issue of slavery and began to be concerned about that."

Fitzgerald added that Adams would make the repeal of the House's "gag rule," which prevented congressmen from discussing the abolition of slavery, a "crusade for the remainder of his life."

Following the speakers' remarks, Lt. Comm. Alicia Ping of the Navy Reserve Center, Quincy, placed a red, white and blue wreath on the sixth president's tomb on behalf of President Joseph Biden. A Navy officer has always represented the president at the wreath-laying ceremonies for John and John Quincy Adams – the Department of the Navy was established during the former's presidency.



JOHN QUINCY ADAMS served as the sixth president of the United States from March 4, 1825 to March 3, 1829. He also served as secretary of state, ambassador and as a member of the U.S. Senate and House of Representatives representing Massachusetts. Born July 11, 1767, a ceremony was held at United First Parish Church July 11 marking the 255th anniversary of his birth. *Mathew Brady Photo*

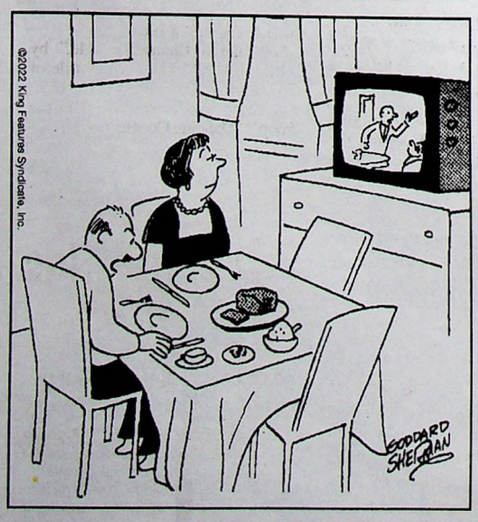
The event also included a performance by the Quincy Choral Society, whose members sang "This Is My Song," "Coming Home," and "America the Beautiful." This was the first time the chorus performed during one of the wreath-laying ceremonies inside the church since 2019.

"The last three years, because of the pandemic, we haven't been able to have them. It's great to have them back again," said Bill Westland, the church's historian. "Maybe it's a sign that things are getting back to normal – let's hope so anyway."

In her benediction at the conclusion of the hour-long ceremony, the Rev. Rebecca Froom, the minister at the United First Parish Church, encouraged those present to take inspiration from John Quincy Adams' life and legacy.

"Inspired by the words we have heard today, inspired by his actions centuries ago, may we go forth dedicated to live our lives with integrity, to live our lives with respect, to live our lives with honesty, so that we might bring the spirit and the practice of democracy into our communities," Froom said, to accomplish the "progressive improvement of the condition of the governed."

LAFF-A-DAY



"I noticed the meat loaf is a re-run too!"

MA House Passes $4.2 Billion Economic Development Bill

Cont'd From Page 23

• Increasing the rental deduction cap from $3,000 to $4,000. This is expected to impact about 881,000 taxpayers.

• Increasing the estate tax threshold from $1 million to $2 million and eliminating the "cliff" effect which would tax just the value of the estate that exceeds $2 million, not the entire estate. This is expected to impact about 2,500 taxpayers.

Online Lottery

In an effort to raise revenue for early education and care, Representatives adopted an amendment that would allow the Massachusetts Lottery to sell some of its products online. The new revenue collected from online sales will go to prizes for winners, for the administration and operations of the lottery, and to fund an Early Education and Care Fund. Revenue for the new Early Education and Care Fund would be used to provide long-term stability and develop a sustainable system for high-quality and affordable care for families. This will include significant funding for subsidy reimbursement rates, workforce compensation rate increases, and support for state-wide early education and care initiatives, among others. The amendment requires the Massachusetts Lottery to use age verification measures to ensure that any users are over the age of 18.

"House leadership's efforts to create a new sustainable funding source for Early Education through a new online state lottery revenue is not surprising, but rather is indicative of the House's continued long-term leadership and commitment to the early education field and the children & families we serve," said William J. Eddy, Executive Director of the Massachusetts Association of Early Education & Care.

One-Time Targeted Investments

Highlights include:

Health and Human Services

• $350 million for financially strained hospitals

• $165 million for nursing facilities workforce needs

• $100 million for supplemental rates for human services providers

• $80 million for community health centers

• $30 million to support Rest Homes across the Commonwealth

• $25 million to address food insecurity across the Commonwealth

• $15 million for grants to reproductive rights providers for security, workforce, and educational needs

• $15 million for grants to non-profits and community-based organizations to address gun violence and gun violence related trauma

Environment

• $175 million for state parks and recreational facilities upgrades, with $25 million for communities of color

• $125 million for envi-

Cont'd On Page 32

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GULL TAKES FLIGHT as the sun rises at Wollaston Beach Monday morning.
Photo Courtesy Oonagh Connolly

MA House Passes $4.2 Billion Economic Development Bill

Cont'd From Page 31

ronmental justice communities

• $100 million for marine port development

• $100 million for the Clean Water Trust Fund

• $750,000 for the dredging of Quincy Bay and beach restoration in the Merrymount neighborhood

Economic Development

• $300 million for the Unemployment Insurance Trust Fund

• $125 million for small businesses, with $75 million for minority-owned businesses

• $50 million for broadband investments in underserved communities

• $75 million in grants to hotels across the Commonwealth who saw financial loses during the pandemic

Housing

• $100 million for the Affordable Housing Trust Fund

• $75 million for minority-owned housing development

Bonding

The House bill also includes $1.26 billion in bond allocations to greater support the economic growth and stability of the Commonwealth. Highlights include:

• $400 million for the MassWorks Infrastructure Competitive grant program to support municipalities and other public entities support and accelerate housing production

• $200 million for the Technology Matching Grants program that supports various organizations to help compete for federal innovation grants

• $95 million for ADA compliance projects

• $73 million for the Housing Stabilization and Investment fund

The bill passed the House of Representatives 154-0 and now goes to the Senate for their consideration.

More Quincy news:
The Quincy Sun.com

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